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In vitro evaluation of Prosopis gum matrix for duodenum-targeted delivery of omeprazole

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ABSTRACT

Prosopis gum (PRG) is a hydrophilic polymer that is obtainable from *Prosopis africana* seed. This research work investigates the use of the gum for duodenum-targeted delivery of omeprazole. Various concentrations of PRG ranging from 5% to 30% were used to formulate omeprazole granules by wet granulation, and the flow properties of the granules were determined. This was followed by compaction of the granules into tablets. The release profiles of the tablets in a pH 1.2 dissolution medium as well as at pH 5.5 were obtained. The formulations were compared with tablets containing 15% hydroxypropyl methylcellulose. Hausner's ratio of the granules was found to range from 1.05 to 1.17, and Carr's index ranged from 5.0% to 14.0%. The crushing strength of the test tablets was found to range from 6.2 to 6.9 kgf. Formulations containing 5%, 10%, and 15% PRG showed extensive drug release at the gastric pH, thus allowing only a minimal amount of the drug to get to the targeted site (duodenum), while those containing 20% and 30% of the gum were able to deliver 76% and 82% of the drug, respectively, at the pH that is equivalent to the duodenal site. This work has shown that PRG (extracted from *P. africana* seeds) used at concentrations of 20–30% is suitable for the formulation of omeprazole tablets to provide a means of targeting the duodenum for the delivery of the drug.

INTRODUCTION

Prosopis africana is a tree of great economic value used for various purposes by the rural dwellers in the Guinea Savanna of Nigeria (Agboola *et al.*, 2004). It is known to contain alkaloids, flavonoids, tannins, and quinones and is useful as an analgesic, anthelminthic, antibiotic, antimalarial, antiemetic, and antiulcer agent (Henciya *et al.*, 2017). The gum obtained from the plant's seeds is a hemicellulose with desirable properties, making it useful as an excipient for pharmaceutical preparations (Olorunsola *et al.*, 2014; Zarafi *et al.*, 2012). The work of Selvi *et al.* (2010) showed that Prosopis gum (PRG) when used as a binder at concentrations of 8% and 10% produced tablets of relatively high crushing strength with drug release over a period of 5 hours.

Peptic ulcer disease is a break in the inner lining of the stomach, the duodenum, or sometimes the lower esophagus (Najm, 2011). It represents a widely prevalent gastrointestinal tract problem with annual incidence ranging from 0.10% to 0.19% (Sung *et al.*, 2009). Duodenal ulcers account for about 80% of peptic ulcers, while gastric ulcers account for less than 20%. Only rarely do peptic ulcers occur outside the stomach and the duodenum (Gale, 2006). The disease is characterized by subsequent manifestation of mucosal damage in the gastric/ duodenal epithelium, which develops as a result of the activity of pepsin and gastric acid.

Omeprazole is a substituted benzimidazole, i.e., 5-methoxy-2-[(4-methoxy-3,5-dimethylpyridin-2-yl) methylsulphonyl]-1H-benzimidazole. It is a potent inhibitor of gastric acid secretion by selectively inhibiting the gastric parietal cell proton pump (Young*et al.*, 2001). It was the first proton pump

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inhibitor to be introduced to the market (Shin and Kim, 2013). This medicinal agent is widely used in the treatment of active duodenal ulcers, active benign gastric ulcers, gastroesophageal reflux disease, erosive esophagitis, Zollinger–Ellison syndrome, and other pathological hypersecretory conditions (Sweetman *et al.*, 2005). It has a greater antisecretory activity than the H₂ antagonists and is now more widely recommended (El-Sayed *et al.*, 2007).

When omeprazole comes in contact with an acidic medium, there is a significant degradation of the drug and the bioavailability is consequently reduced. Hence, various oral formulations such as enteric-coated tablets and capsules (Thomson *et al.*, 1997) have been developed to prevent drug release in the gastric region so as to optimize the oral bioavailability of the drug (Choi *et al.*, 2000). With these, the absorption of a substantial amount of the drug takes place in the small intestine, and this is usually completed within 3–6 hours. Extended release and delayed release of proton pump inhibitors provide longer effective plasma concentrations of this class of drugs (Shin and Kim, 2013). It is, therefore, very beneficial to target the intestine for the delivery of omeprazole.

The duodenum and jejunum possess the greatest surface areas due to the highest concentration of villi and microvilli in these regions. Targeting the duodenum for drug delivery has benefits such as high surface area and short transit time which is less variable than those of the colon. Targeted drug delivery to the duodenum is most easily accomplished by circumventing drug release in the stomach by introducing pH-dependent solubility characteristics to the dosage form in the form of applying an outer enteric polymeric film coat or by dispersing the drug in a matrix with suitable swelling and solubility characteristics. It is, however, more economical to formulate a matrix tablet.

Since PRG used as a binder at concentrations of 8 and 10% produced tablets with drug release over a period of 5 hours (Selvi *et al.*, 2010), formulating omeprazole tablets with relatively high and controlled concentrations of the gum could ensure delaying drug release and targeting the duodenum. In addition, our recent studies (Olorunsola *et al.*, 2021) showed that a polymer could inhibit the gastric degradation of omeprazole. The aim of this research work, therefore, is to evaluate PRG as a matrix former for targeting the duodenum for the delivery of omeprazole.

MATERIALS AND METHODS

Materials

The materials used include omeprazole powder (Thode and Scobel, Hamburg, Germany), hydroxypropyl methylcellulose (E. Merk. Darmstadt, Germany), lactose (Riedel-de Haën AG, Seelze, Hannover), magnesium stearate (BDH Poole, England), talc (BDH Poole England), sodium hydroxide (FSA, Loughborough, England), hydrochloric acid (Qualikems, India), xylene (BDH Poole, England), ethanol (Thode and Scobel, Hamburg, Germany), and potassium dihydrogen phosphate (Guangdong Chemical Reagent Centre, China). PRG was obtained from *P. africana* seeds purchased from Karu Market, Abuja, and authenticated by the taxonomist in the Herbarium Unit of the Department of Biological Sciences, University of Abuja, Abuja, Nigeria. The gum was extracted as described earlier in the previous work of Olorunsola *et al.* (2014).

Omeprazole-prosopis gum compatibility study using Fourier transform infrared (FTIR) spectroscopy

Samples of PRG, omeprazole powder, and a simple Mixture of PRG and omeprazole were separately prepared in potassium bromide disks in a hydrostatic press at 6–8 Ton pressure. The FTIR spectra of the prepared samples were recorded at a scanning range of 500–5,000 cm⁻¹ using a spectrophotometer (model 8400S, Shimadzu Corporation, Kyoto, Japan).

Formulation of omeprazole granules

Wet granulation was selected for the production of the tablets because it is known to produce stronger tablets than direct compression. One hundred tablets per batch were formulated based on the tablet formula in Table 1. The mixtures of omeprazole and lactose were mixed thoroughly before granulation with the addition of the binder [PRG or hydroxypropyl methylcellulose (HPMC)] previously dispersed in 4 ml of 95% ethanol. The wet mass was screened through a 2 mm sieve, and the formed wet granules were air-dried for 6 hours. The granules were further sieved using a 0.5 mm stainless steel sieve.

Characterization of the granules

Bulk density

The bulk volume of a 10 g sample of granules was determined by pouring into a graduated cylinder. The bulk density was calculated as the ratio of the weight to the volume occupied by the granules.

True density

The true density of the granules was determined using the liquid displacement method as described in the work of Olorunsola *et al.* (2021). An empty 25 ml pycnometer was weighed, and the weight was noted as W. It was filled with xylene and then reweighed, the new weight being taken as W_1 . The difference between W_1 and W was calculated as the weight of xylene (W_2). A 0.5 g sample of the granules (W_3) was transferred into the pycnometer, and the excess liquid was wiped off. The final weight of the system was noted as W_4 . The true density D_r (g/cm³) of the granules was calculated as follows:

$$D_{t} = \frac{W_{2}}{25} \times \frac{W_{3}}{(W + W_{2} + W_{3} + W_{4})}$$
(1)

where $W_2/25$ is equivalent to the density of xylene.

Granule porosity

The porosity of each batch of granules was determined using the following equation:

Powder porosity =
$$1 - \frac{\text{Bulk density}}{\text{True density}} \times 100\%$$
 (2)

Compaction

The granules were mixed with the required amount of magnesium stearate and talc (as specified in Table 1). The mixture was compressed at a compaction pressure of 30 KN using a singlepunch (12.5 mm diameter) automatic tableting machine (Model D63150, ERWEKA, Germany).

Quality Assessment of Tablets

Tensile strength

Five tablets were selected randomly from each batch, and their individual diameter and thickness were determined using a micrometer screw gauge. Each tablet was placed diametrically between the jaws of the Monsanto hardness tester, and the force needed to just crush the tablet was noted. The tensile strength was calculated using the following equation (Odeku *et al.*, 2005):

$$T = \frac{2F}{\pi dt}$$
(3)

where T is the tensile strength, F is the crushing force, d is the diameter, and t is the thickness of the tablet.

Friability

Friability was determined using a plastic chamber that revolves at a speed of 25 rpm, dropping the tablets at a distance of 6''' in each revolution. A sample of 10 preweighed tablets from each batch was dusted and placed in a Roche friability tester (Kumar Mfg. Ltd., India) and allowed to rotate for 4 minutes. The tablets were then removed, dusted, and weighed again. The friability of the tablet was calculated as percentage weight loss.

Tablet porosity

Five tablets were selected randomly from each batch, and their individual diameter and thickness were determined using a micrometer screw gauge. The tablet porosity was calculated using the following equation:

tablet porosity (
$$\varepsilon$$
) = $1 - \frac{m}{e_{\tau}\pi r^2 h} \times 100\%$ (4)

where *m* is the tablet's weight, e_t is the particle density of the granules, *r* is the tablet's radius, and *h* is the thickness.

Drug release studies

Dissolution test

In vitro drug release studies of the six prepared formulations of the tablets were conducted for a period of 60 minutes using a six-station USP basket-type apparatus (UNIMACH RCZ-6C3, China). A tablet from each batch was placed in a wire mesh basket suspended in a 900 ml pH 1.2 dissolution medium maintained at the temperature of $37 \pm 1^{\circ}$ C. The basket was rotated at a speed of 50 rpm, and the experiment was allowed for 60 minutes. Aliquots (10 ml) were withdrawn from each batch at 20 minutes intervals and filtered through Whatman filter paper No. 2. An equal volume of fresh dissolution medium.

At time 60 minutes, the pH of the medium was raised to 5.5 using 1 N sodium hydroxide. Sample withdrawal with replacement was continued at 30 minute intervals over a period of 4 hhours. The absorbance of the filtered samples was determined at 302 nm using a spectrophotometer (Labomed Inc., USA). A graph of percentage drug release in the medium was plotted against time.

Determination of the release models

The drug release data were fitted into different models, zero order, first order, and Higuchi, to determine the kinetics of drug release and fitted into a Korsmeyer–Peppas model in order to determine the mechanism of drug release (Bangale *et al.*, 2019; Varshosaz *et al.*, 2006). For the zero-order kinetic model, cumulative% drug released was plotted against time, for the first-order kinetic model, log cumulative% drug remaining was plotted against time, for Higuchi's model, cumulative% drug released was plotted against the square root of time, while for the Korsmeyer–Peppas model, log cumulative% drug released was plotted against log time.

Data analysis

Data obtained from the characterization of the granules and tablets were expressed as mean \pm standard deviation. The statistical analysis was done using the one-way analysis of variance, followed by the Tukey–Kramer multiple comparison test using GraphPad Instat3 software. *p*-value < 0.05 was taken as being significant. Regression coefficients and diffusion exponent were determined from the various release models to establish the release characteristics of the formulations.

	Batches					
Ingredients	B1	B2	B3	B4	B5	B6
Omeprazole (%)	5	5	5	5	5	5
Lactose (%)	88	83	78	73	63	78
PRG binder (%)	5	10	15	20	30	_
Hydroxypropyl methylcellulose (%)	_	_	_	_	_	15
Magnesium stearate (%)	0.5	0.5	0.5	0.5	0.5	0.5
Talc (%)	1.5	1.5	1.5	1.5	1.5	1.5
Tablet weight (mg)	400	400	400	400	400	400

 Table 1. Tablet formula.





Figure 1. Fourier transform infrared spectra of (a) PRG (b) Omeprazole and (c) PRG + Omeprazole.

RESULTS AND DISCUSSION

FTIR spectra

The FTIR spectra of PRG, omeprazole and PRG+ omeprazole are shown in Figure 1. In the spectrum of PRG, the peak at 1,006.4 cm⁻¹ could be attributed to the bending vibration of C-H in the cyclic hydrocarbon; the peak at 3,358.3 cm⁻¹ could be

attributed to the O-H bending vibration, while that at $1,416.4 \text{ cm}^{-1}$ could be assigned to the C-O bending vibration (Coutts, 2008).

The prominent peaks of omeprazole at 987.7 and 1,051.1 cm^{-1} could be assigned to the C-C stretching vibration. The absorption peaks at 3,317.3 and 3,380.7 cm^{-1} could be assigned to the O-H bending and N-H stretching vibrations (Coutts, 2008), showing omeprazole as a benzimidazole.

Batch	Bulk density (g/ml)	True density (g/ml)	Granule porosity (%)
B1	0.66 ± 0.04	1.23 ± 0.01	46.3
B2	0.66 ± 0.04	1.26 ± 0.01	47.6
В3	0.63 ± 0.03	1.23 ± 0.01	48.8
B4	0.61 ± 0.02	1.23 ± 0.01	50.4
В5	0.60 ± 0.03	1.26 ± 0.01	52.4
B6	0.60 ± 0.04	1.26 ± 0.01	52.4

Table 2. Micromeritic properties of the omeprazole granules.

Batch code	Tensile strength (MN/m ²)	Friability(%)	Tablet porosity(%)
B1	1.19 ± 0.17	1.7	27.0 ± 0.10
B2	1.24 ± 0.02	1.6	26.5 ± 0.80
В3	1.30 ± 0.19	1.5	26.0 ± 0.90
B4	1.30 ± 0.19	1.4	25.0 ± 0.90
В5	1.40 ± 0.08	1.4	24.0 ± 0.70
В6	0.69 ± 0.10	1.5	24.0 ± 0.20

Table 3. Physical properties of tablets.

The FTIR spectra of omeprazole and PRG + omeprazole are almost similar. All the major peaks observed in the FTIR spectrum of pure omeprazole were also seen in the FTIR spectrum of PRG + omeprazole. However, there were slight changes in the location of these peaks.

Characteristics of the granules

The results of the micromeritic properties of the granules which were studied are presented in Table 2. The bulk density ranged from 0.60 to 0.66 g/ml, and the values were not significantly different. In the same manner, the true density of the granules ranged from 1.23 to 1.26 g/ml showing no significant difference. The porosity of the granules, however, increased with the increase in the concentration of the binder.

There was a significant difference between the bulk density and the true density of the granules. Since the bulk density takes into consideration the bulk volume while the true density only considers the volume occupied by the particles, the granules are generally characterized by high porosity as shown in Table 2. The increase in the porosity with the increase in the concentration of PRG can be attributed to the low density of this polymer. This observation is also consistent with the formation of larger granules as the concentration of the polymer increases leading to larger voids in between larger granules (Stanifort, 2002).

Physicomechanical properties of the tablets

Some physical and mechanical properties of the tablets are shown in Table 3. The tensile strengths of tablets containing PRG increased with the increase in the concentration of the gum used as a binder, and their values are significantly higher than those of the tablets containing hydroxypropyl methylcellulose. The friability of the formulations was in the range of 1.4% and 1.7%, and the porosity decreased with the increase in the concentration of PRG.

Higher concentrations of the polymer ensured higher tensile strength of the tablets. This is in agreement with the previously published works (Odeku *et al.*, 2005; Olorunsola *et al.*, 2017). Since a high tensile strength is required for a tablet

to withstand the mechanical shocks during tablet manufacturing, packaging, and transportation, higher concentrations of the polymer will ensure better physical stability of the tablets. Tablet hardness affects parameters such as disintegration and dissolution of tablets (Quereshi *et al.*, 2014). Since the purpose of the formulation is to design a drug product with drug release outside the stomach, a moderately high tensile strength will not have a negative impact on drug delivery.

There was an observed decrease in tablet friability as the concentration of the binder was increased which of course was due to the increasing binding strength of PRG. The friability values of all the formulations are outside the acceptable limit of less than or equal to 1%. Friability is a measure of the resistance of a tablet formulation to abrasion. It thus implies that even though the tablets have sufficient strength to withstand mechanical shock, the resistance to abrasion is not adequate. Since the tablets failed the friability test, it is necessary to modify the tablet composition and/or modify the compression parameters for the formulation to be considered for scale-up. The modification can be in the form of incorporation of an additional binder such as polyvinylpyrrolidone of high molecular weight or compaction at a higher pressure above the 30 KN used in the study.

There was approximately 50% decrease in the porosity as the granules were compressed to form tablets for all the batches. This is due to change in the volume occupied by the granules as they were compressed. Furthermore, tablets containing higher amounts of the binder were characterized by lower porosity because of better compaction.

In vitro dissolution

The dissolution profiles of the tablets are shown in Figure 2. Batch 1 which contains 5% PRG as binder was found to be the fastest to dissolve, with about 42% of the drug released in the simulated gastric fluid (pH 1.2) medium within an hour. This was followed by Batch 2 containing 10% PRG from which the amount of drug release within 1 hour was 34%. Batch 3 (containing 15% PRG) and Batch 6 (control) had an approximately equal amount of drug release of about 30% within 1 hour. The gastric residence time



Figure 2. Percentage drug release versus time (Batch 1 = 5% PRG, Batch 2 = 10% PRG, Batch 3 = 15% PRG, Batch 4 = 20% PRG, Batch 5 = 30% PRG, and Batch 6 = 15% HPMC).

Table 4. Regression coefficients (R^2) and diffusion exponents (n) of the various batches.

Batch code		R ²				
	Zero order	First order	Higuchi	Korsmeyer–Peppas	(n)	
B1	0.905	0.664	0.962	0.891	0.46	
B2	0.941	0.696	0.960	0.822	0.49	
В3	0.833	0.898	0.946	0.907	0.51	
B4	0.893	0.964	0.975	0.947	0.53	
В5	0.923	0.718	0.945	0.894	0.56	
B6	0.941	0.727	0.969	0.899	0.58	

B1: omeprazole + 5 % PRG; B2: omeprazole + 10 % PRG; B3: omeprazole + 15 % PRG; B4: omeprazole + 20 % PRG; F5: omeprazole + 30 % PRG; F6: omeprazole + 15 % HPMC.

ranges from 5 minutes to 2 hours with the average residence time being 1 hour, while the small intestine transit time ranges from 3 to 4 hours (Ashford, 2018). This is the reason why the dissolution at pH 1.2 was allowed to take place for 1 hour, while that at pH 5.5 was allowed to take place for 4 hours. The rates of drug release at pH 1.2 for Batches 1 and 2 were fast, thereby leaving just about 58% and 66% of the drug, respectively, for release at pH 5.5; thus, the two formulations will not allow the release of a substantial amount of omeprazole at the targeted site (the duodenum).

On the other hand, B4 and B5 had greater levels of duodenum-targeted delivery properties as only 24% and 18% of the drug were released in the pH 1.2 dissolution medium at 1 hour with 76% and 82% of the drug reserved, respectively, for release

in the pH 5.5 dissolution medium. The results showed that the amount of the drug that could reach the target site increased with the increase in the concentration of the binder.

There was a limitation for B5 because the drug was not completely released within 5 hours as at time 5 hours only 60% of the drug had been released. Conversely, there was complete drug release from B4 at time 5 hours. Hence, there was 76% drug release in the pH 5.5 dissolution medium for B4 (which contains 20% PRG) at time 5 hours which corresponds to the time the formulation would be leaving the duodenum. PRG, a hemicellulose, is solubilized at a higher pH above the gastric condition (Olorunsola *et al.*, 2015). This attribute contributes to the duodenum-targeting ability of this polymer which swells at the gastric pH.

Release kinetics and mechanism of release of omeprazole from the tablets

The results of the *in vitro* release kinetics and mechanism of release of omeprazole tablets are presented in Table 4. The regression values for the zero-order, first-order, and Higuchi models for Batch 1 containing 5% of PRG were 0.905, 0.664, and 0.962, respectively. From the result, the Higuchi model showed the highest linearity with a regression value of 0.962; thus, the kinetics of the drug release followed the Higuchi model.

Similarly, the kinetics of drug release for the other five batches (B2, B3, B4, B5, and B6) followed the Higuchi model as the highest regression values were obtained in the Higuchi model for all the batches. Thus, drug release is proportional to the square root of time, indicating that the drug release is diffusion controlled.

The drug release data fitted into the Korsmeyer–Peppas model showed diffusion exponent (n) values of 0.46, 0.49, 0.51, 0.53, 0.56, and 0.58 for B1, B2, B3, B4, B5, and B6, respectively. The diffusion exponent derived from the Korsmeyer–Peppas plot is used for predicting the release mechanism of the formulations. It is often interpreted as Fickian transport (case I) for $n \le 0.45$, non-Fickian or anomalous transport for 0.45 < n < 0.89, case II transport (which often characterizes zero-order kinetics) for n = 0.89, and super case II for n > 0.89 (Bangale *et al.*, 2019; Varshosaz *et al.*, 2006).

All the batches are characterized by non-Fickian transport as their diffusion exponents are within the range 0.45 < n < 0.89. Also, there was an observed increase in the value of the diffusion exponent (*n*) as the polymer concentration increased, showing that the release mechanism shifted in the direction of anomalous transport.

CONCLUSION

Increase in concentration of PRG is characterized by improvement in the mechanical strength of the tablet. The work has shown that the gum, if used as a binder at concentrations of 20–30%, is suitable for targeting the duodenum for the delivery of omeprazole. The drug release from the formulations follows the Higuchi model, and the transport is non-Fickian, an indication of a combination of diffusion and erosion mechanisms. From the *in vitro* studies, the formulation is promising and could be considered for *in vivo* studies in a suitable animal model to assess the *in vivo* performance and bioavailability.

AUTHORS' CONTRIBUTIONS

The conception of the work and its design and the drafting of the manuscript were carried out by Emmanuel O. Olorunsola, while data collection and analysis were done by Precious C. Olisakwe. Mfonobong F. Alozie and Musiliu O. Adedokun were involved in critical revision of the manuscript for the scientific content. All the authors gave final approval of the version of the manuscript being published.

CONFLICTS OF INTEREST

There are no conflicts of interest regarding the publication of this paper.

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ETHICAL APPROVALS

This study does not involve experiments on animals or human subjects.

DATA AVAILABILITY

All data generated and analyzed are included within this research article.

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