



# Bibliometric analysis of a decade of research on transdermal liposomes as antioxidants in the PubMed database

Eka Indra Setyawan<sup>1</sup>, Ni Luh Watiniasih<sup>2</sup>, Putu Sanna Yustiantara<sup>1</sup>, Komang Dian Aditya Putra<sup>1</sup>, Izzul Ishfahan<sup>1</sup>, Gek Niken Tasya Lingling<sup>1</sup>, I Made Agus Gelgel Wirasuta<sup>1\*</sup>

<sup>1</sup>Department of Pharmacy, Faculty of Mathematics and Natural Sciences, Udayana University, Badung, Bali, Indonesia.

<sup>2</sup>Department of Biology, Faculty of Mathematics and Natural Sciences, Udayana University, Badung, Bali, Indonesia.

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## ABSTRACT

The human body's inability to sustain adequate levels of free radicals leads to oxidative stress on the body. While the human body possesses robust endogenous antioxidant mechanisms, the heightened generation of reactive oxygen species can diminish the efficacy of these protective systems. Hence, the application of exogenous antioxidants may contribute to the mitigation of oxidative stress. A restricted quantity of these pharmaceutical compounds has been subjected to meticulous assessment in controlled clinical trials, although the transdermal liposome formulation demonstrates promise as an antioxidant therapeutic intervention. This review aims to investigate transdermal liposomes as antioxidants through bibliometric analysis using Rstudio and VOSviewer. The data evaluation process involved the utilization of the VOSviewer application and RStudio. Subsequently, 51 articles encompassing 2013–2023 were employed to compile the ultimate bibliometric dataset. The Anhui University of Chinese Medicine is the most prolific institution, exhibiting remarkable global influence. Caddeo C is identified as the author with the highest publication output, while the article authored by Jeon *et al.* in 2015, is regarded as the most influential publication. These results are performed to provide a broad understanding of transdermal liposomes as antioxidants.

## INTRODUCTION

Numerous biological processes manifest intrinsically within the human organism, encompassing respiration, food digestion, alcohol metabolism, drug metabolism, and the enzymatic conversion of lipids into perilous energy entities commonly referred to as free radicals [1]. When the organism's capacity to regulate free radicals is depleted, oxidative stress ensues. Despite diverse antioxidant enzymes and highly efficient natural antioxidant defenses in the skin, the efficacy of these mechanisms may be limited due to an excessive generation of reactive oxygen species. This imbalance between antioxidant and oxidant activity results in cellular oxidative stress, as documented by Stojiljković *et al.* [2]. Hence, the utilization of

exogenous antioxidants has the potential to effectively regulate and mitigate the detrimental effects of oxidative stress, as suggested by Lobo *et al.* [3].

Exogenous antioxidants are derived from extrinsic sources and can be classified as naturally occurring or synthetically produced. Natural antioxidants are derived from natural sources, whereas synthetic antioxidants result from chemical processes [4]. The drug delivery process involves administering a pharmaceutical substance, such as exogenous antioxidants, into the physiological system of a human organism to acquire and enhance. The primary objective of drug delivery is to optimize therapeutic efficacy through the controlled transportation and subsequent release of pharmaceutical agents to specific anatomical sites within the human body, either through passive or active mechanisms. Simultaneously, minimizing the undesired accumulation of drugs in nontargeted regions is crucial, as Vargason *et al.* [5] highlighted in their recent publication. Examples of drug delivery systems include oral administration, transdermal administration, lung inhalation, mucosal administration, and intravenous injection. Exogenous

\*Corresponding Author  
I Made Agus Gelgel Wirasuta, Department of Pharmacy, Faculty of Mathematics and Natural Sciences, Udayana University, Badung, Bali, Indonesia. E-mail: [mugelgel1@yahoo.de](mailto:mugelgel1@yahoo.de)

antioxidants are commonly administered through oral and parenteral methods. Transdermal drug delivery can bypass the numerous inherent constraints associated with conventional pharmaceutical delivery pathways [6].

The transdermal drug delivery system, characterized by administering a pharmaceutical formulation through the skin, represents a noninvasive approach to achieving systemic drug delivery without pain [7]. Permeation through the transdermal route can be augmented by various mechanisms, primarily involving the alteration or modification of the physical–chemical characteristics of the stratum corneum. In addition, the penetration of drugs into the stratum corneum can be enhanced by engaging with intercellular components within the stratum corneum. Utilizing a vesicle carrier represents one of the diverse methodologies for augmenting medication permeation within the stratum corneum. Lipid-based vesicle carriers encompass diverse types, including liposomes, transfersomes, ethosomes, niosomes, and phytosomes, as elucidated by Opatha *et al.* [8].

Liposomes possess considerable potential as efficacious drug delivery systems due to their dimensions, hydrophobic and hydrophilic characteristics, and capacity to encapsulate drug molecules within the aqueous interior or lipophilic membrane [9]. Liposomes possess a notable appeal as a drug delivery system due to their capacity to replicate the shape and chemical composition of cell membranes. Liposomes can be readily generated by utilizing nontoxic, nonimmunogenic, naturally occurring, and biodegradable amphiphilic compounds. Liposomal formulations exhibit superior suitability for sensitive skin compared to ethosomes due to the absence of ethanol within liposomes, thereby mitigating the potential for skin irritation. Liposomes have been observed to enhance the stability of substances in the surrounding environment and the presence of oxidation, as reported by Sen *et al.* [10]. While the potential of transdermal liposomes for antioxidant therapy is promising, the number of medications within this category that have undergone clinical trials remains limited. Hence, a comprehensive series of inquiries and examinations are required to develop the optimal transdermal liposomes, which can be accomplished through bibliometric analysis.

Bibliometric analysis is a methodological approach employed to elucidate and cartographically represent the corpus of scientific knowledge by harnessing unstructured data from many scholarly investigations [11]. Furthermore, the proposed methodology can assess the caliber of the study, scrutinize the principal domains of investigation, and prognosticate the trajectory of forthcoming inquiries [12]. A comprehensive bibliometric analysis examining the utilization of transdermal liposomes as antioxidants from 2013 to 2023 is currently lacking. The present bibliometric analysis employs a retrospective research approach to investigate the conceptual framework of the subject matter. This investigation examines publication trends, institutions involved, sources of information, individual papers, and the networks and overlays formed by the co-occurrence of keywords. Consequently, this study aims to elucidate a comprehensive comprehension of the antioxidant properties exhibited by transdermal liposomes.

## MATERIALS AND METHODS

### Study technique and search strategy

The data utilized in this study were obtained from the PubMed database (<https://pubmed.ncbi.nlm.nih.gov/>) on April 13, 2023. The investigation specifically concentrated on the timeframe spanning from 2013 to 2023, with a particular emphasis on articles written in English and classified as the document type. The PubMed searches used “transdermal liposome” and “antioxidant” as keywords. The data underwent a rigorous cleaning and verification process to eradicate any instances of duplicate data and to ensure the accuracy of the retrieved articles about transdermal liposomes as antioxidants. Systematic searches were conducted to ascertain the appropriateness of the selected article. The data that had been gathered was subsequently exported in the form of an Excel comma-separated values file.

### Data analysis

The VOSviewer program version 1.6.19 was made available by the Center for Science and Technology Studies at Leiden University in The Netherlands. The program examined the analysis of keyword co-occurrences. The process of data cleansing was conducted utilizing thesaurus software to mitigate the occurrence of data duplication. The data analysis was performed using the RStudio program version 2023.03.0–386 with the assistance of Bibliometrix, a software tool developed by the Department of Economics and Statistics at the University of Naples Federico II in Italy. The present study analyzed publication patterns, encompassing various aspects such as contributing institutions, sources, authors, and papers.

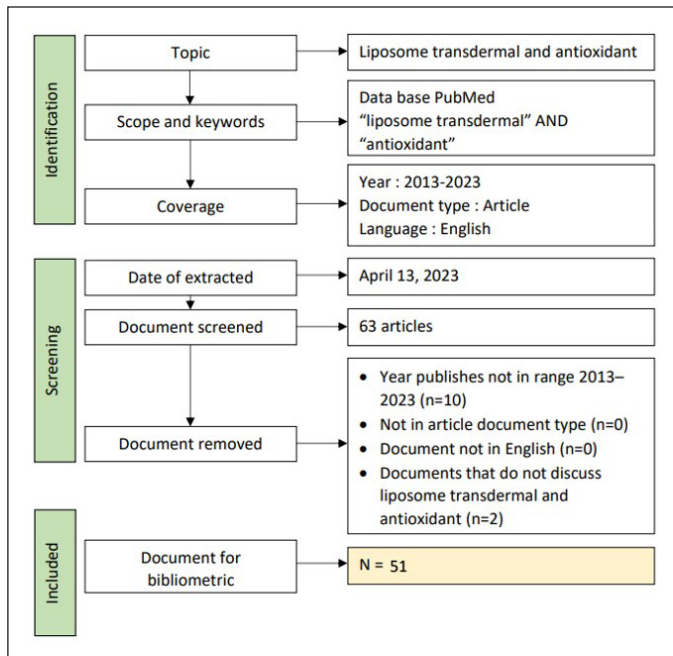
## RESULT AND DISCUSSION

### Data searches

Table 1 presents the results of a data search. Upon searching using the keywords “transdermal liposome” and “antioxidant” in the PubMed search engine, 63 articles were retrieved. We have excluded a maximum of 10 articles from our analysis due to their lack of publication within the temporal range of the past decade (2013–2023). We possessed a high level of confidence in the contemporaneity and precision of our data, as certain circumstances can undergo significant alterations within a brief temporal interval. Our research employs contemporary and relevant scholarly publications, focusing on articles published in the last decade. In addition, we have identified two articles that do not explore transdermal liposome administration to deliver antioxidants. By restricting the scope of the analysis to pertinent articles, we can enhance the contextualization of the analysis.

Furthermore, including extraneous articles will introduce data noise, potentially complicating the interpretation process. By directing attention toward pertinent articles during the analysis process, the resultant conclusions and findings attained a higher degree of validity and were readily embraced by the scientific community. Henceforth, a total of 51 articles were employed to conduct bibliometric analysis.

The flowchart in [Figure 1](#) illustrates the sequential steps in conducting an article search. A bibliometric analysis used transdermal liposomes for antioxidants. The analysis involved querying the PubMed database to identify and categorize knowledge concepts associated with advancing research in antioxidant and drug delivery systems employing transdermal liposome technology. The bibliometric analysis comprises two distinct components, namely performance analysis and science mapping, as elucidated by Dede and Ozdemir [13]. The performance analysis evaluates the contributions of researchers from various nations, institutions, sources, and authors, which collectively enhance the articles' productivity [14]. In scientific inquiry, mapping visually represents the intricate framework of knowledge and its evolution within the research domain. In addition, the study elucidates the intricate dynamics and interconnections among the various components of the research as well as the robustness of their associations [13].



**Figure 1.** Articles search procedures.

## Publication trend

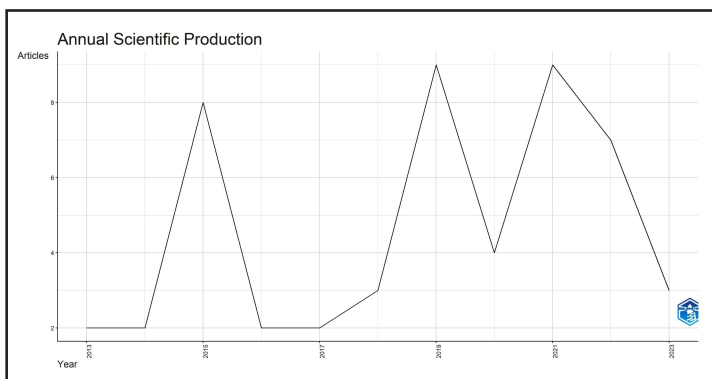
As depicted in [Figure 2](#), a consistent and uninterrupted rate of article generation has been observed since 2015. [Table 2](#) presents the mean quantity of citations per article and elucidates the patterns observed in the publication date data. Based on statistical analysis, the average number of citations generated per article annually is 29.85, with a cumulative output of 4.64 articles per year. 2019 and 2021 have exhibited the utmost magnitude of article production, with nine articles each year. After the year 2015, a total of eight articles were generated, and in the year 2022, a total of seven articles were produced. The year 2017 (83.5), followed by 2013 (74.5) and 2015 (38.62), exhibits the most elevated mean citation count per article. Elevated citation metrics associated with a scholarly article serve as a reliable indicator of the profound impact exerted by the scientific knowledge encapsulated within the article, thereby establishing a solid groundwork for subsequent investigations [15].

## Analysis of the contributing institution

A link clarification procedure was implemented to ascertain the most pertinent links. The primary entities engaged in research about this subject matter are enumerated utilizing the document co-authoring index presented by Afafe *et al.* [16]. According to the data presented in [Figure 3](#), the Anhui Institute for Food and Drug Control, the Anhui University of Chinese Medicine, and the Clinical College of Anhui Medical University are the primary institutions associated with the production of scholarly articles about the application of transdermal liposome as antioxidants. Following the collaborative network, [Table 3](#) presents the institution that has exhibited the highest level of productivity in generating scholarly articles about the utilization of transdermal liposome antioxidants. Remarkably, Anhui University of Chinese Medicine has emerged as the most productive institution, having successfully produced 20 articles on this subject matter. After being affiliated with Fujian Medical University and the University of Cagliari, the individual in question has successfully contributed to the scientific community by publishing 16 articles at each institution. The University of Coimbra, with 14 articles, ranks as the fourth most productive institution. The Seoul National University of Science and Technology has generated 13 scholarly articles.

## Analysis of contributing source

Based on the data provided by RStudio, 51 scholarly articles were collected from 32 distinct sources or journals, all of which delve into the topic of transdermal liposomes as antioxidants. The correlation between the number of articles generated from a particular source and their relevance to transdermal liposome as antioxidant research is positively proportional. According to the findings presented in [Table 4](#), the most prominent sources for transdermal liposome as antioxidant research within 2013–2023 are outlined. The primary source of utmost relevance is the “International Journal of Pharmaceutics” with seven scholarly articles. Subsequently, the “AAPS Pharmcitech” journal exhibits three articles of notable significance.



**Figure 2.** The annual production of scientific papers from 2013 to 2023.

In addition, the “Journal of Liposome Research” and the “Journal of Microencapsulation” contribute three articles to the scientific discourse in this field. The “International Journal of Pharmaceutics” stands out as the most frequently referenced publication regarding scholarly articles exploring the utilization of transdermal liposomes as antioxidants. This particular source has garnered a notable total of 233 citations, resulting in an average of 38.83 citations per individual document. The periodical “Colloids and Surfaces B: Bionterfaces” exhibits

the second-highest citation count, amounting to 213 citations. This results in an average of 106.5 citations per document. Figure 4 depicts the ten most prominent sources as per the *H*-index. The sources that exhibit the highest degree of impact are the “International Journal of Pharmaceutics” with a notable index score of 6, followed by the “AAPS Pharmcitech” and the “Journal of Liposome Research”, both of which possess index scores of 3.

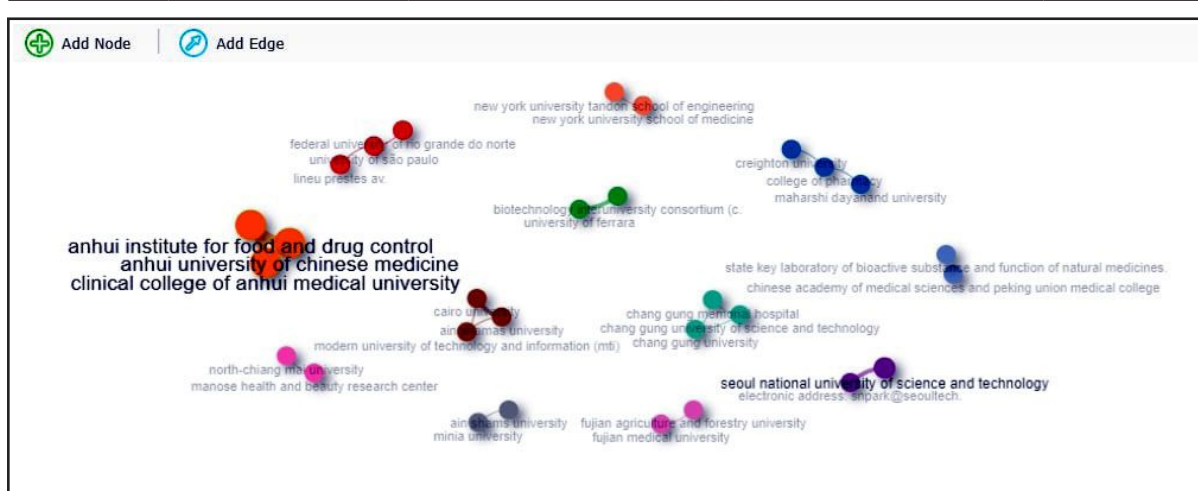
The observed index points suggest that other scholars have referenced the source in question a minimum extent of the value above [11]. Figure 5 illustrates the observed correlation among author affiliation (AU\_UN), sources/journals (SO), and the country of the author (AU\_CO). Gray lines interconnect the three regions. The longitudinal dimension of the rectangular shape serves as a quantitative representation of the number of associated entities within each compartment. The relationship between the length of the rectangle and the number of items contained within each box becomes increasingly apparent as the length of the rectangle increases. The data presented in Table 4, Figures 4 and 5 support the notion that the International Journal of Pharmaceutics exhibits the highest level of influence in the transdermal liposome as an antioxidant research field. The scholarly institutions, namely the University of Cagliari,

**Table 1.** Results of a data search using the PubMed search engine.

Search screening	Number of articles
Not published document between the range 2013–2023.	10
Published document between the range 2013–2023.	53
Documents in languages other than English	0
Documents that do not talk about transdermal liposomes as an antioxidant	2
Document with inclusion criteria and used for bibliometric analysis	51
Total number of articles	63

**Table 2.** Publication of data trends by year using the RStudio application.

Year	Number of articles	Mean total citation per article	Mean total citation per year	Citable year
2013	2	74.5	6.77	11
2014	2	39	3.9	10
2015	8	38.62	4.29	9
2016	2	15	1.88	8
2017	2	83.5	11.93	7
2018	3	29.67	4.94	6
2019	9	19.89	3.98	5
2020	4	18.5	4.62	4
2021	9	5.89	1.96	3
2022	7	1.14	0.57	2
2023	3	2.67	2.67	1
Average	4.64	29.85	4.32	6



**Figure 3.** Affiliation collaboration network using the RStudio application.

the University of Coimbra, the Seoul National Institute of Science and Technology, and the University of Calabria have

**Table 3.** The organization with the highest productivity using the RStudio application.

No	Institution	Country	Documents
1.	Anhui University of Chinese Medicine, Tiongkok	China	20
2.	Fujian Medical University, Tiongkok	China	16
3.	University of Cagliari, Sardinia	Italy	16
4.	University of Coimbra	Portugal	14
5.	Seoul National University of Science and Technology, Seoul	South Korea	13

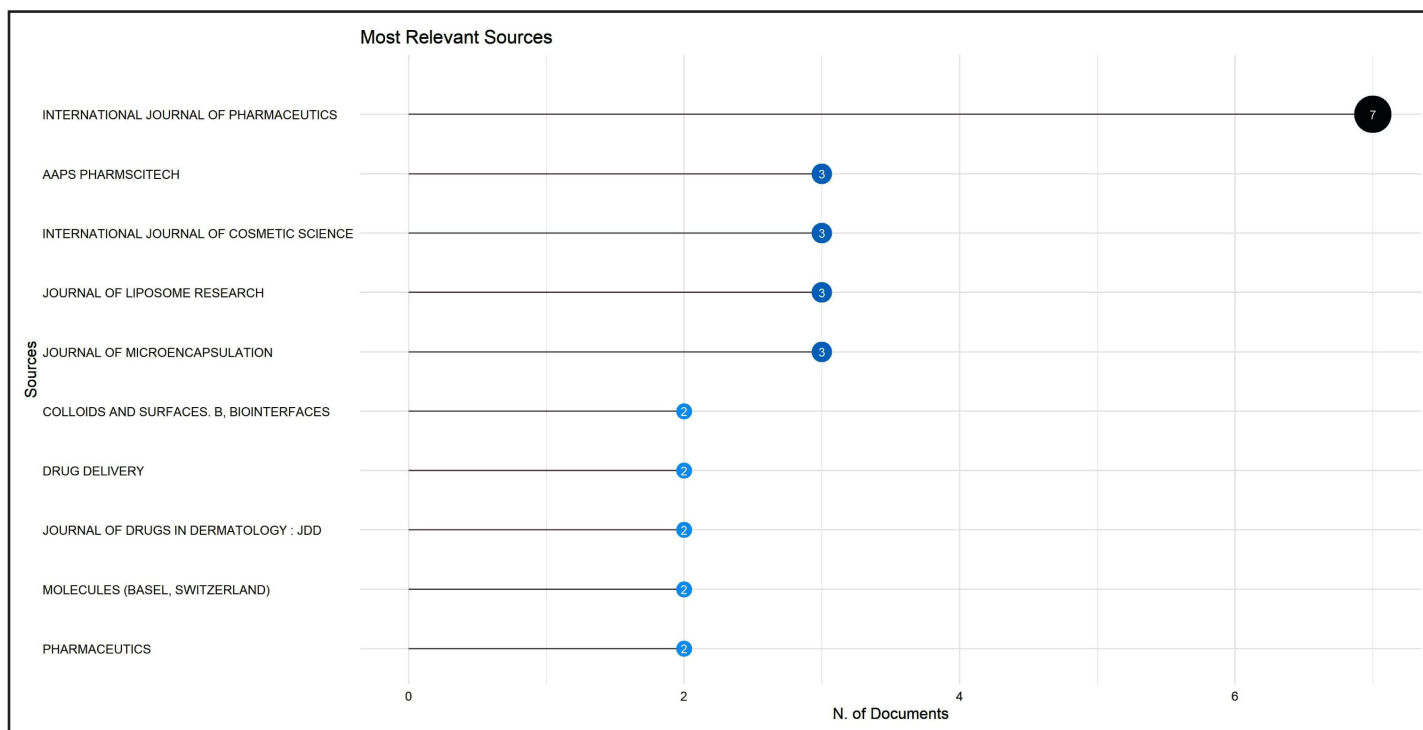
**Table 4.** The most productive source is the RStudio application.

Source	Documents	Citations	Average citations per document
International Journal of Pharmaceutics	7	233	38.83
AAPS Pharmcitech	3	81	27
Journal of Liposome Research	3	68	22.67
Journal of Microencapsulation	3	87	29
Colloids and Surfaces B: Binterfases	2	213	106.5
International Journal of Cosmetic Science	2	31	15.5

chosen the International Journal of Pharmaceutics platform for disseminating their research findings. Based on an outflow analysis, it has been determined that this publication has disseminated articles authored by 5 out of 14 writers. The articles authored by the Seoul National University of Science and Technology and the University of Calabria are disseminated through publication in the esteemed International Journal of Pharmaceutics. The outflow data analysis reveals that this journal has disseminated scholarly articles from diverse nations. The group includes Italy, Korea, Portugal, India, and Spain.

#### Analysis of contributing author

The number assigned to the *H* index depicted in Figure 6 is a quantitative measure of the author's impact and influence within the scholarly community. According to the *H*-index measurement of the scientific literature about transdermal liposomes as antioxidants, Caddeo C received the highest *H*-index score of 4 and made the most significant contributions. Following closely behind with an equivalent *H*-index score is Fadda AM. Manconi M and Park SN also attained an *H*-index score of 3, signifying their notable impact in this field. Caddeo C's articles primarily focus on encapsulating antioxidant compounds within liposomes or phospholipid vesicles. The provided data holds significant value for individuals engaged in the composition of scientific articles, particularly researchers, as it aids in the formulation and discourse of research study outcomes and their consequential influence. Following Table 5, the preeminent quintet of authors is presented, showcasing their prolific contributions to transdermal liposomes and antioxidants. The present study was conducted to obtain



**Figure 4.** Highest impact source for transdermal liposome as an antioxidant using RStudio application.

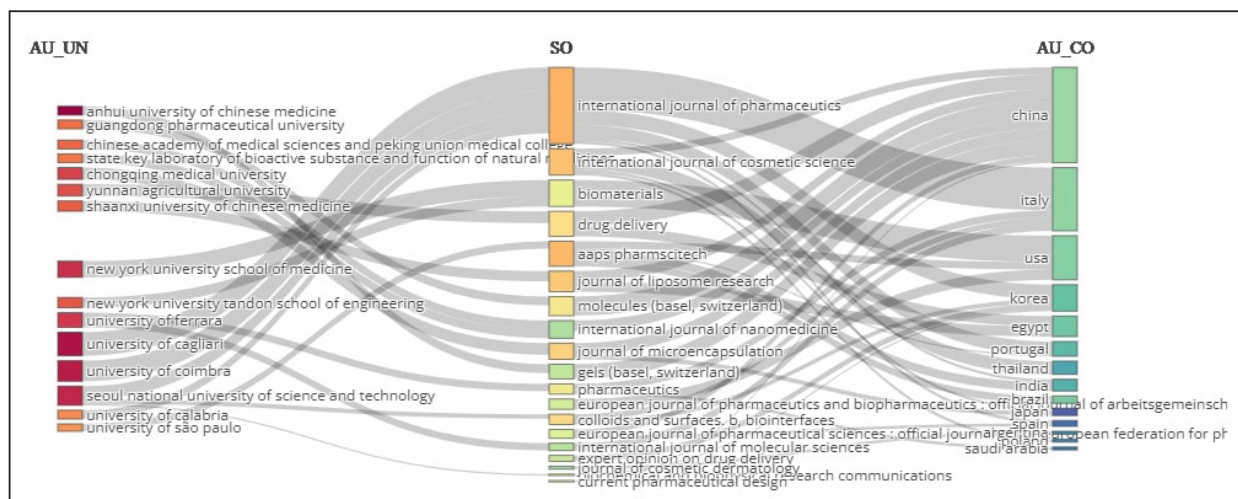


Figure 5. Three-field plot between author affiliations (AU\_UN), Source (SO), and author country (AU\_CO) using the RStudio application.

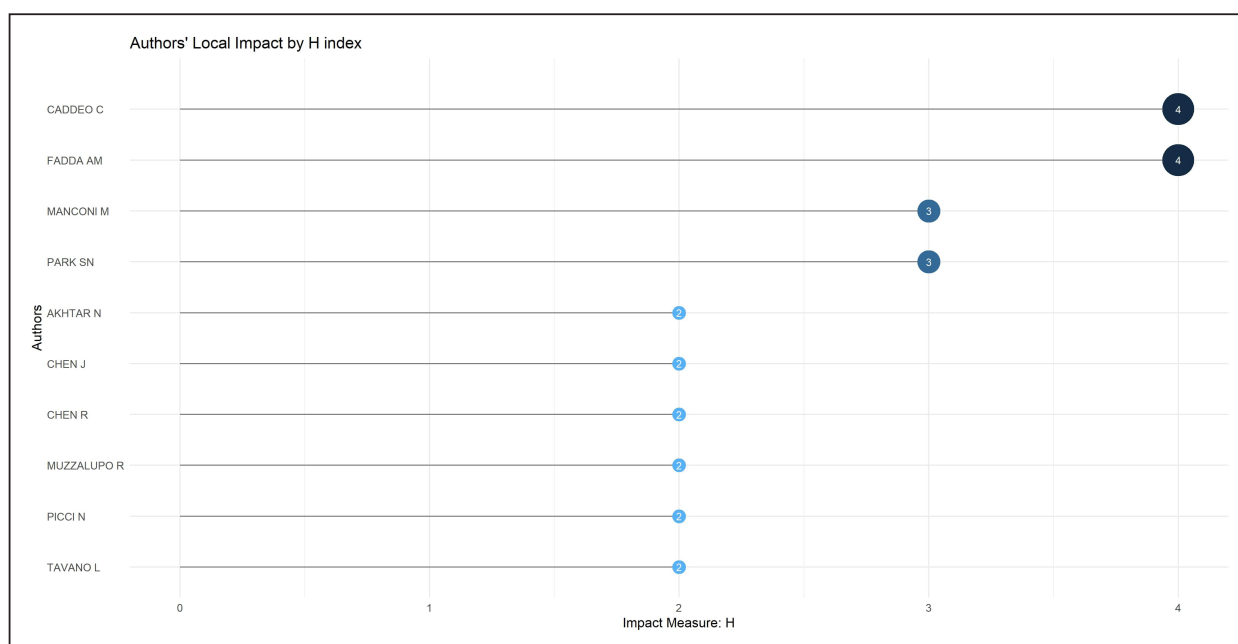


Figure 6. Author local impact based on the H index using with RStudio application.

comprehensive insights into transdermal liposome properties and their antioxidant activity.

Caddeo C, hailing from the esteemed University of Cagliari, has successfully disseminated its research findings by publishing four scholarly papers spanning 2013–2021. Remarkably, these papers have garnered an average of 31 citations per publication, indicating their significant impact on the scientific community. The second individual identified in this study is Fadda AM, affiliated with the esteemed University of Pisa. Fadda AM has contributed to the scientific community by authoring four scholarly papers from 2013–2021. Notably, these papers have garnered an average of 31 citations per publication, indicating their impact and recognition within the scientific discourse. The collaborative efforts of Fadda AM and Caddeo C

have been evidenced in their joint authorship of various scholarly articles. From 2022 to 2023, Cheng Y from the Anhui Medical University and the University of Science and Technology of China wrote three articles with an average citation rate of 0.33 per publication. The individual identified as Manconi M, hailing from the esteemed University of Cagliari, has been credited as the sole author of three scholarly articles from 2013 to 2016. These articles have garnered an average of 39.67 citations per publication, indicating their impact and recognition within the scientific community. The scholarly output of Park SN, an esteemed researcher affiliated with the Seoul National University of Science and Technology, encompasses three publications spanning 2013–2015. Notably, these papers have garnered an

**Table 5.** Top five authors with the highest output using the RStudio application.

No	Author	Title of document (Year)
1	Caddeo C <ul style="list-style-type: none"> <li>• Total documents: 4</li> <li>• Citations: 154</li> <li>• Average citation per Document: 31</li> <li>• Affiliation: University of Cagliari</li> </ul>	<ol style="list-style-type: none"> <li>1. Efficacy of a resveratrol nanoformulation based on a commercially available liposomal platform (2021) [21]</li> <li>2. Nanodesign of olein vesicles for the topical delivery of the antioxidant resveratrol (2013) [22]</li> <li>3. Chemical characterization of <i>Citrus limon</i> var. pompia and incorporation in phospholipid vesicles for skin delivery (2016) [23]</li> <li>4. Investigating the interactions of resveratrol with phospholipid vesicle bilayer and the skin: NMR studies and confocal imaging (2015) [24]</li> </ol>
2	Fadda AM <ul style="list-style-type: none"> <li>• Total documents: 4</li> <li>• Citations: 154</li> <li>• Average citation per Document: 31</li> <li>• Affiliation: University of Pisa</li> </ul>	<ol style="list-style-type: none"> <li>1. Efficacy of a resveratrol nanoformulation based on a commercially available liposomal platform (2021) [21]</li> <li>2. Nanodesign of olein vesicles for the topical delivery of the antioxidant resveratrol (2013) [22]</li> <li>3. Chemical characterization of <i>Citrus limon</i> var. pompia and incorporation in phospholipid vesicles for skin delivery (2016) [23]</li> <li>4. Investigating the interactions of resveratrol with phospholipid vesicle bilayer and the skin: NMR studies and confocal imaging (2015) [24]</li> </ol>
3	Cheng Y <ul style="list-style-type: none"> <li>• Total documents: 3</li> <li>• Citations: 1</li> <li>• Average citation per Document: 0.33</li> <li>• Affiliation: University of Science and Technology of China</li> </ul>	<ol style="list-style-type: none"> <li>1. Ligustrazine as an Extract from Medicinal and Edible Plant Chuanxiong Encapsulated in Liposome-Hydrogel Exerting Antioxidant Effect on Preventing Skin Photoaging (2022) [25]</li> <li>2. Design and Evaluation of Paeonol-Loaded Liposomes in Thermoreversible Gels for Atopic Dermatitis (2023) [26]</li> <li>3. Study on the controlled release and synergistic antioxidant activity in vitro and <i>ex vivo</i> of ligustrazine hydrochloride encapsulated into liposomes (2022) [27]</li> </ol>
4	Manconi M <ul style="list-style-type: none"> <li>• Total documents: 3</li> <li>• Citations: 119</li> <li>• Average citation per Document: 39.67</li> <li>• Affiliation: University of Cagliari</li> </ul>	<ol style="list-style-type: none"> <li>1. Nanodesign of olein vesicles for the topical delivery of the antioxidant resveratrol (2013) [22]</li> <li>2. Chemical characterization of <i>Citrus limon</i> var. pompia and incorporation in phospholipid vesicles for skin delivery (2016) [23]</li> <li>3. Investigating the interactions of resveratrol with phospholipid vesicle bilayer and the skin: NMR studies and confocal imaging (2015) [24]</li> </ol>
5	Park SN <ul style="list-style-type: none"> <li>• Total documents: 3</li> <li>• Citations: 326</li> <li>• Average citation per Document: 92.67</li> <li>• Affiliation: Seoul National University of Science and Technology</li> </ul>	<ol style="list-style-type: none"> <li>1. Preparation of quercetin and rutin-loaded ceramide liposomes and drug-releasing effect in a liposome-in-hydrogel complex system (2013) [19]</li> <li>2. Cell-penetrating peptide conjugated liposomes as a transdermal delivery system of <i>Polygonum aviculare</i> L. extract (2015)[28]</li> <li>3. Improved stability and skin permeability of sodium hyaluronate-chitosan multilayered liposomes by LbL electrostatic deposition for quercetin delivery (2015) [17]</li> </ol>

impressive average of 92.67 citations per publication, indicating their significant impact on the scientific community.

#### Analysis of contributing paper

The quantification of citations garnered by a scholarly article indicates the study that has made the most substantial and noteworthy contribution. The correlation between the number of citations a publication receives and its impact on advancing transdermal liposome as antioxidants research is positively associated. As per the findings from RStudio, it has been observed that the compilation of the top 10 most referenced articles was accomplished through the collective efforts of 51 papers, as visually depicted in Table 6. The article by Jeon *et al.* [17] titled “Improved Stability and Skin Permeability of Sodium Hyaluronate-Chitosan Multilayered

Liposomes by Layer-by-Layer (LbL) Electrostatic Deposition for Quercetin Delivery” got the most citations from scientists. The present investigation has successfully showcased the efficacy of LbL technology, which relies on the electrostatic forces between polyelectrolytes. This technique, specifically advantageous for transdermal administration, has enhanced the durability of drug delivery systems. Based on the study’s results, it has been seen that using sodium hyaluronate and chitosan polyelectrolytes to coat multilayer liposomes in the right way makes them more stable because electrostatic interactions are made. Consequently, this approach holds promise as a potential strategy for facilitating the transdermal distribution of the hydrophobic antioxidant quercetin [17].

The article titled “Novel Lipoproteoplex (LPP) Delivers Keap1 siRNA-based Gene Therapy to Accelerate

**Table 6.** Most cited articles using the RStudio application.

No	Author	Title	Source	Total citation
1	[17]	Improved stability and skin permeability of sodium hyaluronate-chitosan multilayered liposomes by LbL electrostatic deposition for quercetin delivery	Colloids and Surfaces B: Biointerfaces	135
2	[18]	Novel LPP delivers Keap1 siRNA-based gene therapy to accelerate diabetic wound healing	Biomaterials	88
3	[19]	Preparation of quercetin and rutin-loaded ceramide liposomes and drug-releasing effect in liposome-in-hydrogel complex system	Biochemical and Biophysical Research Communications	83
4	[20]	Development and evaluation of resveratrol, Vitamin E, and epigallocatechin gallate-loaded lipid nanoparticles for skin care applications	European Journal of Pharmaceutics and Biopharmaceutics	79
5	[29]	Co-encapsulation of lipophilic antioxidants into niosomal carriers: percutaneous permeation studies for cosmeceutical applications	Colloids and Surfaces B: Biointerfaces	78
6	[22]	Nanodesign of olein vesicles for the topical delivery of the antioxidant resveratrol	Journal of Pharmacy and Pharmacology	66
7	[28]	Cell-penetrating peptide conjugated liposomes as transdermal delivery system of <i>Polygonum aviculare</i> L. extract	International Journal of Pharmaceutics	60
8	[30]	Anti-aging formulation of rosmarinic acid-loaded ethosomes and liposomes	Journal of Microencapsulation	43
9	[31]	Photostability and <i>ex-vivo</i> permeation studies on diclofenac in topical niosomal formulations	International Journal of Pharmaceutics	43
10	[32]	Quality by design-driven development of resveratrol-loaded ethosomal hydrogel for improved dermatological benefits via enhanced skin permeation and retention	International Journal of Pharmaceutics	40

Diabetic Wound Healing” by Rabbani *et al.* [18] garnered 88 citations, making it the second most influential article in its field. This study aimed to enhance a newly developed liposome–protein hybrid nanoparticle delivery technology for the localized treatment of diabetic ulcers characterized by significant oxidative stress. In the present investigation, a cationic lipid nanoparticle incorporating 1,2-dioleoyl-3-trimethylammonium propane (DOTAP) and sodium cholate (NaChol) was employed as an edge activator in a 6:1 ratio of DOTAP to NaChol (referred to as DNC). Through the utilization of a cationically engineered supercharged coiled-coil protein (CSP) in a ratio of 10:1:1 with DNC, CSP, and siRNA, an LPP nanoparticle of notable stability was successfully synthesized. According to Rabbani *et al.* [18], the LPP nanoparticle demonstrates superior siRNA complexation capabilities, exhibiting the highest transfection efficiency while minimizing cytotoxicity.

In the realm of scholarly discourse, it is worth noting that the scholarly work conducted by Park *et al.* [19], titled “Preparation of Quercetin and Rutin-Loaded Ceramide Liposomes and Drug-Releasing Effect in a Liposome-in-Hydrogel Complex System” has garnered considerable attention. This article has been cited 83 times, thus solidifying its position as the third most frequently cited publication. The current study sought to develop a two-step delivery method to improve the transdermal permeation of the antioxidant quercetin and its glycoside rutin. Liposome-in-hydrogel complex systems were made when ceramide liposomes, which have lipid membranes that work with biological systems, were mixed with cellulose hydrogel. The stability of various formulations was assessed for 3 weeks, focusing on parameters such as encapsulation efficiency, *in vitro* release, and skin permeability. Park *et al.* [19] found that the results suggest that liposome-in-hydrogel systems can be used

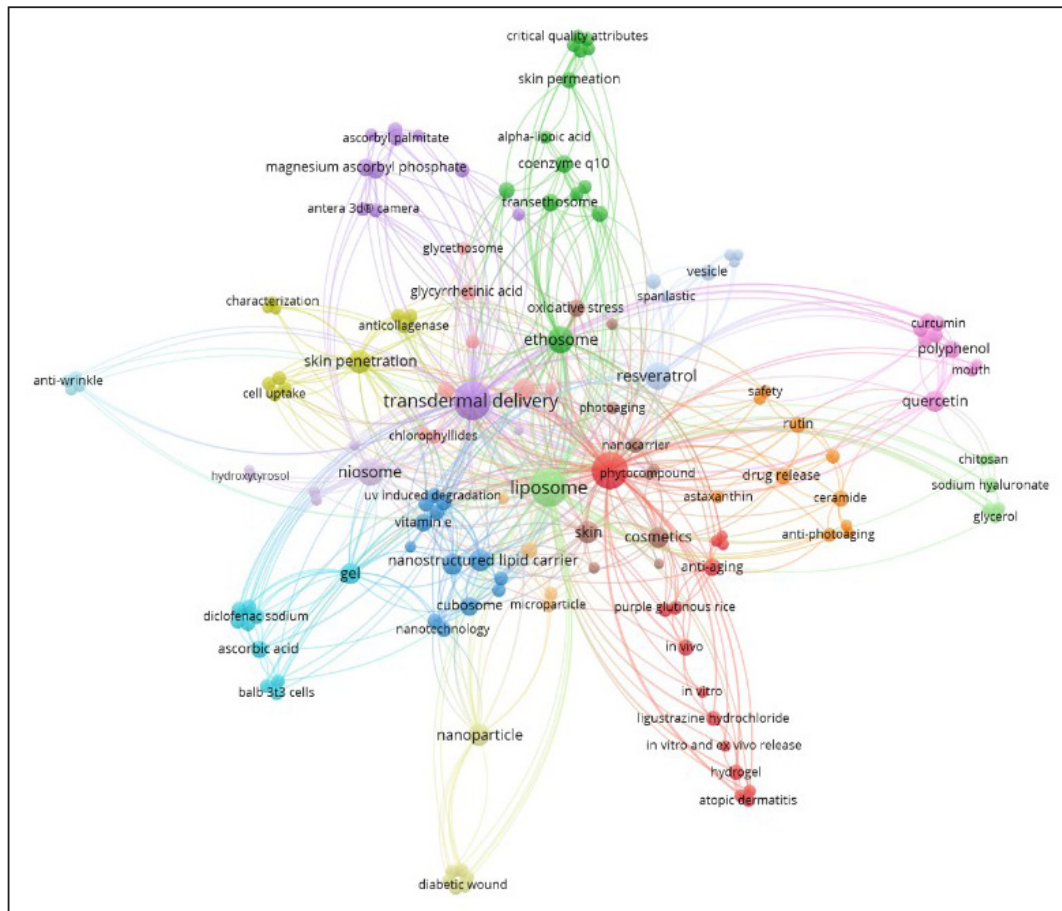
as drug delivery systems to help the hydrophobic antioxidants quercetin and rutin be taken in through the skin.

The research conducted by Chen *et al.* [20], titled “Development and Evaluation of Resveratrol, Vitamin E, and Epigallocatechin Gallate-Loaded Lipid Nanoparticles for Skin Care Applications,” garnered a notable 79 citations, positioning it as the fourth most impactful study in the field. The amalgamation of emulsions, liposomes, and polymeric particles in solid lipid nanoparticles (SLN) and nanostructured lipid carriers (NLC) consolidates their benefits. Consequently, these entities exhibit notable encapsulation, heightened active safeguarding, and mastery over the intended release profile. In this investigation, robust antioxidants, namely resveratrol, tocopherol, and catechin, renowned for their skin-protective properties, were employed to produce lipid nanoparticles. A multitude of meticulously devised compositions exhibited exemplary uniformity and durability. During research on how things get through the skin, it was found that lipid nanoparticles made it easier for resveratrol to get through the stratum corneum. Based on the results of this study, lipid nanoparticles could be an excellent way to deliver resveratrol and vitamin E to the dermal layer [20].

#### Analysis of keyword co-occurrence

The minimum word count for utilization of VOSviewer has been established at 10. After completing the VOSviewer analysis, 16 distinct clusters were observed to have formed. Each cluster effectively demonstrates the interrelationship between individual topics. The software allows for the visualization of bibliometric mapping through three distinct modalities. The visual representation of the network can be observed in Figure 7. The keywords were visually depicted as





**Figure 7.** Visualization topic area by VOSviewer using network visualization.

circles of varying colors, with their respective sizes directly corresponding to their frequencies within the titles and abstracts.

Consequently, the dimensions of the letters and circles were determined based on their respective frequencies of occurrence. The observed phenomenon reveals a higher frequency of occurrence for a given keyword when the dimensions of the letters and circles are increased. A corpus of 51 connected articles was used to find 147 keywords. The focus was on the empirical data from articles about how transdermal liposome delivery systems can be used as antioxidants. Figure 7 illustrates the clusters observed within each of the issue areas examined. The consistent coloration of each keyword signifies a strong correlation among them. The entities denoted by the terms “liposome,” “sodium hyaluronate,” “chitosan,” “LbL,” and “glycerol” exhibit a common chromatic attribute, signifying their interconnectedness and cohesive categorization. Based on the data presented in Figure 7, it can be observed that the keywords “liposome,” “transdermal delivery,” “antioxidant,” “ethosome,” “resveratrol,” and “niosome” exhibit varying frequencies and total link strengths. Specifically, “liposome” appears 29 times with a total link strength of 142, “transdermal delivery” occurs 28 times with a total link strength of 142, “antioxidant” is present 29 times with a total link strength of 133, “those” is found eight times with a total link strength of 50,

“resveratrol” is mentioned nine times with a total link strength of 46, and “niosome” is referenced nine times with a total link strength of 45. Based on the obtained results, it is evident that transdermal liposome application exhibits novel characteristics in the realm of antioxidant research.

## CONCLUSION

Based on bibliometric analysis, 51 scholarly articles have been identified that explore the utilization of transdermal liposomes as an antioxidant. The mean number of publications published annually was calculated to be 4.67, while the mean number of citations received per publication amounted to 29.85. According to the findings of the performance analysis, it has been determined that the Anhui University of Chinese Medicine exhibited the highest level of productivity among the institutions under investigation, having generated a total of 20 articles. The journal that exerted the most significant impact was the “International Journal of Pharmaceutics,” which boasted seven articles and garnered a noteworthy 233 citations. Scientific mapping revealed that Caddeo C’s research on transdermal liposomes as antioxidants significantly impacted publications due to their impressive *H* index of 4 and an average of 31 citations per article. The keyword “liposome” exhibits the highest frequency of occurrence, followed by “transdermal delivery” and

“antioxidant”. The article by Jeon *et al.* [17] has been widely regarded as highly influential, garnering a substantial number of citations, specifically 135. The findings of the investigation indicate that the utilization of appropriately coated multilayer liposomes comprising anionic sodium hyaluronate and cationic chitosan polyelectrolytes holds promise as a prospective mechanism for delivering the hydrophobic antioxidant quercetin through the skin. Researchers can benefit from using bibliometric science mapping analysis because it helps with the strategic planning, careful thought, and careful development of possible future research projects that meet all pharmaceutical requirements for making liposome preparations for the transdermal distribution of antioxidants. This bibliometric science mapping analysis serves as a valuable tool in this process.

Nevertheless, several constraints were present within the scope of this investigation. Specifically, only English-language publications spanning the temporal interval from 2013 to 2023 were encompassed in our comprehensive examination. Furthermore, the selection of keywords was predicated on our acquaintance with the scholarly body of work, potentially influencing the overall quantity and diversity of the articles under scrutiny.

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#### AUTHOR CONTRIBUTIONS

All authors made substantial contributions to the conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the current journal; gave final approval of the version to be published; and agree to be accountable for all aspects of the work. All the authors are eligible to be an author as per the International Committee of Medical Journal Editors (ICMJE) requirements/guidelines.

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#### CONFLICTS OF INTEREST

The authors report no financial or any other conflicts of interest in this work.

#### ETHICAL APPROVALS

This study does not involve experiments on animals or human subjects.

#### DATA AVAILABILITY

All data generated and analyzed are included in this research article.

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