

Phytochemical screening and *in silico* pharmacological profiling of ethanolic extract of *Aframomum melegueta* for prostate carcinoma

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ABSTRACT

Prostate remains the most common cancer in men and among the leading causes of cancer-related deaths worldwide. However, incessant resistance by the disease, inadequate effective prevention and treatment strategies, and affordability are major challenges in curtailing its threat. This study is aimed at the identification of potential antiprostata phytochemicals in ethanolic extract of *Aframomum melegueta*, acting through a “one-drug-multiple-target” approach using a network of computational tools. Using glide docking simulations, the inhibitory potentials of the phytoconstituents were evaluated against three receptors relevant to prostate therapy: the human androgen receptor from protein data bank (PDB 5T8E), cyclooxygenase-2 (PDB 4PH9), and cytochrome P450 17A1 (PDB 3RUK). The bioactivity, physicochemical, and toxicological profiles, and mutagenicity of the selected phytochemicals were predicted *in silico* using Prediction of Activity Spectra for Substances online, SwissADME, and VEGA ToxRead tools. From molecular docking, the phytochemicals, caryophyllene, humulene, 5 α -androstan-16-one, [1,3] benzodioxolo[5,6-c]phenanthridine, and d-norandrosterone (5 α ;14 α) possess a good binding affinity for each receptor in similarity with the co-crystallized ligands and mostly in higher terms than the reference drugs. They are strongly predicted as antineoplastic, apoptosis agonists, CYP2J substrates, NADP⁺ inhibitors, and agents for prostate disorder. They demonstrate interesting drug-like profiles with a low expression for toxicity and mutagenicity. The easily accessible phytochemicals are promising potentials, amenable for translational designs into effective antiprostata therapeutics upon further study.

INTRODUCTION

Cancer accounts for the second leading cause of global deaths after cardiovascular disease, especially in developed countries. In 2020, the projection of cancer in the United States stands at 1,806,590 new cases and 606,650 deaths. The prostate is among the four leading cancers, and the others are lung, breast, and colorectal. In a decadal trend (2008–2017), there

exists a significant decline in the death rates associated with other leading cancers except for the prostate (Siegel *et al.*, 2020). Prostate remains the most common cancer infection in males with undetectable signals in females. In 2020, for instance, estimates of 191,930 new and 33,330 death cases are projected in relevance to the prostate in the United States; all are attributed to men (Ikwal *et al.*, 2020; Siegel *et al.*, 2020). Despite the alarming statistics, the incessant resistance by the disease, inadequate effective prevention, treatment strategies, and accessibility remains a major stumbling block in curtailing the disease worldwide while its impact on the healthcare system lasts. Several pharmacological mechanisms across different targets are being adopted in prostate therapy while the search for effective strategy remains imperative.

The modification of the androgen receptor has been identified as an ideal therapeutic strategy toward the control

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of prostate cancer development (Ikwa *et al.*, 2020). Since the pathogenesis of prostate carcinoma includes the damaging of the prostate epithelium which could be triggered by procarcinogenic inflammatory processes, the progression of which may result in the generation of proliferative inflammatory atrophy lesions. Through these important pathomechanisms, the pharmacological responses usually observed include the prevention of cell injury, clearance of necrotic cells, initiation of tissue repair, and other inflammatory processes (Fouzia and Salim, 2019). Thus, bioactive agents with anti-inflammatory and antioxidant potentials with the expression for androgen modification such as spironolactone, progesterone, and flutamide are among the common markers against the development of carcinomas including prostate (Bardia *et al.*, 2009).

The cyclooxygenase (cox) is a multipurpose enzyme that primarily functions in the catalytic conversion of arachidonic acid into prostaglandins (PGs), physiologically active lipids present in human and other animal tissues, performing various hormone-like activities such as the control of blood flow and inflammation. They exist in dual forms as cox-1 and cox-2. While the cox-1 is usually found in tissue, majorly involved in the production of PGs, the cox-2 is physiologically undetectable in most tissues but induced by some homeostatic disorders and its inhibitors mainly the nonsteroidal anti-inflammatory drugs such as ibuprofen and meloxicam are usually applied to control neoplastic syndromes, including oxidative stress and inflammation (Swiatek *et al.*, 2019). Therefore, the inhibitory process against cox-2 constitutes another essential pathology in the prophylaxis and treatment of prostate cancer.

The cytochrome P450 (CYP17A1/17 α hydrogenase) represents an endoplasmic reticulum membrane-bound monooxygenase with vital multifunctional roles in the biosynthesis of several human steroid hormones. Secondly, the onset initiation of prostate carcinoma in males depends greatly on the primary anabolic steroid and sex hormone, testosterone, its metabolite, 5 α -dihydrotestosterone (DHT), and androgens. The 5 α -reductase enzymes aid the conversion of the testosterone to DHT, which then binds to AR to trigger the transcription processes on several genes, supporting the fact that the signaling pathways of androgen play vital roles in the progression of the disease. Thus, the inhibition of CYP17A1 is also identified as an important (androgenic) antiproliferative pathway toward effective prevention and treatment of estrogen- and androgen-dependent prostate carcinoma (Brito *et al.*, 2019; Ai *et al.*, 2019). Abiraterone acetate and finasteride are renowned antiprostata drugs expressing these inhibitory pathways.

However, most of the orthodox medicines effectively applicable to these pathophysiological mechanisms induce incessant resistance by pathogenic targets through single-target pathways and various side effects, and often they are not easily accessible. The application of precision and/or immunotherapy enhances the survival rates in high-income countries, whereas affordability also becomes a major challenge in low-income counterparts, which makes the prevention and treatment strategies remain inadequate (Nagai and Kim, 2017). These phenomena make imperative the continuous search for alternative candidates with global accessibility, enhanced pharmacological potentials for prostate carcinoma and lesser aftereffect.

Multitarget therapeutic approaches are oftentimes employed to mitigate the redundant cellular pathways, development of pathogenic defense, and compensatory mechanisms usually in association with single-target treatment. The strategy has become attractive to basic and clinical scientists in tackling some complex diseases such as thrombotic and psychiatric disorders, inflammation, and cancers. Other advantages of this modern pharmacological innovation include the additive and synergistic effects to overcome resistance (Ayipo *et al.*, 2021; Skok *et al.*, 2020). Although combination therapy is usually applied in orthodox medicines to achieve this promising aim, it poses the risks of cumulative side effects. Thus, single-therapeutic candidates with enhanced potential for this important strategy especially from vast and safer natural resources could offer a breakthrough against incessant drug-resistant cancers such as prostate carcinomas through a “one-drug-multiple-target” approach.

The medicinal plant *Aframomum melegueta* has been reported with interesting pharmacological potentials against inflammation, nociception, Alzheimer disease, Parkinson's disease, and some other complex disorders which threaten global healthcare, with constituents mostly studied *via* single-treatment mechanisms (Dzoyem *et al.*, 2017; Umukoro and Aladeokin, 2011). Few *in vivo* studies have also proposed the physiological expression of its extracts for prostate dysfunction and influence on cytochrome P4501b1 in animal models (Adefegha *et al.*, 2017; Akpanabiatu *et al.*, 2013; Biobaku *et al.*, 2020). However, the pharmacology–target relationships for these activities are inadequately reported, especially the propensity of its phytochemicals for a “one-drug-multiple-target” therapeutic potentials for prostate carcinoma.

More so, the application of *in silico* computational models offers a cheap, environmentally friendly, and fast evaluation of potential drug-like candidates to develop good confidence required further translational study. Notably among the tools are molecular ligand–receptor docking simulations, predictions of bioactivity, physicochemical, pharmacodynamics, pharmacokinetics, and toxicological parameters including absorption, distribution, metabolism, excretion, and toxicity (ADMET). The structure–activity relationship (SAR) of >250,000 bioactive compounds forms building predicting parameters of the Prediction of Activity Spectra for Substances (PASS) online server-based computational tools applicable to drug candidates, lead-likeness study, and toxicological profiling. The accuracy of the prediction expressed in terms of leave-one-out cross-validation is reported to be >95% with over 4,000 biological activities including mechanisms of action, pharmacological effects, interactions with metabolic enzymes, gene expression, and toxicological and adverse effects. The developmental application of the network of these computational tools is becoming essential in the field of medicinal and pharmaceutical sciences and is documented with many success stories (Filimonov and Poroikov, 2009; Poroikov *et al.*, 2019).

Thus, this study is aimed at the *in silico* profiling of phytochemicals in the ethanolic extract of *A. melegueta* as potential multimechanistic antiprostata therapeutic candidates using computational tools of molecular docking, bioactivity, ADMET, and mutagenicity predictions.

MATERIALS AND METHODS

Collection and authentication of plant part

Dried *A. melegueta* seeds were collected from herbs seller in Ilorin metropolis. The seeds were identified and authenticated at the Herbarium Unit of the Department of Plant Biology, University of Ilorin, Nigeria, and a voucher number UILH/001/2019/1166 was assigned and deposited at the University Herbarium. The seeds were ground into a powder and stored in airtight containers at 4°C for further use.

Extract preparation

The powdered seeds of *A. melegueta* were subjected to ethanol extraction adopting the existing protocols (Abubakar and Haque, 2020). Exactly 100 g of the powdered *A. melegueta* seeds was placed in a stoppered container and 500 ml absolute ethanol was poured to completely cover the sample material. The concoction was kept at room temperature for 3 days under periodical stirring for homogeneity and optimum yield. At the end of the extraction, the filtrate was decanted using Whatman No. 1 filter paper (125 mm) and then concentrated using a rotary evaporator. The dried extract was stored in a desiccator until needed where it was dissolved in an appropriate volume of solvents to make every desired concentration.

Phytochemical screening

Phytochemical screening was carried out to identify the secondary metabolites present in the ethanolic extract of *A. melegueta* seeds according to documented literature through qualitative tests: Dragendorff's, ferric chloride, Benedict's, modified Bontrager, lead acetate, foam and Libermann Burchard for alkaloids, flavonoids, and tannins, reducing sugars, glycosides, phenols, saponins, and steroids and terpenoids, respectively (Harborne, 1984; Trease and Evans, 2009).

Gas chromatography-mass spectroscopy (GC-MS) analysis

GC-MS analysis was carried out using a GC-MS (model: QP 2010SE, Shimadzu, Tokyo, Japan). The sample for GC-MS was prepared by dissolving 3 g of the extract powder in an aqueous solvent. To analyze the sample, the column oven temperature and the injector temperature were set at 60°C and 250°C, respectively. The flow control mode was maintained in linear velocity with a split injection mode split ratio of 1:1. The column flow was 3.22 ml/minute with a helium carrier gas of 99.99% purity. The temperature was set at 60°C with 1-minute hold time, 120°C with 2 minutes hold time by the rate of 15, and then 300°C with 3 minutes hold time by the rate of 15. The column at 5 minutes was used with a length of 30 mm and a diameter of 0.25 mm and its film thickness was 0.25 µm. The ion source temperature for MS condition was 200°C and interface temperature was 240°C. The starting *m/z* (mass to charge) ratio was 45 and the ending *m/z* ratio was 700 (45–700 *m/z*).

Ligand preparation

The SMILE formats of the detected phytochemicals were derived using ChemDraw 19.1 suite and imported into the workspace of Maestro 12.12 (LigPrep, Schrödinger, LCC, New York, NY, 2019). They were prepared by energy minimization, the

addition of hydrogen, and conversion of 2D–3D structures. The geometry and partial atomic charges of the 2D and 3D molecular structures were calculated using Optimized Potentials for Liquid Simulations (OPLS-3e) force field (Harder *et al.*, 2016) and the minimized ligands are saved in standard database format into the LigPrep.out folder.

Protein preparation and receptor grid generation

The 3D crystallographic structures of the human androgen receptor synthesized in complex with 2-chloro-4-[(2S,3S)-3-hydroxy-2-methylpyrrolidin-1-yl]-3-methylbenzonitrile (77U) with an X-ray resolution of 2.71 Å protein data bank (PDB 5T8E), cox-2 in complex with ibuprofen and X-ray resolution of 1.81 Å protein data bank (PDB 4PH9), and human cytochrome P450 (CYP) 17A1 in complex with abiraterone and X-ray resolution of 2.60 Å (PDB 3RUK) were retrieved from the Research Collaboratory for Structural Bioinformatics Protein Data Bank (RCSB PDB). The protein receptor targets were preprocessed, optimized, and refined by depleting water and covalently linked molecules, moderating the bond order, and removing other chains using Protein Preparation Wizard (Madhavi Sastry *et al.*, 2013). Then the assignment of charges and protonation state was followed by energy minimization using the OPLS-3e force field available in Maestro 12.2 (Harder *et al.*, 2016). The active site x, y, and z coordinates of their respective centroid co-crystallized ligands were used to generate docking grid boxes saved in gridbox.zip files.

Molecular docking

The ligand–receptor docking simulations were carried out to estimate the theoretical interaction of the prepared screened phytochemicals including the positive controls against the residues within the generated grid boxes of the protein receptor targets using Maestro 12.2 Glide (Halgren *et al.*, 2004). The docking functions were used to virtually evaluate the interactions between the phytochemicals and amino acids in the active sites of the receptor based on the binding energy, docking score, glide standard precision score, and binding poses. The phytochemicals in complex with the receptors, having good scoring functions in comparison with the co-crystallized ligands, and the references were selected for further studies.

PASS bioactivity prediction

To further assess the proposed multitarget antiprostata mechanisms, the bioactivity of the selected phytochemicals was predicted using online PASS (<http://www.pharmaexpert.ru/passonline/index.php>) by input strings of SMILE formats of the selected phytochemicals. The numerically predicted results were in pa/pi representing probability to be active/inactive, respectively, in a SAR with the mechanisms of action and enzymatic pathways such as antineoplastic, apoptosis agonist, CYP2J substrate, testosterone 17β-dehydrogenase (NADP+) inhibitor, prostate disorder treatment, and anti-inflammation. Renowned antiprostata drugs, abiraterone and bicalutamide, were used as references.

ADMET pharmacokinetics and toxicological predictions

The physicochemical, pharmacokinetics, and toxicological parameters of the selected phytochemicals were

predicted using ADMET server (<http://www.swissadme.ch/index.php>) (Daina *et al.*, 2017). The server-based tools provide key information such as lipophilicity, molecular weight, flexibility, solubility, polarity, topological polar surface area (TPSA), and the number of hydrogen bond acceptors/donors to probe the ideal of the selected phytochemicals for applicability within a biological system.

Drug-likeness prediction

The drug-likeness profile of each selected phytochemical was predicted as an additional screening protocol using the web-server SwissADME. The properties such as blood–brain barrier (BBB), human gastrointestinal (GI) absorption, p-glycoprotein (pg) substrate, inhibitory activity against important cytochromes were also probed using BDDCS, the rule of 5 and drugability (Benet *et al.*, 2016).

Mutagenicity

To further estimate the toxicological indices of the selected phytochemicals, mutagenicity was predicted for each of them using the modeled read-across SAR available in VEGA ToxRead 0.23Beta java-based software. The similarity and fragment search from the series of compounds with known properties were used to predict the mutagenicity of the selected phytochemicals using the strings of their SMILE formats. The accuracy and reproducibility of the results are in strong agreement with the Ames *in vitro* experiments (Gini *et al.*, 2014), validating the applicability of the tool.

RESULTS AND DISCUSSION

Extraction

The aqueous and ethanol extract elicited varying solubility capacities of plant phytochemicals. The aqueous extract of *A. melegueta* seeds has a lower yield (6.05%) of soluble phytochemicals compared to ethanol extract yield (6.16%) (Table 1). Despite being unexpectedly insignificant, the variation in the yield could be traced to the solubility property of the phytochemicals in water and ethanol since solvents are believed to dissolve more solutes of similar polarity. Thus, the phytochemicals seem more soluble in less polar ethanol than water possibly due to their organic nature. Thus, the ethanolic extract was therefore adopted for further study.

Phytochemical screening

The phytochemical screening results (Table 2) reveal that the aqueous and ethanolic extracts of *A. melegueta* seeds containing alkaloids, flavonoids, glycosides, phenols, saponins, steroids, tannins, and terpenoids. Alkaloid, flavonoid, phenol, saponin, and tannin were found to be more in the ethanol extract than aqueous extract, glycosides, steroids, and terpenoids which were detected in trace amount in both extracts, while reducing

sugar and volatile oils was only shown to be present in ethanolic extract. Interestingly, some previous studies have also reported the presence of phytochemicals in the plant (Emeribe, 2018; Toh *et al.*, 2019), supporting the results obtained.

GC-MS analysis

The phytochemical composition of the ethanolic extract of *A. melegueta* seeds detected using the GC-MS method of analysis is shown in Figure 1. From the results, 44 stable, nonfragmented compounds were detected in the ethanolic extract of the seeds. These compounds account for various properties of the plant seed extract and also provide some biochemical evidence for its ethnopharmacological use in the management of some diseases, especially the compounds 16, 17, 18, and 44. Compound 16 otherwise known as 17 is a volatile bicyclic sesquiterpene lactone derivative that is abundantly present in the essential oils of many dietary and edible plants. Supportively, some of the detected phytochemicals have been documented to be present in *A. melegueta* (Agim *et al.*, 2017; Hassan *et al.*, 2019), although isolation and more robust characterization are required to further confirm the compounds in a future study. Detailed result spectra are presented in Supplementary File 1.

Receptor grid boxes

The grid box surfaces of the active sites are presented as 3D solid mesh within the ribbon structures of the selected receptors (Fig. 2). The phytochemicals were docked within a length of 20 Å in the respective active surfaces occupied by the co-crystallized ligands. The x, y, and z coordinates of the sites generated by picking the centroid of the co-crystallized ligands are 26.62, 2.59, and 4.14 Å; 13.01, 23.49, and 25.26 Å of chain A; and -6.44, 9.30, and 62.09 Å of chain A for PDB 5T8E, PDB 4PH9, and PDB 3RUK, respectively.

Molecular docking

The result (Table 3) contains the molecular docking scores of the prepared respective phytochemicals detected in the ethanolic extract of *A. melegueta* in complex with the crystal structure of the human androgen receptor in complex with 77U (PDB 5T8E). The molecular docking procedure was validated by re-docking a co-crystallized ligand within the active pocket of the receptor, the complex of which gives Root mean square deviation (RMSD) of

Table 2. Qualitative phytochemical analysis of aqueous and ethanol extracts of *A. melegueta* seeds.

Chemical component	Aqueous extract	Ethanolic extract
Alkaloids	+	++
Flavonoid	+	++
Glycosides	+	+
Phenol	+	++
Reducing sugar	-	+
Saponin	+	++
Steroids	+	+
Tannin	+	++
Terpenoids	+	+
Volatile oil	-	+

Note: slightly present (+), moderately present (++), and absent (-).

Table 1. Weight and percentage yield of aqueous and ethanol extracts of ethanolic extract of *A. melegueta* seeds.

Extraction medium	Weight of extract (g)	% yield
Aqueous	30.24	6.05
Ethanolic	30.80	6.16

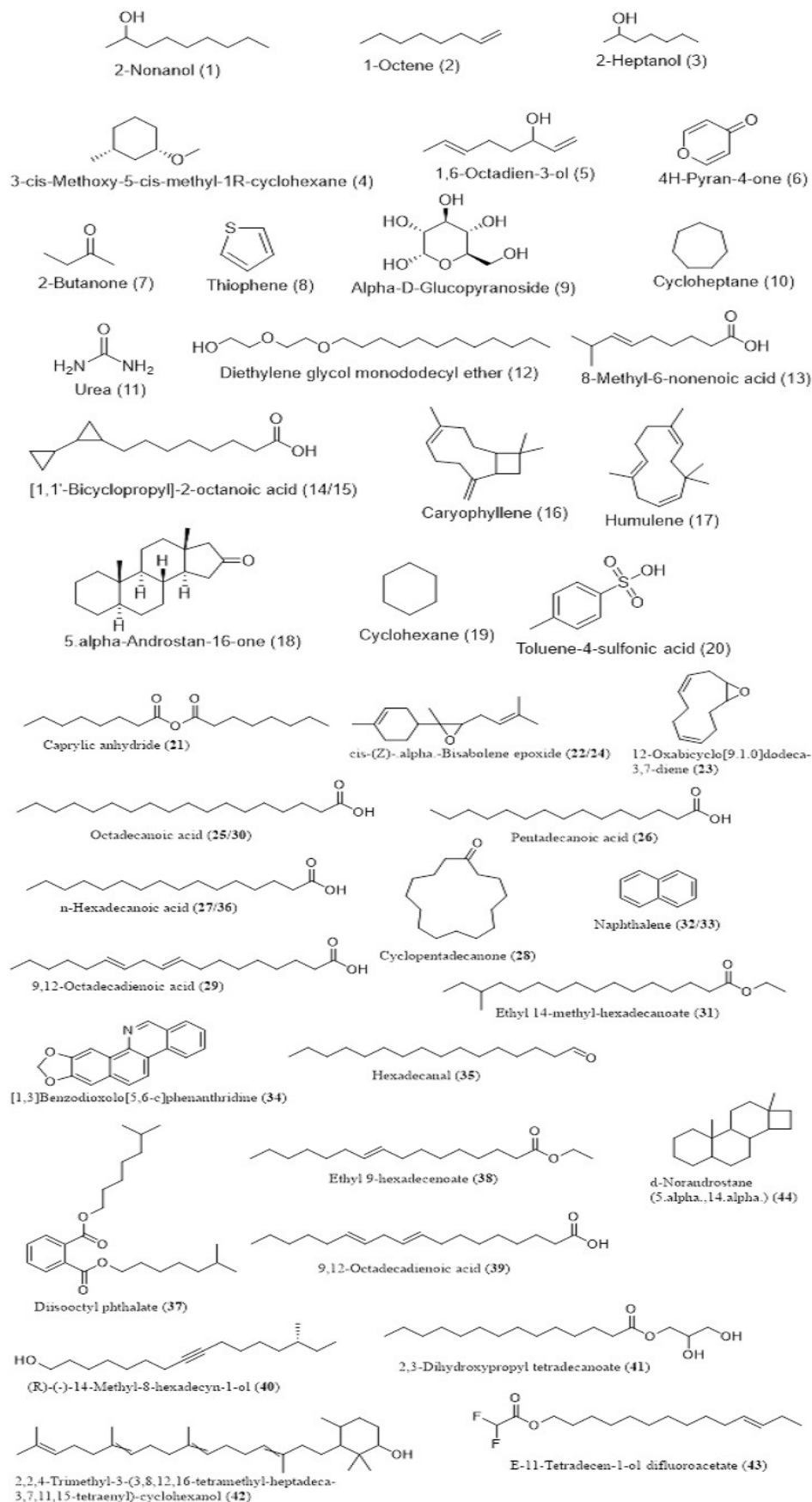


Figure 1. Chemical structures of the phytochemicals detected in the ethanolic extract of *A. melegueta* using GC-MS.

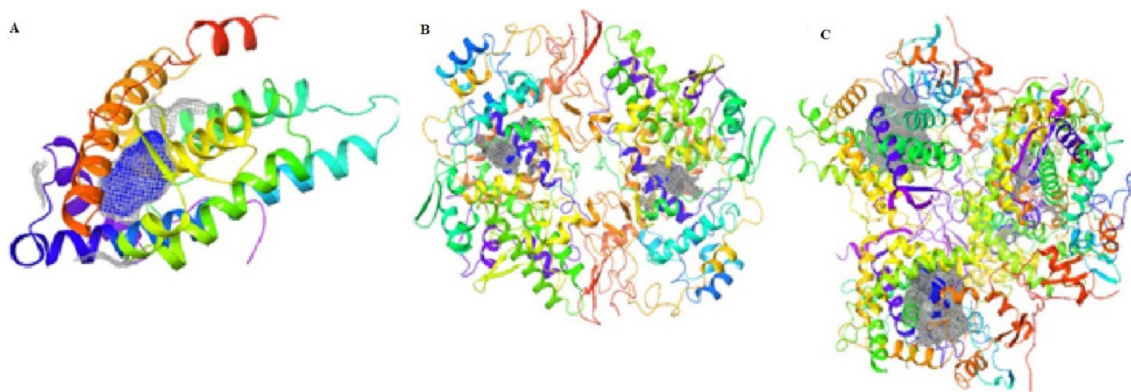


Figure 2. Surfaces of the active binding sites of the selected receptors in solid meshes. (A) PDB 5T8E; (B) PDB 4PH9; and (C) PDB 3RUK.

0.073 Å in comparison with the retrieved crystal complex from RCSB PDB. Other ligands are mostly docked within the RMSD range of 0.196–2.000 Å, while only a few are within 2.000–3.991 Å, validating the protocol as good (Castro-Alvarez *et al.*, 2017; Ramírez and Caballero, 2018). The interactive potentials of the phytochemicals are demonstrated in order of increasing docking scores and comparison with co-crystallized ligand (77U) and standard drugs. The higher the negative value, the stronger the binding interaction. As expected, the co-crystallized ligand, 77U, interacted most strongly with the receptor as shown by the lowest docking score. However, six phytochemicals, **16**, **17**, **23**, **28**, **34**, and **44**, also display strong binding to the active site of the receptor in strong competition with the co-crystallized ligand and higher terms than flutamide, a nonsteroidal antiandrogen drug primarily applied to treat prostate cancer. This signals a higher agonistic propensity of the phytochemicals for the human androgen receptor than the orthodox drug. From the binding poses of the ligand–receptor complexes (Fig. 3), it could be observed that the selected phytochemicals occupy similar volumes and subcavities of the active binding pocket of the receptor in comparison with the reference drugs. Again, most of the selected phytochemicals and the reference drug interacted with the amino acids within the active cavities of the receptor through nonbonding van der Waals forces, accounting for their high binding affinity (Ikwa *et al.*, 2020). Additionally, the reference drug, flutamide, whose docking score is -7.691 kcal/mol interacted with Phe 764 through $\pi - \pi$ stacking using its aromatic group, while compound **34** with -8.787 kcal/mol exhibited the same interactions twice through its extended aromatic π -system within bond lengths of 2.13 and 2.40 Å, respectively. The phytochemicals mostly possess ≤ 7 number of rotatable bonds, indicating their ideal flexibility for biological conformity (Khanna and Ranganathan, 2009). Since testosterone, DHT, and androgens play important roles in the onset of prostate carcinoma development, the inhibition of the androgenic pathway has been implicated in effective prevention and treatment of prostate carcinoma and other related prostate disorders (Brito *et al.*, 2019). Therefore, with these interesting potentials, the ethanolic extract of *A. melegueta* could synergistically modulate the androgen receptor in stronger terms than some currently available orthodox medicines, representing model candidates of complementary and traditional medicine. Individually, the selected phytochemicals, **16**, **17**, **23**, **28**, **34**, and **44**, were further studied for wider pharmacological and toxicological profiles.

The inhibitory potentials of the phytochemicals were further demonstrated against an anti-inflammatory enzyme target, cyclooxygenase-2 (cox-2) as presented (Table 4). The phytochemicals were docked within the active pocket of the crystal structure of the receptor (PDB 4PH9) in complex with a strong nonsteroidal anti-inflammatory drug, ibuprofen. The docking protocol was proved valid by the RMSD values which are mostly ≤ 2 Å; only a few are outside the range. From the ligand interactions of the crystal structure profiles as retrieved from the RCSB PDB, ibuprofen exhibited H-bonding interactions through the carboxyl group with Arg 120 and Tyr 355. These amino acid residues are shown in the binding poses (Fig. 4) as Arg 121 and Tyr 355 with similar interactions to further validate the docking procedure in the study. The drug also displays strong nonbonding interactions with other amino acid residues such as Val 350, Ser 354, and Met 523 in the α -helix region and Leu 385 and Trp 388 reportedly occupying the β -helix sheet of the receptor active cavity (Bittencourt *et al.*, 2019). The phytochemicals under focus exhibit similar interactions to ibuprofen and the second nonsteroidal anti-inflammatory drug reference, meloxicam. From another report, the active amino acid residues Tyr 385 and Ser 530 form important interactions with ibuprofen in subpocket A, Arg 120 in B, and Val 523 and Ser 353 in D (Fouzia and Salim, 2019). Similar interactions are also observed with the phytochemicals here within the same subpockets but slight flip in residue numbers as Tyr 386, Ser 531, Arg 121, Val 524, and Ser 354, respectively. These favor similar potential biosystemic interactions and functionality between the selected phytochemicals and the reference drugs. Interestingly, phytochemicals **18** and **44** demonstrate stronger inhibitory potentials against the cox-2 than a renowned nonsteroidal anti-inflammatory cox-2 inhibitor, ibuprofen, as indicated by higher docking scores. Others such as **16**, **22**, and **34** also compete favorably with the co-crystallized ibuprofen. These indicate a more promising anti-inflammatory potentials of the phytochemicals compared to ibuprofen and meloxicam. Most of the phytochemicals possess number of rotatable bonds < 10 , supporting a good flexibility ideal for biological systems, and thus deserve further study.

The inhibitory potentials of the screened phytochemicals against the androgenic pathways implicated in prostate carcinoma initiation were further evaluated against the crystal structure of the human cytochrome P450 (PDB 3RUK) in complex with a renowned antiprostata, abiraterone. The molecular docking

Table 3. Molecular docking interaction of phytoconstituents against the human androgen receptor (PDB 5T8E).

Title	Glide rotatable bonds	Docking score(kcal/mol)	Glide gscore(kcal/mol)	Glide energy(kcal/mol)	RMSD(Å)
77U	3	-10.698	-10.698	-45.545	0.073
34	0	-8.787	-8.787	-31.031	0.196
16	0	-8.446	-8.446	-22.601	0.627
44	0	-8.262	-8.262	-14.696	2.603
17	0	-8.212	-8.212	-25.943	1.669
23	0	-8.006	-8.006	-27.901	0.526
28	0	-7.969	-7.969	-24.929	3.584
Flutamide	5	-7.691	-7.691	-35.192	2.063
32	0	-7.516	-7.516	-23.717	3.991
33	0	-7.516	-7.516	-23.717	3.991
22	3	-7.257	-7.257	-24.608	0.429
24	3	-7.257	-7.257	-24.608	0.429
20	1	-7.228	-7.228	-25.171	3.049
04	1	-6.247	-6.247	-18.765	0.66
09	6	-6.142	-6.142	-30.653	2.092
10	0	-5.931	-5.931	-17.703	2.193
06	0	-5.785	-5.785	-19.983	2.165
19	0	-5.441	-5.441	-15.833	2.508
08	0	-5.248	-5.248	-16.012	2.144
13	6	-5.234	-5.237	-24.525	2.002
11	0	-4.568	-4.568	-15.834	2.305
01	7	-4.157	-4.157	-24.816	0.752
41	18	-4.033	-4.033	-20.433	2.863
03	5	-3.927	-3.927	-20.191	2.354
05	5	-3.708	-3.708	-24.461	0.349
14	9	-3.678	-3.682	-28.862	0.535
15	9	-3.678	-3.682	-28.862	0.535
29	14	-2.605	-2.609	-20.516	1.573
39	14	-2.605	-2.609	-20.516	1.573
07	1	-2.531	-2.531	-15.63	1.517
02	5	-2.26	-2.26	-19.532	1.645
21	14	-2.019	-2.019	-21.433	0.547
27	14	-1.757	-1.761	-29.387	2.72
36	14	-1.757	-1.761	-29.387	2.72
43	14	-1.209	-1.209	-8.793	0.56
40	14	-1.012	-1.012	-21.997	1.226
26	13	-0.758	-0.762	-21.232	1.197

simulation was validated well with the RMSD scores mostly in the range of 0–3 Å; only a few are higher. From the docking results (Table 5), the co-crystallized abiraterone and reference drug bicalutamide show binding scores of -9.297 and -7.141, respectively. The most interacted phytochemical, **42**, shows a close score of -8.524 while the compounds **18**, **34**, and **44** display -7.659, -7.179, and -7.722, respectively. The values are consistent with the glide energy scores in kcal/mol, with both representing binding affinity. The amino acid residues Phe 114, Ile 206, Leu 209, Arg 239, Gly 301, Ala 302, Glu 305, Ile 371, and Val 483 reportedly constitute the active site of the receptor essentially for hydrophobic interactions (Ai *et al.*, 2019). From the binding

poses of the ligand–receptor complex conformations (Fig. 5), the reference drug, abiraterone, interacted by H-bonding with Asn 202 through its OH group while similar bonding interaction is observed in bicalutamide to Asp 298. Both the references and selected phytochemicals mostly exhibit nonbonding interactions with the reported amino acid residues within the active pocket of the receptor in similar modes. These indicate potential similarity in bioactivities of the selected phytochemicals about abiraterone and a higher propensity compared to bicalutamide.

The cumulative results from the docking simulations support the potentials of the selected phytochemicals **16**, **17**, **18**, **34**, and **44** to act in a “one-drug-multiple-target” approach,

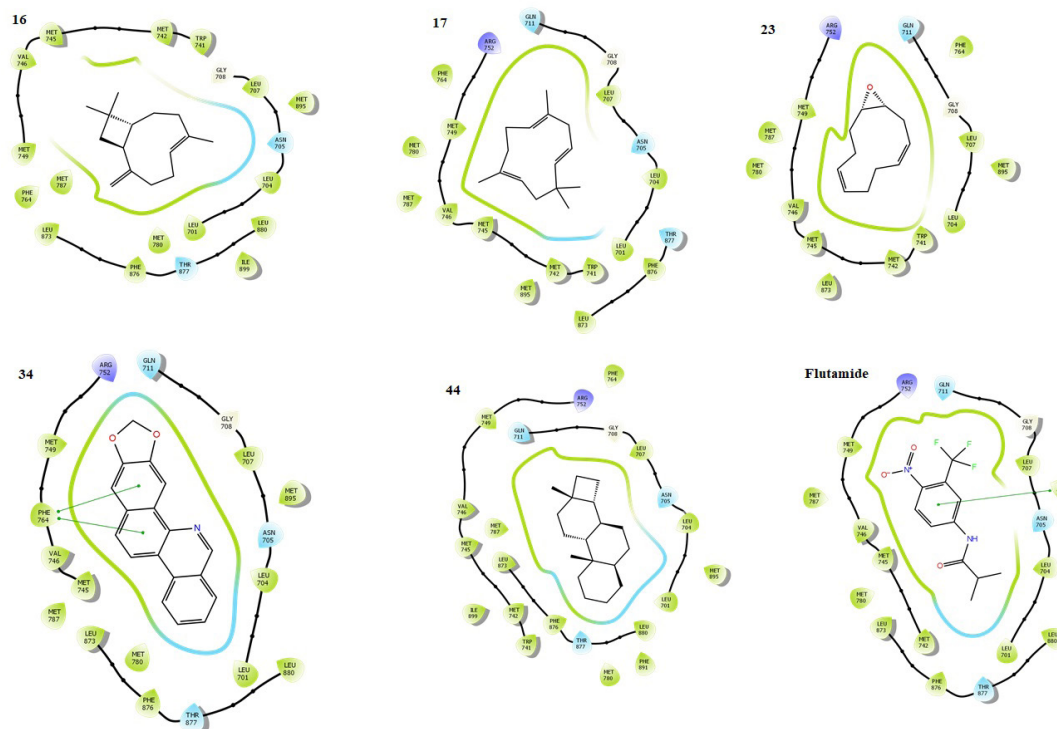


Figure 3. Binding poses showing the interactions of selected phytochemicals as agonists with amino acids in the active cavity of human androgen receptor (PDB 5T8E). The interactions are illustrated as hydrogen bonding (magenta arrow), π – cation (blue line), salt bridge (red line), π – π stacking (green line), and van der Waals forces.

Table 4. Molecular docking screening of phytoconstituents against the human cox-2 receptor (PDB 4PH9).

Title	Glide rotatable bonds	Docking score (kcal/mol)	Glide gscore (kcal/mol)	Glide energy (kcal/mol)	RMSD (Å)
18	0	-8.93	-8.93	-23.24	0.229
44	0	-8.459	-8.459	-23.402	1.792
Ibuprofen	4	-8.306	-8.307	-32.955	0
34	0	-8.152	-8.152	-26.424	0.888
16	0	-7.657	-7.657	-16.835	1.591
22	3	-7.212	-7.212	-27.485	2.191
24	3	-7.212	-7.212	-27.485	2.191
23	0	-7.167	-7.167	-21.406	1.628
17	0	-7.16	-7.16	-13.126	0.403
32	0	-6.872	-6.872	-23.159	1.242
33	0	-6.872	-6.872	-23.159	1.242
09	6	-6.84	-6.84	-33.877	2.601
20	1	-6.839	-6.839	-24.61	0.87
Meloxicam	3	-6.163	-6.174	-29.822	2.414
04	1	-5.918	-5.918	-17.94	2.303
10	0	-5.712	-5.712	-19.473	4.562
13	6	-5.49	-5.493	-28.793	0.566
11	0	-5.393	-5.393	-19.467	3.197
06	0	-5.352	-5.352	-21.573	3.824
19	0	-5.325	-5.325	-17.167	0.439
08	0	-5.121	-5.121	-16.583	0.493

Title	Glide rotatable bonds	Docking score (kcal/mol)	Glide gscore (kcal/mol)	Glide energy (kcal/mol)	RMSD (Å)
41	18	-4.516	-4.516	-35.53	0.523
03	5	-3.886	-3.886	-22.337	1.987
14	9	-3.75	-3.754	-29.167	1.223
15	9	-3.75	-3.754	-29.167	1.223
01	7	-3.684	-3.684	-24.892	1.707
05	5	-3.663	-3.663	-26.271	1.622
12	17	-2.963	-2.963	-32.997	2.99
07	1	-2.66	-2.66	-16.452	2.814
02	5	-1.902	-1.902	-18.416	0.96
26	13	-1.672	-1.676	-29.486	0.676
31	16	-1.658	-1.658	-30.444	1.23
43	14	-1.109	-1.109	-33.318	1.184
38	15	-1.078	-1.078	-32.679	2.9
40	14	-0.994	-0.994	-32.542	1.181
29	14	-0.921	-0.924	-26.06	1.618
39	14	-0.921	-0.924	-26.06	1.618
21	14	-0.79	-0.79	-31.669	1.94
25	16	-0.596	-0.599	-31.142	0.791
30	16	-0.596	-0.599	-31.142	0.791
27	14	-0.476	-0.48	-28.362	1.242
36	14	-0.476	-0.48	-28.362	1.242
35	14	-0.11	-0.11	-33.406	1.63

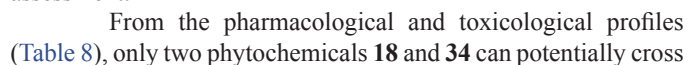
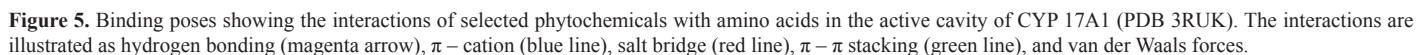


Table 5. Molecular docking screening of phytoconstituents against CYP17A1 receptor (PDB 3RUK).

Title	Glide rotatable bonds	Docking score (kcal/mol)	Glide gscore (kcal/mol)	Glide energy (kcal/mol)	RMSD (Å)
Abiraterone	2	-9.297	-9.318	-50.133	0.062
42	13	-8.524	-8.524	-43.649	3.429
44	0	-7.722	-7.722	-34.564	0.29
18	0	-7.659	-7.659	-37.604	0.876
34	0	-7.179	-7.179	-37.18	5.872
Bicalutamide	9	-7.141	-7.141	-50.582	1.247
17	0	-6.686	-6.686	-24.46	2.324
37	16	-6.621	-6.621	-43.55	2.722
16	0	-6.561	-6.561	-22.506	3.801
28	0	-6.459	-6.459	-31.349	8.355
41	18	-6.336	-6.336	-42.342	5.855
23	0	-6.005	-6.005	-25.219	2.949
32	0	-5.691	-5.691	-19.404	3.105
33	0	-5.691	-5.691	-19.404	3.105
22	3	-5.614	-5.614	-23.289	3.958
24	3	-5.614	-5.614	-23.289	3.958
09	6	-5.536	-5.536	-26.58	2.846
20	1	-5.31	-5.31	-18.511	2.288
04	1	-5.157	-5.157	-15.35	3.636
13	6	-4.831	-4.835	-21.332	2.326
29	14	-4.711	-4.714	-35.519	6.287
39	14	-4.711	-4.714	-35.519	6.287
10	0	-4.667	-4.667	-16.175	2.309
19	0	-4.579	-4.579	-13.938	2.762
14	9	-4.472	-4.475	-28.844	6.361
15	9	-4.472	-4.475	-28.844	6.361
06	0	-4.449	-4.449	-16.578	3.956
08	0	-4.43	-4.43	-13.356	2.792
25	16	-4.414	-4.418	-34.853	3.15
30	16	-4.414	-4.418	-34.853	3.15
11	0	-4.373	-4.373	-14.265	1.009
01	7	-4.016	-4.016	-23.073	2.158
27	14	-3.703	-3.706	-30.897	1.293
36	14	-3.703	-3.706	-30.897	1.293
03	5	-3.661	-3.661	-19.841	1.444
05	5	-3.549	-3.549	-21.983	1.462
40	14	-3.516	-3.516	-32.591	3.222
26	13	-3.298	-3.301	-28.642	2.85
12	17	-2.811	-2.811	-36.055	1.835
07	1	-2.462	-2.462	-13.889	4.504
31	16	-2.14	-2.14	-35.077	1.751
38	15	-1.602	-1.602	-34.467	4.003
43	14	-1.325	-1.325	-33.155	2.84
21	14	-1.303	-1.303	-33.982	7.344
02	5	-0.99	-0.99	-16.999	3.551
35	14	-0.668	-0.668	-32.223	4.708

the BBB; others cannot. This demonstrates their suitability for homeostatic processes in the central nervous system, determined by various factors including molecular weight and flexibility,

lipophilicity, an affinity for efflux mechanisms, and systemic enzymatic stability (Meairs, 2015), although this is less significant to their pharmacological potentials as antiprostata. Similarly, only



Title		Biological activity										
	Antineoplastic		Apoptosis agonist		CYP2J substrate		Testosterone 17beta-dehydrogenase (NADP+) inhibitor		Prostate disorder treatment		Anti-inflammation	
	Pa	Pi	Pa	Pi	Pa	Pi	Pa	Pi	Pa	Pi	Pa	Pi
16	0.915	0.005	0.847	0.005	0.799	0.021	0.780	0.031	0.379	0.044	0.745	0.011
17	0.835	0.008	0.900	0.004	0.836	0.013	0.803	0.025	0.426	0.033	0.741	0.011
18	0.802	0.012	0.671	0.018	0.911	0.004	0.942	0.003	0.847	0.003	0.617	0.028
34	0.564	0.004	0.375	0.085	0.397	0.164	0.415	0.176	0.402	0.022	0.204	0.182
44	0.702	0.026	0.656	0.020	0.931	0.003	0.954	0.002	0.872	0.003	0.608	0.030
R1	0.573	0.051	0.511	0.042	0.897	0.007	0.931	0.004	0.703	0.006	0.614	0.029
R2	—	—	—	—	—	—	—	—	0.508	0.009	0.614	0.029

the two molecules, **18** and **34**, have high GI absorptivity others are low. Only molecule **34** demonstrates virtual inhibitory expressions against various CYPs and pg substrate, such as mutagenic, while others display fair expressions and are predicted as nonmutagenic.

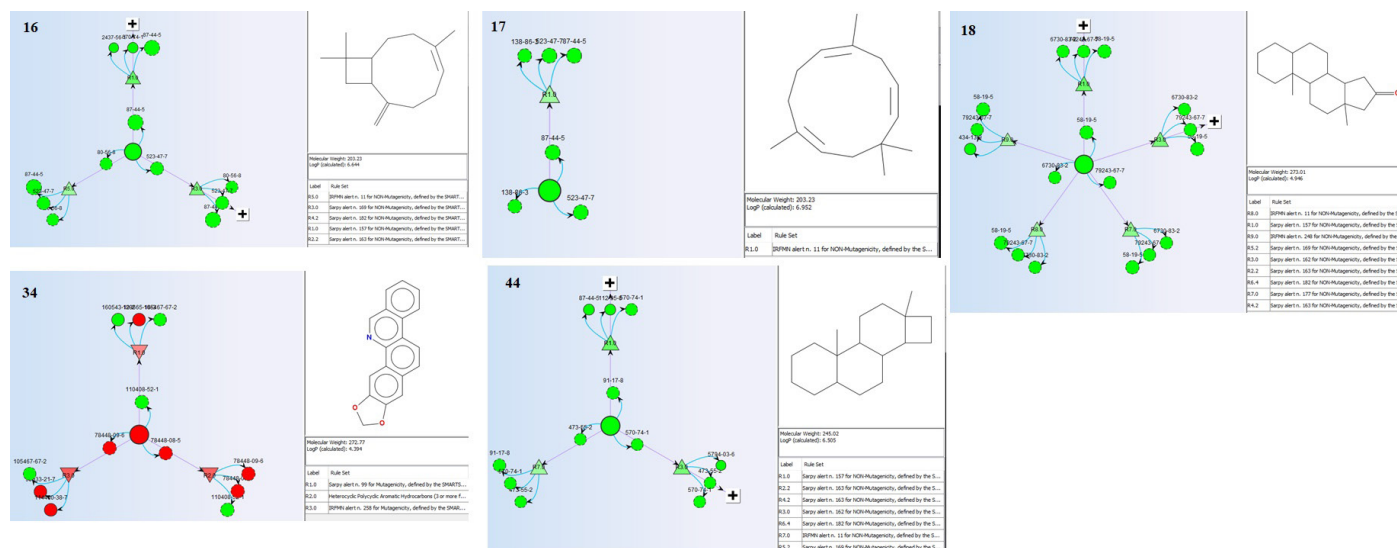
The mutagenic profiles of the selected phytochemicals about the most structurally similar compounds or fragments with known properties suggest nonmutagenicity except for **34** (Fig. 6), although the selectivity of its cytotoxicity in favor of nontumor

Table 7. Physicochemical parameters of selected phytoconstituents of ethanolic extract of *A. melegueta* seeds.

Compounds	Molecular weight (g/mol)	Log P	ESOL Log S	No. of hydrogen bond donors	No. of hydrogen bond acceptors	TPSA(Å ²)	Lead-likeness score
16	204.35	4.24	-3.87	0	0	0	2
17	204.35	4.26	-3.97	0	0	0	2
18	274.44	4.60	-5.11	0	1	17.07	1
34	273.29	3.79	-5.00	0	3	31.35	1
44	246.43	5.45	-5.82	0	0	0	2

Table 8. Pharmacological and toxicological parameters.

Pharmacology/compounds	16	17	18	34	44
BBB permeant	No	No	Yes	Yes	No
CYP1A2 inhibitor	No	No	Yes	Yes	Yes
CYP2C19 inhibitor	Yes	No	Yes	Yes	Yes
CYP2C9	Yes	Yes	Yes	No	Yes
CYP2D6 inhibitor	No	No	No	Yes	No
CYP3A4 inhibitor	No	No	No	Yes	No
Mutagenicity	No	No	No	Yes	No
P-gp substrate	No	No	No	Yes	No
GIA	Low	Low	High	High	Low
Synthetic accessibility	4.51	3.66	3.86	2.34	4.38
PAIN alerts	0	0	0	0	0
Bioavailability score	0.55	0.55	0.55	0.55	0.55
BDDCS violation	1	1	1	0	1
Log Kp (cm/s)	-4.44	-4.32	-3.95	-4.77	-2.77

**Figure 6.** Mutagenicity of the selected phytoconstituents in SAR reference to the most similar compounds/fragments with known identities.

cells could infer its antiprostatae pharmacology. The higher the negative value of Log Kp, the less the chance of the molecules to permeate the skin (Daina *et al.*, 2017). All the selected molecules have high negative values for Log Kp, favoring a low probability for skin permeation and supporting their druggability. They have good synthetic accessibility, zero pain alert, good bioavailability scores, and insignificant violation of the BDDCS rule of 5 and

druggability. These indicate the safety and potential drug-likeness of the selected phytochemicals amenable for experimental evaluation.

The molecular docking simulations show that the selected phytochemicals demonstrate strong inhibitory interactions against the human androgen receptor, cox-2 enzyme, and CYP17A1 receptor. This supports their potential applicability

in a “one-drug-multiple-target” which could provide a therapeutic breakthrough against the drug resistance associated with prostate cancer upon further studies. Consistently, the PASS online predicted them with good activity as antineoplastic agents, apoptotic agonists, CYP2J substrates, testosterone 17 β -dehydrogenase (NADP⁺) inhibitors, agents for prostate disorder treatment, and an anti-inflammatory. Their physicochemical profiles from SwissADME favor ideal characters for druggability with an insignificant violation of the BDDCS rule of 5, while the toxicological evaluation using VEGA ToxRead indicates nonmutagenicity. The parameters are favored mostly by the phytochemicals especially **16**, **17**, **18**, and **44** in better terms than the reference drugs.

CONCLUSION

The ethanolic extract of *A. melegueta* seeds was shown to contain 44 stable phytochemicals belonging to various organic families as indicated by GC-MS analysis. A series of computational tools have been applied to investigate the activity of the phytoconstituents for effective antiprostata carcinomas with the potentials for mitigating the challenges of drug resistance through a multitarget mechanism, inaccessibility, and various aftereffects associated with orthodox medicines. The possibilities of these pharmaceutical breakthroughs are especially favored by some phytochemicals, **16**, **17**, **18**, and **44** over others. The selected compounds could be deservedly isolated or synthetically derivatized for further evaluation. They also deserve more exploration for application in the field of complementary medicines against prostate cancer. Their additive/synergistic activities could be rationally tapped as an opportunity for effective combination therapy in prostate oncology. Individually, they display enhanced potentials for replacing the currently available antiprostata drugs with various shortfalls. The study requires the incorporation of more sophisticated computing algorithms to accurately assess the phytochemicals as bona fide agents. More so, basic and clinical experimental evaluations are necessarily required *in vitro* and *in vivo* for the affirmation of the interesting pharmacology and biosafety. However, it represents a promising model for future therapeutic designs for overcoming the incessant resistance, accessibility, and safety challenges associated with the currently available orthodox antiprostata drugs.

AUTHORS' CONTRIBUTIONS

NA coordinated the extraction, phytochemical screening, GC-MS analysis, and contributed to manuscript preparation. YOA designed the project, carried out the docking simulations, PASS online activity, ADMET prediction, and prepared the manuscript. DIK, SS, and BB collected the samples and carried out the extraction. MAA, AB and ATA contributed to manuscript revision. MNM supervised the whole project and revised the final manuscript.

CONFLICT OF INTEREST

The authors have no conflict to declare in this report.

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ETHICAL APPROVALS

This study does not involve experiments on animals or human subjects.

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