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# Formulation development and characterization of a transdermal patch containing *Crinum asiaticum* leaves extract

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# ARTICLE HISTORY

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# ABSTRACT

*Crinum asiaticum* Linn. is an ethnomedicinal plant used to relieve musculoskeletal pain in traditional Thai medicine. The traditional use is hot compression with *C. asiaticum* leaves. A transdermal patch is one of the novel routes to deliver active compounds in *C. asiaticum* through the skin. This study aimed to formulate and evaluate a *C. asiaticum* leaves extract the transdermal patch. The main compositions of the transdermal patch were hydroxypropyl methylcellulose (HPMC), polyvinyl alcohol (PVA) PEG-400, and *C. asiaticum* leaves extract. The transdermal patch is prepared by solvent evaporation technique. The effects of HPMC, PVA, and PEG-400 on physical properties, such as thickness, weight uniformity, and moisture absorption, were evaluated. Lycorine, the main phytochemical in *C. asiaticum*, was analyzed using high performance liquid chromatography. The *in vitro* drug release study of the patch was carried out through the Franz diffusion cell. The transdermal patch containing PVA and PEG 400 as plasticizers showed good physical properties. The drug release was over 80% in formulations containing 2% PVA and 1%–5% PEG 400. The *in vitro* drug release data was fitted with kinetic equations and followed Higuchi's diffusion mechanism. In conclusion, the transdermal patch containing 2% PVA and 2% PEG 400 has achieved the targets of this study as it had good tensile strength and drug release profile.

# INTRODUCTION

*Crinum asiaticum* Linn. (*C. asiaticum*) (Amaryllidaceae family) is found in tropical and subtropical regions worldwide. It has long been utilized to treat illnesses related to pain, inflammation, wounds treatment, swellings, pain injuries, and inflamed joints, and as an antidote for poisons or toxins in Southeast Asian and Thai ethnomedicine (Kongkwamcharoen *et al.*, 2021; Ongthanasup *et al.*, 2020; Sharma *et al.*, 2020a, 2020b). In traditional Thai medicine, *C. asiaticum* leaf is used to treat inflammatory joints, ankle discomfort, and postpartum care (Pholhiamhan *et al.*, 2018). Massage and *C. asiaticum* hot leaf compresses are used in Thai traditional medicine to treat musculoskeletal discomfort (Dhippayom *et al.*, 2015; Pichiansunthorn *et al.*, 2001). The leaf extract of *C. asiaticum* had various phytochemicals, including alkaloids, phenolics, terpenoids, and aldehydes (Mahomoodally *et al.*, 2021). Previous research on the bioactivity of *C. asiaticum* leaves has been published, including anti-inflammatory and pain-relieving effects (Gasca-Silva *et al.*, 2022; Ge *et al.*, 2020; Rahman *et al.*, 2013; Sharma *et al.*, 2020a, 2020b). The major active compound in *C. asiaticum* leaf is lycorine, which exerts potent anti-inflammatory activities (Ji *et al.*, 2013; Sharma *et al.*, 2020a, 2020b).

The transdermal patch is a drug delivery system that delivers drugs locally or into the bloodstream. It has advantages over other types of dermal drug delivery systems in that it can be administered at high doses and can adhere to the skin for a long time. The transdermal patch consists of three components (the patch matrix, backing layer, and adhesive) and four major types of transdermal patch.

1) Drug in a matrix type: The active pharmaceutical ingredients are directly loaded into the film patch material and the matrix is covered with adhesive and a backing layer.

2) Drug in adhesive type: The drug is loaded in a selfadhesive polymer and covered with a backing layer.

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3) Drug in reservoir type: This type combines the drug in a matrix dispersion with a porous polymeric membrane for release rate control.

4) Multilamellar type: There are several layers of a drug-loaded matrix with a membrane in between the layers. This type could provide an initial burst drug release followed by sustained release (Sharadha *et al.*, 2020). Therefore, it is suitable to relieve pain or swelling of muscles (Pastore *et al.*, 2015).

There are three main components of the polymeric film of transdermal patch: polymer, plasticizer, and penetration enhancer (Monika et al., 2012). Several polymers can be incorporated into the film, such as polyvinyl alcohol, hydroxypropyl methacrylate, pectin, polyvinyl pyrrolidone, or the polymer blend (Valenta and Auner, 2004). A plasticizer is added to improve plasticity and flexibility; some common plasticizers in pharmaceuticals such as polyethylene glycol, propylene glycol, and dibutyl phthalate (Goswami and Audett, 2015). Dibutyl phthalate is commonly used as a plasticizer. However, it has been recognized as a possible endocrine disruptor (Heng et al., 2012). Penetration enhancers such as dimethyl sulfoxide, polyethylene glycols, ethanol, and propylene glycol were used to improve skin release of the drug from transdermal patches (Ita, 2020; Suksaeree et al., 2021). Polyethylene glycol 400 (PEG-400) is chosen as a plasticizer for this research as it has low toxicity and acts as a penetration enhancer.

The objectives of this study were to develop a formulation of a transdermal patch containing C. *asiaticum* leaf extract, including the analysis of physicochemical properties, stability, and the release of essential substances.

# MATERIALS AND METHOD

#### Preparation of *C. asiaticum* leaf extract

The extraction method was modified from Kongkwamcharoen *et al.* (2021). *Crinum asiaticum* leaves were rinsed thoroughly with water and drained off. The leaves were cut into 1-inch pieces and dried in a hot air oven at 40°C for 12 hours. Dry leaves were ground into powder. An amount of 500 mg of powder was macerated in 600 ml of ethanol for 3 days and filtered through filter paper No.1 with a cut-off of 11 mm (Whatman<sup>®</sup>, GE Healthcare UK Limited, Buckinghamshire, UK). The extraction processes were repeated three times. The extract was pooled and evaporated with a rotary evaporator (Rotavapor<sup>®</sup> R210, Büchi, Essen, Germany).

#### Characterization of C. asiaticum leaf extract

#### Lycorine content assay

# Preparation of standard and sample solutions

The standard and sample preparations were adapted from the method reported by Kongkwamcharoen *et al.* (2021). A precisely weighted lycorine powder was dissolved in methanol to produce a stock standard solution with a 0.5 mg/ml concentration. The stock solution was serially diluted to concentrations of 50, 100, 150, 200, 300, and 500 g/ml for calibration. Each *C. asiaticum* leaf extract was diluted in methanol to yield a sample solution with about 10 mg/ml of lycorine.

# Chromatographic conditions

Determining lycorine in the crude extract was conducted with a minor adaptation of the method reported by Kongkwamcharoen *et al.* (2021). An high performance liquid chromatography (HPLC) system with a diode array detector (Ultimate 3000, Thermo Scientific, Karlsruhe, Germany) was used to analyze lycorine. The column was C18 reverse-phase 4.6 mm i.d. × 250 mm length (Hypersil<sup>TM</sup> ODS, Thermo Fisher Scientific Inc., MA, USA). The binary gradient mobile phase consisted of (A) 0.1%v/v triethylamine in water and (B) acetonitrile. pH of mobile phase A was adjusted to 3.0 with phosphoric acid. The ratio of mobile phase A:B was programmed as follows: 0–5 minutes, 95%:5%; 30 minutes, 70%:30%; 30.1–35 minutes, 20%:80%; 35.1–40 minutes, 95%:5%. The flow rate was set at 1 ml/minute. The injection volume was 10  $\mu$ l. The diode array detector wavelength was 290 nm.

# Preparation of C. asiaticum leaf extract transdermal patch

Transdermal patches were prepared using the solventcasting method. The transdermal patches formulation consisted of hydroxypropyl methylcellulose (HPMC) K4M, polyvinyl alcohol (PVA), PEG-400, ethanol, and *C. asiaticum* leaf extract. The HPMC to PVA ratios were varied at 1:1, 1:0.8, 1:0.5, and 1:0 for formulation F1–F12. Formulations F13 to F15 were PVA only (Table 1). All ingredients were dissolved in water and stirred with a magnetic stirrer (C-MAG HS 7, IKA Works GmbH & Co., Staufen, Germany) for 30 minutes. Then, 15 g viscous solution was poured into a 10 cm Petri dish. The Petri dish was dried in a hot air oven at 50°C for 8 hours. The dried film was removed from the Petri dish, wrapped in aluminum foil, placed in a zip bag, and kept in a desiccator. The optimal formulation will be loaded with *C. asiaticum* leaf extract equivalent to 10 mg of lycorine.

Table 1. Composition of formulation F1–F15.

Chemical -	Formulation														
	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13	F14	F15
НРМС	5	5	5	5	2.5	2.5	2.5	2.5	1	1	1	1	0	0	0
Polyvinyl alcohol	5	4	2.5	0	2.5	2	1	0	1	0.75	0.5	0	5	2.5	2
PEG-400	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5
Paraben Concentrate	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2
Ethanol	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5
DI Water	to 100 g														

## Evaluation of C. asiaticum leaf extract transdermal patch

# Physical appearance

The physical appearance of transdermal patches was evaluated by observation of the roughness and consistency of the film. The thickness of the transdermal patch was measured using a vernier caliper at three different locations. The transdermal patches were cut into  $1 \text{ cm}^2$  in size and measured the weight using an analytical balance.

# Moisture absorption

The transdermal patches of 1 cm<sup>2</sup> were weighed and put in a controlled humidity chamber at 75%  $\pm$  5% RH at 25°C using saturated sodium chloride solution for 24 hours. The transdermal patches were weighed and calculated for percentage moisture absorption.

#### Tensile strength

The transdermal patches were cut into pieces as described in ASTM E8 standard tensile strength test specimen. The specimens were measured for tensile strength using a texture analyzer (LR5K, Lloyd instrument, West Sussex, UK) with a pulling speed of 50 mm/minute.

# Folding endurance

The folding endurance test was conducted on the final optimization of the formulation. The test procedure of Singh and Bali (2016) was slightly modified. The film was cut into a  $2 \times 2$  cm strip. The folding endurance was performed manually by repeatedly folding the film strip at the same location up to 500 times or until it broke.

# In vitro drug release testing and mathematical modeling of release kinetics

In vitro drug release testing was evaluated using a modified Franz diffusion cell (Model FDC-6, Logan Instrument Corp., Somerset, NJ) with an effective diffusion area of  $1.77 \text{ cm}^2$ . Transdermal patches containing *C. asiaticum* leaf extract were placed on top of the polyimide membrane in the donor compartment. The receiver medium was 30% ethanol, and the temperature was maintained at 32°C. 1 ml samples were drawn from the receiver medium and replaced with a 1 ml fresh receiver medium at the predefined periods of 0, 1, 2, 4, 6, and 8 hours.

All collected samples were then filtered through a 0.45 mm membrane and analyzed using HPLC to determine the amount of lycorine release. All HPLC analyses were performed in triplicate. The regression analysis was performed to evaluate the drug release kinetics by fitting the amount of drug release to the following mathematical models: zero-order, first-order, Korsmeyer–Peppas, and Higuchi model.

#### Statistical analysis

All experimental data were presented as the mean  $\pm$  standard deviation (SD). Analysis of variance (ANOVA) and Tukey's honestly significant difference for *post hoc* analysis were used to evaluate the difference between groups. The correlation between parameters was performed using linear regression. Differences were considered statistically significant at p < 0.05.

# **RESULTS AND DISCUSSION**

## Lycorine content assay

Lycorine standard peak and lycorine in *C. asiaticum* peak were found at about 9.2 minutes (Fig. 1). Lycorine content in the dry crude extract was 9.53 mg/g of dry crude extract. The result was much lower than around 17–34 mg/g of dry crude extract reported by Kongkwamcharoen *et al.* (2021). Several factors might affect the lycorine content in *C. asiaticum* leaves extracts, such as cultivation conditions and pre-extraction treatment (Kongkwamcharoen *et al.*, 2021).

# Physical properties of transdermal patches

The formulation F1–F4 with 5% HPMC resulted in a hard thick, rough inflexible film. The formulation F5–F8 with 2.5% HPMC resulted in a moderately rough and flexible film. The formulation F9-F12 was not able to form consistent films due to the total polymer content being too low. The flexible clear films were formed with formulations F13–F15 that consisted of 5%, 2.5%, and 2% of PVA, respectively.

The thickness of transdermal patches ranged from 0.3 to 1.2 mm. The weight of transdermal patches per square centimeter ranged from 0.05 to 0.12 mg (Table 2). The thickness of the transdermal patches directly correlated with the total polymer content in the formulation ( $R^2 = 0.743$ ). In addition, the effect of HPMC and PVA was significant in the correlation



Figure 1. HPLC chromatogram of (A) lycorine standard and (B) lycorine in C. asiaticum leaf extract.

<b>Formulatio</b> n	Total polymer (%)	Thickness (mm)	Weight (mg)	%Elongation at break
F1	10	1.12±0.13	$0.097 \pm 0.006$	$60.45\pm6.98$
F2	9	$1.02\pm0.27$	$0.093\pm0.006$	$57.96 \pm 6.12$
F3	7.5	$0.91\pm0.11$	$0.093\pm0.006$	$59.27 \pm 7.42$
F4	5	$0.91\pm0.11$	$0.090\pm0.008$	$37.3\pm3.39$
F5	5	$0.47\pm0.12$	$0.090\pm0.010$	$45.67 \pm 13.48$
F6	4.5	$0.33\pm0.06$	$0.073\pm0.021$	$37.5 \pm 1.13$
F7	3.5	$0.32\pm0.02$	$0.063\pm0.006$	$32.31\pm3.13$
F8	2.5	$0.26\pm0.02$	$0.060\pm0.010$	$22.64 \pm 1.57$
F13	5	$0.42\pm0.03$	$0.080\pm0.010$	$281.2\pm12.35$
F14	2.5	$0.31\pm0.03$	$0.033\pm0.006$	$204.99\pm21.41$
F15	2	$0.35\pm0.13$	$0.024\pm0.003$	$203.12\pm27.27$

**Table 2.** Thickness, weight, and elongation at break (%) of the formulation F1–F15.

model (Thickness ~ HPMC + PVA). However, the weight of the transdermal patches had a weak relation to the total polymer content in the formulation ( $R^2 = 0.605$ ).

All formulations were measured for their tensile strength except formulations F9–F12 as they were not able to form consistent films. The tensile of formulations F1–F4 was 28–38 kg/cm<sup>2</sup> and not statically different. The tensile of formulations F5–F8 ranged from 13 to 25 kg/cm<sup>2</sup> and had no statistical difference. The PVA-only group formulation F13–F15 showed different tensile characteristics. The tensile of formulation F13 was far higher than the other formulation, while the tensile of formulations F14 and F15 was 25–40 kg/cm<sup>2</sup> (Fig. 2).

Linear regression was used to evaluate the relationship between PVA, HPMC, and tensile strength. Three regression models were applied; tensile ~ PVA + HPMC, tensile ~ PVA, and tensile ~ HPMC had  $R^2$  of 0.61, 0.51, and 0.09, respectively. The independent variable PVA was strongly significant in all models with *p*-value <0.01.

The formulations with 5% HPMC (F1–F4) showed that the percentage elongation at break for the formulation with PVA was around 60%, while formulation F4 resulted in a significantly lower percentage elongation at break at 37%. Likewise, formulations F5–F8 with 2.5% HPMC and the formulation with PVA percentage elongation at break for formulation with PVA were around 32%–46%. The formulation F8 that PVA was excluded from the formulation exhibited a significantly lower percentage elongation at a break of about 22%. Interestingly, formulations F13–F15 with the absence of HPMC substantially increased percentage elongation at break to around 200%–280%. Thus, F13–F15 were candidates for further formulation optimization.

Regression analysis was performed with the model Elongation ~ HPMC + PVA. The model fitted with  $R^2 = 0.77$ . The regression coefficients of HPMC and PVA were -32.41 and 22.84, respectively (p < 0.05). These results implied that HPMC had negative effects on transdermal patch physical properties when blended with PVA. The phase separation between PVA and HPMC could occur (Saringat *et al.*, 2005).



Figure 2. Tensile of formulation F1-F15 (mean  $\pm$  SD).



Figure 3. Moisture absorption for formulation F1-F15 (mean  $\pm$  SD).

#### Moisture absorption

Moisture absorption ranged from 4.3% to 8.5% (Fig. 3). The ANOVA revealed a statistical difference between formulations with a *p*-value of 0.006. The *post hoc* analysis showed that formulation F1 had the lowest moisture absorption among other formulations significantly.

The moisture absorption test shows how much water the patch absorbs from body tissues and the surroundings throughout the application period. High moisture absorption of the patch would result in a negative impact on the mechanical integrity of the patch. All formulations had acceptable moisture absorption properties.

# Effect of PEG-400 on physical properties of transdermal patches

Formulation F13 results in the best physical properties. Optimization of plasticizer was conducted by various amounts

Formulation	PEG-400 (%)	Weight (mg)	Tensile strength (kg/cm <sup>2</sup> )	Moisture absorption (%)	%Elongation at break
FO <sub>1</sub>	1	$9.63\pm0.95$	$181.4 \pm 83.1$	$1.73 \pm 0.53$	$227.80 \pm 36.68$
$FO_2$	2	$12.73\pm0.55$	$103.52 \pm 2.97$	$1.82 \pm 0.85$	$254.00 \pm 15.36$
FO <sub>3</sub>	5	$16.1\pm0.26$	$21.03 \pm 7.93$	$6.4\pm2.08$	$107.00\pm59.05$
$FO_4$	10	$33.17\pm4.29$	$5.66 \pm 1.55$	$9.05\pm0.29$	$43.24 \pm 10.11$

**Table 3.** Amount of PEG-400, weight, tensile strength, and moisture absorption of the formulation  $FO_1$ - $FO_4$ .



**Figure 4.** Lycorine release profile at 1, 2, 3, 4, 6, and 8 hours for formulation FO<sub>1</sub>, FO<sub>2</sub>, and FO<sub>3</sub> (mean  $\pm$  SD).

<b>Table 4.</b> Correlation coefficients of formulation $FO_1$ , $FO_2$ and
FO <sub>3</sub> for the first-order model, Korsmeyer–Peppas model, and
Higuchi model.

	Correlation coefficients							
Formulation	Zero order model	First order model	Korsmeyer– Peppas Model	Higuchi model				
FO <sub>1</sub>	0.8766	0.8698	0.8867	0.9144				
$FO_2$	0.8512	0.6072	0.7025	0.9269				
FO <sub>3</sub>	0.5670	0.3349	0.3538	0.9230				

of PEG-400 in the formulation from 1% to 10% (Table 3). The PVA weight was fixed at 2%. The weights of each formulation range from 9.6 to 33.1 mg/cm<sup>2</sup>. The moisture absorption ranged from about 1.7% to 9% (Table 3). The weight and moisture absorption had a linear relationship to %PEG-400 with  $R^2 = 0.861$  and 0.925, respectively. The moisture absorption of formulations FO<sub>1</sub> and FO<sub>2</sub> was not statistically different, while the moisture absorption of formulations FO<sub>1</sub> and FO<sub>2</sub> may not statistically different, while the moisture absorption of formulations FO<sub>3</sub> and FO<sub>4</sub> was significantly higher than that of FO<sub>1</sub> and FO<sub>2</sub> because PEGs had hygroscopic properties. A higher concentration of PEGs in the formulation leads to increased moisture absorption, particularly at high relative humidity (Baird *et al.*, 2010).

The tensile strength of the transdermal patch film ranged from 5.7 to 181.4 kg/cm<sup>2</sup>. The tensile strengths of formulation FO<sub>1</sub> and FO<sub>2</sub> were also not statistically different.



Figure 5. Higuchi correlation plot of formulation FO<sub>1</sub>, FO<sub>2</sub>, and FO<sub>3</sub>.

However, the tensile strengths of the formulation  $FO_3$  and  $FO_4$  were significantly different and lower than those of  $FO_1$  and  $FO_2$ .

The percentage elongation at the break of the formulations was statistically different (p = 0.00027). They could be divided into three groups. Firstly, the highest %elongation at break was formulation FO<sub>1</sub> and FO<sub>2</sub>. The medium % elongation at the break group was FO<sub>3</sub>, and the low % elongation at the break group was  $FO_4$  (Table 3). The regression analysis revealed that PEG-400 of more than 2% (100% of polymer weight) had a negative effect on transdermal patch elongation with  $R^2 = 0.80$ , coefficient of -23.29, and p < 0.05. The folding endurance of formulation FO<sub>1</sub>, FO<sub>2</sub>, and FO<sub>3</sub> was >500, >500, and  $176 \pm 10.58$ , respectively. It indicated that the PEG-400 plasticizer was suitable and provided appropriate film flexibility. Since plasticizers functioned by lowering the cohesive intermolecular forces along polymer chains, resulting in a flexible polymer film. However, if the plasticizers were increased beyond a certain threshold, the polymer chains would migrate too widely apart, reducing mechanical strength in terms of tensile strength, elongation at break, and folding endurance (El-Gendy, 2012; Pichayakorn et al., 2020).

The formulations  $FO_1$ -FO<sub>3</sub> were chosen for further evaluation due to the FO<sub>4</sub> tensile strengths and the %elongation at break were not satisfied.

#### Lycorine content and in vitro drug release testing

Lycorine content of the formulation FO<sub>1</sub>, FO<sub>2</sub>, and FO<sub>3</sub> were  $1.88 \pm 0.08$ ,  $1.51 \pm 0.09$ , and  $1.69 \pm 0.08$  mg/cm<sup>2</sup>,

respectively. *In vitro* drug release testing showed that all formulations released lycorine for up to 8 hours. Formulations  $FO_1$  and  $FO_2$  gradually released lycorine over 8 hours, whereas formulation  $FO_3$  quickly released 40% at 1 hour. Formulation  $FO_1$  lycorine release was the lowest among the three formulations. While formulation  $FO_2$  lycorine release was initially lower than that with formulation  $FO_3$  up to 6 hours (Fig. 4). When comparing the composition of three formulations, PEG 400 resulted in fast initial drug release in a higher percentage of plasticizers. This result confirmed that PEG 400 increased *in vitro* drug release (Singh and Bali, 2016).

The release profile was tested among four release models that were the zero-order model, the first-order model, the Korsmeyer-Peppas model, and the Higuchi model (Table 4). Formulations FO<sub>1</sub> and FO<sub>2</sub> were the best fit with the Higuchi model, with correlation coefficients of more than 0.9. Formulation FO<sub>2</sub> was considered correlated to the Higuchi model with correlation coefficients of about 0.8. The homogeneous polymer matrix system of the formulations, lipophilic nature of lycorine, and planar film form followed Higuchi's conditions (Trucillo, 2022). The active agent release is related to the square root of time with a linear function (Fig. 5). The rate constants of FO<sub>1</sub>, FO<sub>2</sub>, and FO<sub>2</sub> were  $9.94 \pm 0.70$ ,  $10.36 \pm 0.67$ , and  $8.95 \pm 0.93$  % released/hour<sup>1/2</sup>, respectively. It indicated that the concentration of the PEG 400 does not have a significant effect on the release rate constants. The optimal formulation for a transdermal patch containing C. asiaticum leaves extract was FO<sub>2</sub> because it had good mechanical properties and good drug release.

#### CONCLUSION

The drug in matrix-type transdermal patches of *C. asiaticum* leaves extract was prepared, and the effects of the various ratio of HPMC, PVA, and PEG-400 on the physical properties of the transdermal patches were studied. Formulation  $FO_2$  has achieved the targets of this study. The tensile and physical appearance of the patches were satisfied. Also, the prepared patches showed good uniformity regarding lycorine content and *in vitro* release profile. In conclusion, the present data confirm the feasibility of developing *C. asiaticum* leaves extract transdermal patches based on PVA-PEG-400 film. Further studies are needed to confirm the efficacy of anti-inflammatory and analgesic effects in an animal model.

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#### AUTHOR CONTRIBUTIONS

All authors made substantial contributions to the conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; agreed to submit to the

current journal; gave final approval of the version to be published; and agree to be accountable for all aspects of the work. All the authors are eligible to be an author as per the international committee of medical journal editors (ICMJE) requirements/guidelines.

# **CONFLICTS OF INTEREST**

All authors declares no conflicts of interest.

# ETHICAL APPROVALS

This study does not involve experiments on animals or human subjects.

# DATA AVAILABILITY

All data generated and analyzed are included in this research article.

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