Journal of Applied Pharmaceutical Science Vol. 13(09), pp 018-026, September, 2023 Available online at http://www.japsonline.com DOI: 10.7324/JAPS.2023.93828 ISSN 2231-3354



Gemfibrozil-trans-cinnamic acid co-crystal: Synthesis, characterization, *in vitro* solubility and cell viability studies

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ARTICLE INFO

Received on: 12/04/2023 Accepted on: 14/07/2023 Available Online: 04/09/2023

Key words:

Gemfibrozil, co-crystal, liquid assisted grinding (LAG), powder X-ray diffraction (PXRD), Fourier-transform infrared spectroscopy (FTIR), cell viability.

ABSTRACT

The co-crystallization is a technic used to improve drug properties, mainly for drugs belonging to classes II and IV of the Biopharmaceutical Classification System like gemfibrozil (GEM). This study aims to synthesize a new co-crystal of GEM and trans-cinnamic acid (TCA) through the mechanochemistry method, characterize it using powder X-ray diffraction, Fourier-transform infrared spectroscopy, differential scanning calorimetry, and thermogravimetric analysis, and determine the equilibrium solubility and cytotoxicity of the new crystalline form. The characterization techniques indicated that the cocrystal was successfully formed, especially because they revealed a unique X-ray pattern and a single endothermic event, different from the isolated substances. The concomitant use of GEM and TCA was shown to be safe at concentrations up to 100 M in models using Caco-2 cells. The formation of the GEM: TCA co-crystal was successful, and the new co-crystal was not cytotoxic at the concentrations analyzed.

INTRODUCTION

An active pharmaceutical ingredient (API) is often administered in solid form (Morissette *et al.*, 2004). Its biological effect can be influenced by factors such as gastrointestinal physiological conditions, first-pass metabolism, and physicochemical properties, like solubility, stability, permeability, and dissolution rate, which can affect its bioavailability (Emami *et al.*, 2018). Molecule organization in the solid component is important to determine the physicochemical properties.

Paulo César Pires Rosa, School of Pharmaceutical Sciences, University of Campinas (UNICAMP), São Paulo, Brazil. Crystal structure changes can be used as a strategy to improve physicochemical properties (Datta *et al.*, 2004; Morissette *et al.*, 2004).

APIs in crystalline form can exist as solvates, hydrates, polymorphs, salts, and co-crystals (Rodrigues *et al.*, 2018; Shaikh *et al.*, 2018). In general, co-crystals are solids formed by two or more different molecular and/or ionic compounds in the same crystal structure in a defined stoichiometric ratio (Holanda *et al.*, 2019a; Kavanagh *et al.*, 2019). A pharmaceutical co-crystal incorporates an API and a co-former that is a "generally recognized as safe" substance (Holanda *et al.*, 2019b; Thakuria and Sarma, 2018).

The co-crystal molecules are organized in the crystal lattice through intermolecular interactions, such as hydrogen bonds, van der Waals forces, and π -stacking (Aitipamula *et al.*, 2012; Rodrigues *et al.*, 2018; Shaikh *et al.*, 2018). API and its co-former interact through the supramolecular synthon that can be

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classified as heterosynthon, when different functional groups are combined, and homosynthon, when intermolecular interactions occur between identical groups. Homosynthons are energetically less favored and occur less frequently, with only 35% of cocrystals being formed by acid-acid interactions (Cherukuvada and Guru Row, 2014; Desiraju, 1995; Khan *et al.*, 2009; Rodrigues *et al.*, 2018; Shattock *et al.*, 2008). Compared to other crystalline forms, co-crystals are more stable and, unlike salts, do not require proton transfer between their constituents (Barmpalexis *et al.*, 2018; Fernandes *et al.*, 2019; Jones *et al.*, 2006).

Co-crystals can be used to improve the biopharmaceutical properties of API without changing the chemical structure and maintaining the pharmacological properties, mainly for drugs belonging to classes II and IV of the Biopharmaceutical Classification System (BCS) (Haneef and Chadha, 2017). They are potential solid forms for the delivery of dual drug therapy and can improve the pharmacokinetic profile and the bioavailability of API. Drug-drug co-crystals can simplify dosing regimens and improve treatment adherence. Furthermore, they offer a low-risk route and can be patented (Barmpalexis *et al.*, 2018; Kavanagh *et al.*, 2019; Wang *et al.*, 2021).

Several methodologies can be used to synthesize pharmaceutical co-crystals, such as slow solvent evaporation, mechanochemical methods, antisolvent crystallization, supercritical fluid technology, and spray drying (Rodrigues *et al.*, 2018). The most used methods for co-crystallization are slow solvent evaporation and mechanochemical methods (Kuminek *et al.*, 2016).

Co-crystallization by mechanochemical methods occurs through the direct absorption of mechanical energy, which promotes the fracture of the crystalline lattice and increases the surface area, facilitating the interaction between molecules. In this technique, the components, in a defined stoichiometric proportion, are crushed using a mortar and pestle (manual grinding) or a ball mill (Rodrigues *et al.*, 2018).

Grinding has been widely used in the formation of cocrystals. It comprises two techniques, solid-state grinding and the liquid-assisted grinding (LAG) method, in which a small amount of solvent is added, facilitating the diffusion of the co-former molecules in the crystal lattice of the API, which will accelerate the formation of the co-crystal (Sathisaran and Dalvi, 2018).

The LAG method provides greater control of crystal properties and is more effective than dry grinding, which is why it is chosen for co-crystal production (Rodrigues *et al.*, 2018).

Gemfibrozil (GEM) (Fig. 1a) is a fibric acid derivative (Holanda *et al.*, 2019a, 2019b). It is used for hypertriglyceridemia treatment by reducing triglyceride, low-density lipoprotein, and very low-density lipoprotein levels and increasing high-density lipoprotein levels (Prindiville *et al.*, 2011; Wiggins *et al.*, 2016). GEM belongs to class II of the BCS (which has low solubility and high permeability), and these characteristics can compromise absorption due to a lower dissolution rate (Holanda *et al.*, 2019b).

Trans-cinnamic acid (TCA) (Fig. 1b) is an aromatic carboxylic acid found in nature that has low toxicity and high safety for pharmaceutical use and can be used as a co-former in the synthesis of co-crystals. TCA has antitumor, antioxidant, and antimicrobial activities (Chandra *et al.*, 2019; Ekmekcioglu *et al.*, 1998; Luo *et al.*, 2020).



Figure 1. Molecular structure: (a) GEM and (b) TCA.

Co-crystals containing these substances can be formed through hydrogen bonds between the carboxylic acid groups of both components, forming supramolecular homosynthons. The objective of this work is to recrystallize the co-crystal GEM: TCA, evaluating its main characterization techniques and solubility in relation to the commercial GEM in its anhydrous form. Furthermore, it aims to confirm the cytotoxicity of Caco-2 cells.

MATERIALS AND METHODS

Synthesis by the LAG method

GEM 98.5% and TCA 99% were purchased from Sigma-Aldrich[™] (St. Louis, MO) and used without purification following analysis by the certificate of analysis.

GEM-TCA co-crystal in equimolar ratio 1:1 was successfully produced by the LAG method as described by literature (Devi *et al.*, 2022; Holanda *et al.*, 2019b). GEM and TCA, with a total mass of 50 mg using 10 μ l of ethanol, were subjected to milling for 60 minutes at a frequency of 15 Hz in the Retsch[®] MM400 mill (Germany), consisting of a 10 ml stainless steel jug and two spheres of 7 mm in diameter inside. An amber bottle was used for storage and kept in a dry environment (Holanda *et al.*, 2019b).

Characterization

The powder X-ray diffraction (PXRD) analyses were performed on Shimadzu[®] equipment, model XRD-7000 (Japan), with CuK α copper radiation ($\lambda = 1.54060$ Å), equipped with a scintigraphy detector. The current and voltage applied were 15 mA and 40 kV, respectively. These analyses were carried out at room temperature. The angular range was 5°–50° 20, in continuous mode (2°/minute with 0.02° step).

The API, co-former, and co-crystal infrared spectra were obtained using an Agilent Technologies[®] instrument, the Cary

660 Fourier-transform infrared spectroscopy (FTIR) (Australia), coupled in the ATR FTIR mode. The samples were analyzed in a solid-state form (powder) over a $400-4,000 \text{ cm}^{-1}$ range.

The differential scanning calorimetry (DSC) TA Instruments[®] thermal analysis system, model 2910 (USA), was used to perform the measurements. Approximately 3.0 mg of samples were placed in the closed-aluminum pan. The samples were heated to 200°C at a heating rate of 10°C minute⁻¹. The environment was an inert argon atmosphere with a 50 ml minute⁻¹ flow rate.

The *thermogravimetric analysis* (TGA) curves were obtained using the TA Instruments[®] thermal analysis system, model 2050 (USA). Approximately 5 mg of samples was weighed and placed in an open platinum pan. The parameters were set at a heating rate of 10°C minute⁻¹ and a flow rate of 50.0 ml minute⁻¹ in an inert argon atmosphere.

In vitro solubility studies

The shake-flask method was used to determine equilibrium in accordance with the literature (Bhatia *et al.*, 2021). GEM and GEM:TCA (1:1) co-crystals were added in excess into tubes containing 7 ml of USP buffered aqueous solutions at pH 1.2 (1.0 M hydrochloric acid), pH 4.5 (acetate), pH 6 .8 (phosphate), and pH 7.4 (phosphate) and FeSSIF media (Biorelevant Ltd[®], UK) in triplicate according to the method outlined in the BCS guidelines (Barbosa *et al.*, 2021; Reviewer Guidance, 1994).

The suspensions were shaken continuously in an LS 4600 Digital shaker (Alpax[®], Brazil) at 100 rpm for 48 hours at a temperature of $37^{\circ}C \pm 1^{\circ}C$. After 24 and 48 hours, an aliquot of the supernatant was collected, and the same amount of buffer solution was added. The samples were filtered with 0.45 µm PES syringe filters (Biofil[®], China), diluted in an appropriate solvent when needed, and analyzed using a validated chromatographic method. The pH of the media was measured at the beginning and end of the experiment using a pH meter, Kasvi[®] equipment, model K38-2014B (Brazil). The remaining solid was analyzed by PXRD. Statistical analysis was performed using the GraphPad Prism 5[®] program. Student's unpaired *t*-test was applied to compare the solubility results.

GEM concentration was determined by the highperformance liquid chromatography method using Waters® chromatography, model 717 plus autosampler (USA), equipped with a UV-vis detector model 2487 Dual, Waters® (USA). An Eclipse Plus C18 reversed-phase chromatography column (250 × 4.6 mm, 5 µm, Agilent-Zorbax[®], USA) was employed at 25°C. The injected volume was 20 µl and the absorption of GEM was recorded at 276 nm. The mobile phase consisted in the application of methanol (Synth®, Brazil) and 1% acetic acid (Synth[®], Brazil) solution (80:20, v/v). Elution took place at a flow rate of 0.8 ml minute⁻¹ for the first four minutes and thereafter at a flow rate of 1 ml minute⁻¹. The method was validated by evaluating the parameters of linearity, accuracy, and precision, as described in the literature (Holanda et al., 2019b). To establish linearity, three calibration curves were prepared by appropriate dilutions of standard stock solution in the range 0.005-0.1 mg ml⁻¹. The coefficient of linear correlation R^2 for the calibration curves was calculated by the least squares method (Holanda et al., 2019b).

Culture cell

Caco-2 cells were grown in Eagle's Minimum Essential Medium Lonza (Biomédica Ltda[®], USA), supplemented with 20% fetal bovine serum (Vitrocell Embriolife[®], Brazil), 100 IU ml⁻¹ penicillin, and 100 μ g ml⁻¹ streptomycin (Vitrocell Embriolife[®], Brazil), in an atmosphere of 5% CO₂.

Cell viability studies

The colorimetric 3-[4,5-dimethylthiazol-2-yl]-2,5diphenyltetrazolium bromide test (MTT) method was used to verify the percentage of viable cells. Caco-2 cells were subcultured in 96-well plates (TPP[®], Switzerland) for 7 days at a seeding density of 104 cells/well. The cells were treated with the substances GEM, TCA, and GEM:TCA co-crystal in concentrations of 10, 50, and 100 μ M and DMSO 0.5% (v:v) for 3 hours. After that, the cells were incubated with 100 μ l of solution (0.5 mg ml⁻¹) of MTT (Sigma-Aldrich[®], USA) in each well for 3.5 hours. The formazan crystals were diluted in DMSO. The plate was shaken for 5 minutes in an orbital shaker, and the absorbance was determined using a Synergy H1 microplate reader (BioTek[®], USA) set at 540 nm.

Cell wells that received 0.5% DMSO (v/v) were used as vehicle control, and wells that did not receive treatment were used as controls. The experiment was carried out in three independent tests. The percentage of live cells was calculated in relation to the control group.

The statistical analysis was run using GraphPad Prism[®] (version 5), applying a one-way analysis of variance followed by Bonferroni's tests. If the *p*-value was less than 0.05, the value was considered significant.

RESULTS AND DISCUSSION

Powder X-ray diffraction

PXRD analysis is essential to confirm the formation of co-crystals, as each crystalline solid has a unique diffraction pattern (Reutzel - Edens, 2011). The GEM:TCA co-crystal was compared to the API and co-former, and the results are shown in Figure 2.

According to the data shown in Figure 2, the GEM diffractogram shows peaks at 11.7°, 12.02°, 12.84°, 13.98°, 16.76°, 18.1°, 18.44°, and 24.34° 20. Furthermore, the TCA diffractogram shows peaks at 10.26°, 20.14°, 23.18°, 25.78°, and 29.9° 20. The presence of single peaks in the diffractogram of the new GEM co-crystal was indicated by black circles in the diffractogram and located at 8.28°, 13.0°, 13.3°, 15.24°, and 27.4° 20. In addition to the absence of peaks typical of GEM, such as the absence of a peak in 13.98° 20 indicated by a black arrow, this indicates that the co-crystal was successfully formed, as a new diffraction pattern is being shown. The presence of new peaks is common among the crystals obtained by co-crystallization processes and can be used to verify the new crystalline phase; an example is the study that confirmed the formation of carbamazepine-cinnamic acid cocrystals by the emergence of a new diffraction profile (Shayanfar, 2013).

Fourier-transform infrared spectroscopy

Structural studies by FTIR were performed to confirm the success of co-crystallization. This technique is important because

it identifies any change in the vibrational state of the molecule, such as displacement, disappearance, or change in the intensity of bands resulting from the interaction between the components of the co-crystal (Gorain *et al.*, 2018; Nikolić *et al.*, 2019). Figure 3 shows the FTIR analysis.

According to the results presented in Figure 3 and according to the molecular structure of TCA and GEM presented in Figure 1, it is possible to observe that both molecules have carboxylic acid groups. The FTIR spectra of GEM, TCA, and the new co-crystal showed carbonyl stretching in the region of 1,704, 1,670, and 1,693 cm⁻¹, respectively. This shift to regions of lower energy, observed in co-crystals, may be related to the new crystalline organization of the molecule; since, in this case, it is expected that the formation of the co-crystal between these two acids occurs through hydrogen bonds involving the carbonyl group, forming dimers or catemers. Intermolecular interactions between the API and the co-former caused the displacement of the carbonyl band, resulting in supramolecular homosynthons between the molecules and the formation of a new crystal structure. In the FTIR spectrum

of telmisartan-saccharin co-crystals, the band referring to carbonyl stretching suffered a decrease in vibrational frequency, indicating the occurrence of interactions involving this group (Chadha *et al.*, 2014). Another study pointed to the displacement of the carbonyl stretch as an indication of hydrogen bonds between carbamazepine and cinnamic acid (Shayanfar *et al.*, 2013). The displacement of the carbonyl band observed in these co-crystals is similar to that observed in the GEM-TCA system.

DSC AND TGA

Thermal analysis studies are presented in Figure 4.

Figure 4a presents the DSC study. The DSC curves of GEM and TCA showed an endothermic event with Tonset at 60.04°C and 133.76°C, respectively. These values are consistent with the melting points found in the literature for these substances (Stanton and Bak, 2008). The GEM:TCA co-crystal shows an endothermic event with Tonset at 64.56°C. This endothermic event is unique and presents a melting temperature between the melting temperatures of the pure substances, suggesting an interaction between the API and the



Figure 2. PXRD patterns of GEM, TCA, and GEM:TCA co-crystal. The points represent the new diffraction peaks.



Figure 3. The FTIR diagrams of TCA, GEM, and GEM: TCA co-crystal.



Figure 4. Thermal analysis of GEM, TCA, and GEM:TCA co-crystal. (a) DSC curves and (b) TGA thermograms.

co-former, resulting in the formation of the co-crystal (Karagianni *et al.*, 2018). In addition, the DSC analysis eliminated the possibility of the solid being a eutectic mixture because eutectic mixtures must have a lower melting point than the isolated components. Therefore, this is strong evidence that the formation of the co-crystal occurred (Cherukuvada and Nangia, 2014).

Figure 4b shows the TGA analysis. TGA analysis certifies the purity of each sample. The TGA curves showed unique stages of mass loss after 100°C, which indicates that the analyzed substances are anhydrous and that the co-crystal does not contain any solvent in its crystalline structure. The TGA curves of GEM, TCA, and GEM:TCA co-crystal presented weight loss events at 99.34%, 97.48%, and 99.97%, respectively.

Solubility studies

The partial validation of the analytical methodology was carried out to demonstrate that the analytical method used to quantify GEM in samples from the solubility test is linear, exact, selective, precise, and reproducible, as established in the RDC 166/2017—ANVISA.

Linearity

The least squares method and linear regression analysis were performed to determine linearity. The coefficient of determination (R^2) obtained was equal to 0.995. The regression line equation is as follows: y = 10,673,955.134x - 2,316.468 so that the slope was significantly different from zero, as seen in Figure 5. For the verification of the conformity of the regression model, residuals analysis was performed, as shown in Figure 6.



Figure 5. Graphic representation of responses as a function of the concentration of analyte.

The Cochran test was performed and it was possible to verify that the calculated C value was lower than the tabulated C value, which represents the homoscedasticity of the data. It was assumed that y varies according to x so that the method is linear.

Precision

The precision of the method was determined by evaluating nine determinations, contemplating the low, medium, and high levels of the analytical range, with three replicates at each level.

The values of experimental means, standard deviation (SD), and relative SD (RSD) were calculated for the repeatability and reproducibility tests and are shown in Table 1.

The RSD (%) obtained was less than 5% for both criteria: repeatability and reproducibility, proving to be satisfactory. The linear correlation between the accuracies was demonstrated through the LC test.

Accuracy

Accuracy and recovery were verified from nine determinations at three different levels of concentration. Table 2 presents the average of the results obtained in this test.

Chromatograms

The chromatograms referring to the elution of GEM, ATC, and mobile phase, obtained by UV-vis detector, fixed at 276 nm, are shown in Figures 7–9, respectively. So it is evident that the retention time of the API and the co-former is different.



Figure 6. Graphic representation of the distribution of residuals as a function of analytical response.

Table 1. Evaluation of repodulonity and reproductomity tests.									
	Repeatability $(n = 3)$			Reproducibility $(n = 3)$					
Concentration (mg/ml)	EC (Mean)	SD	RSD (%)	EC (Mean)	SD	RSD (%)	LC		
0.005	0.0046	3.0×10^{-5}	0.656	0.0048	$3.0 imes 10^{-5}$	0.563	1.331		
0.05	0.0476	1.4×10^{-3}	2.193	0.0476	1.0×10^{-3}	2.141	1.839		
0.1	0.0936	$9.6 imes 10^{-4}$	1.027	0.0933	1.2×10^{-3}	1.307	0.614		

Table 1. Evaluation of repeatability and reproducibility tests.

EC: Experimental concentration (mean), RSD: relative standard deviation (%), SD: standard deviation, and LC: linear correlation.

Solubility analysis

In vitro solubility testing can be correlated with absorption and distribution. It provides information that guides the choice of the best media for dissolution testing, which is essential for *in vitro-in vivo* correlations and pharmaceutical equivalence studies (Baka *et al.*, 2008; Zhou *et al.*, 2007). Solubility studies in media that simulate gastrointestinal fluids, such as FeSSIF, are important for predicting the behavior of pharmaceutical co-crystals *in vivo* (Lipert *et al.*, 2015). The solubility results are described in Figure 10.

GEM and GEM:TCA co-crystal showed higher solubility in basic media (Fig. 10), as GEM is a weak monoprotic acid (pKa = 4.42) and its solubility increases when the pH is higher than its pKa (Holanda *et al.*, 2019b). In all tested conditions, including FeSSIF media, the GEM:TCA co-crystal demonstrated lower solubility than GEM (p = 0.05).

The results presented in Figure 10 confirmed that the co-crystal is less soluble in acidic media when crystalline phase conversion was not observed and more soluble in basic media when a new diffraction pattern corresponding to the anhydrous form of GEM was observed. Therefore, through the solubility method, it can be observed that there is a correlation between the new structures found in the co-crystal, as there was a transition of crystalline phases evidenced in the diffractograms. Thus, it can be affirmed that there is the formation of a new co-crystal.

Some hypotheses describe reasons for the lower solubility of the co-crystal, such as higher lattice energy, lower solvation, and modification in the melting point of the new solid form due to strong hydrogen interactions or even to the recrystallization of the API (conversion to the more stable form) after the maximum dissolution of the co-crystal (Maheshwari *et al.*, 2012; Rajesh Goud *et al.*, 2014). The single crystal can help understand the exact reasons that led the co-crystal to be less soluble than the API and will constitute a research purpose for future studies.

Although cocrystal formation is normally used to improve solubility, it is noteworthy that a highly soluble cocrystal is not always desired (Rocha *et al.*, 2016). There are works published in the literature demonstrating that the advantage of co-crystal for some drugs is the improvement of physical and chemical stability can be a strategy to be used to develop more stable and not necessarily more soluble products (Rocha *et al.*, 2016).

In terms of drug delivery strategy, there are pharmacokinetic models whose main target would not be to focus on immediate and rapid release but rather to delay or prolong the release of the drug (Xuan *et al.*, 2020). A promising strategy could be the use of less soluble cocrystals in delayed or prolonged release formulations without the need to use matrices or polymers with the pharmaceutical function of modulating drug release (Xuan *et al.*, 2020).

Cell viability studies

Caco-2 cells are usually used to determine transcellular drug absorption through *in vitro* permeability assays. The first step in conducting this research is determining what quantities can be utilized safely in the cell viability assay (Liu *et al.*, 2002). The MTT reagent can be used for this purpose since the reduction of MTT to formazan, through NADH, or other reducing molecules,

Table 2. Accuracy and recovery testing.

Theoretical concentration (mg/ml)	Experimental concentration (mg/ml)	SD	Recovery (%)	Recovery (RSD %)
0.005	0.0046	3.0×10^{-5}	91.02	1.13
0.05	0.0476	$1.1 imes 10^{-3}$	93.20	2.54
0.1	0.0915	$5.0 imes 10^{-4}$	91.21	1.00



Figure 7. Chromatogram referring to the GEM elution.



Figure 8. Chromatogram referring to the ATC elution.



Figure 9. Chromatogram referring to the mobile phase elution.

is directly proportional to the number of living cells (Fernandes *et al.*, 2012). In this work, the MTT reagent was used to determine the number of viable Caco-2 cells after exposure to substances GEM-ATC 1:1 (synthesized by the LAG), GEM, and ATC at concentrations of 10, 50, and 100 μ M.

The cell viability assay showed that GEM, TCA, and GEM:TCA co-crystal at concentrations of 10, 50, and 100 μ M



Figure 10. Solubility graph comparing GEM and GEM:TCA co-crystal (a) after 24 hours and (b) after 48 hours in pH 1.2, 4.5, 6.8, and 7.4, (n = 3); (c) GEM and GEM:TCA co-crystal solubility comparison after 24 and 48 hours in FeSSIF media (n = 3); (d) PXRD of remaining GEM:TCA co-crystal powder after solubility assay in solutions buffer 1.2, 4.5, 6.8, and 7.4 and FeSSIF media and GEM:TCA co-crystal before this assay.



Figure 11. Cell viability for Caco-2 cells after 3 hours of exposure to the substances GEM, TCA, and co-crystal GEM:TCA at 10, 50, and 100 μ M and 0.5% DMSO (v/v) (vehicle control). There was no statistical difference (p < 0.05) between the groups.

under the conditions tested did not present a statistical difference (p < 0.05) compared to the control group (Fig. 11). A cytotoxic effect is only considered when the reduction in the number of viable cells is higher than 30% (Fernandes *et al.*, 2012). Therefore, the combination of GEM and TCA is not cytotoxic to Caco-2 cells.

CONCLUSION

The field of solid-state chemistry represents a great strategy for the characterization of the physicochemical properties and the efficiency of the co-crystal compared to pure API. After analyzing the dataset obtained using the techniques of characterization (FITR, DSC, TGA, and PXRD) and comparing them to the reported results by other research groups in the literature, it was concluded that the GEM-ATC system, in an equimolar ratio of 1:1, was able to promote the formation of pharmaceutical cocrystal by the LAG method using ethanol through hydrogen bonds between the carboxylic acid groups between these two acids (GEM and TCA) forming dimers or catemers.

The systematic evaluation of the chromatographic method by the partial validation showed that the analytical method used is linear in the range of concentrations used in this study, precise, selective, and exact, in such a way that could be used to quantify the GEM present in the samples from the solubility test.

When evaluating the solubility and behavior of the GEM-TCA co-crystal, obtained by LAG, in buffered media (pH 1.2, 4.5, 6.8, and 7.4) and biorelevant media FeSSIF, it was possible to conclude that the co-crystallization process was able to decrease the solubility of the GEM.

The lower dissolution of these co-crystals is related to changes in intermolecular interactions, which resulted in a more stable crystalline structure and higher density; however, in terms of drug release, it may be an opportunity to use more stable and less soluble cocrystals for the design of delayed or prolonged release pharmaceutical formulations without the need to use matrices or polymers with a pharmaceutical function to modulate drug release.

The co-crystal did not prove to be cytotoxic to the cells studied, and the cell viability assay in cells Caco-2 revealed that TCA, GEM, and the GEM-TCA cocrystal did not significantly reduce the percentage of viable cells. In this way, the concomitant use of GEM and TCA can be tested in models using these cells in concentrations up to 100 μ M.

The combination of these substances, through cocrystallization, can be pharmacologically favorable, assuming a possible synergistic effect, since GEM has a probable potential to soften the evolution of Alzheimer's disease and that TCA has been shown to be able to reduce β -amyloid plaque (Chandra *et al.*, 2019; Pahan *et al.*, 2002).

ACKNOWLEDGMENTS

The authors wish to thank CNPq (process number 130444/2019-7) and the Extension and Research Support Fund of the University of Campinas (project number 3202/19) for their financial support. They are also grateful to Ms. Loredana Gomes from the Federal University of Piauí and Ms. Rafaella Peixoto from Fluminense Federal University for their contribution to the cell viability studies.

AUTHORS CONTRIBUTION

All authors have contributed significantly to the work presented here, and these authors contributed equally.

CONFLICTS OF INTEREST

The authors declared that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

ETHICAL APPROVALS

This study does not involve experiments on animals or human subjects.

DATA AVAILABILITY

All data generated and analyzed are included in this research article.

PUBLISHER'S NOTE

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How to cite this article:

Silva JRA, Holanda BBC, Silva GTS, Moraes CRP, Barbosa TWL, dos Santos EM, De Paula EV, Dezena RMB, Samsodien H, Rosa PCP. Gemfibrozil-trans-cinnamic acid co-crystal: Synthesis, characterization, *in vitro* solubility, and cell viability studies. J Appl Pharm Sci, 2023; 13(09):018–026.