



Trametes genus, a source of chemical compounds with anticancer activity in human osteosarcoma: A systematic review

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ABSTRACT

Natural bioactive compounds have aroused great interest for their potential benefits in human health, particularly in the prevention and treatment of cancer. The aim of this systematic review is to inspect whether bioactive compounds present in mushrooms of the genus *Trametes* have shown anticancer activity in human osteosarcoma. According to the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) parameters, this review was carried out using Science Direct, PubMed Central, and Embase as electronic databases to select the articles that evaluated the cytotoxic effects of extracts or compounds isolated from mushrooms of the genus *Trametes* in human osteosarcoma. A total of 15 studies out of 165 met the inclusion criteria and are included in our systematic review. Among them, six studies evaluated extracts, eight evaluated polysaccharides, and one evaluated tetralin lignans of different species of the genus *Trametes*. Although only two research articles evaluated the effects of chemical compounds such as polysaccharides on human osteosarcoma, all of them have confirmed the potential of compounds present in mushrooms to treat different types of cancer.

INTRODUCTION

The most common primary bone cancer in children and teenagers is osteosarcoma (Chen *et al.*, 2018a; Suárez *et al.*, 2017). The main difficulty in treating this cancer is that it begins to develop in the skeletal system and it can develop metastasis and spread to other organs of the body, making its timely diagnosis complex. The standard osteosarcoma treatment includes local surgical control, with radical surgery or limb preservation, and the administration of polychemotherapy (methotrexate, doxorubicin, cisplatin, and ifosfamide) (Suárez *et al.*, 2017). The prognosis of patients with osteosarcoma can be improved with the combination of surgery and chemotherapy. However, a considerable number of patients have developed resistance to chemotherapy (Chen *et al.*, 2018b). In addition, some chemotherapeutic agents are not selective since they also attack normal cells and generate toxic side effects (Ferrari and Palmerini, 2007; Zhao *et al.*, 2015b). To overcome this situation, antitumor agents or chemical products

with increased efficiency and reduced toxicity are being developed (Zhao *et al.*, 2015b).

For the treatment of cancer, Chinese medicines have been used as either food ingredients or supplements. Generally, cancer patients use herbal medicines with conventional medical treatment to improve the desired results (Ko *et al.*, 2017). Among these Chinese herbal medicines, mushrooms represent a source of compounds with antioxidant, immunomodulating, anti-inflammatory, antimicrobial, and anticancer properties (Ricciardi *et al.*, 2017). Mushrooms have been consumed for many years because they have a large number of bioactive compounds, including polysaccharides, proteins, and lipids (Wasser, 2011). Specifically, the anticancer potential to treat various types of cancer by some species of the genus *Trametes*, such as *Trametes versicolor* (synonym *Coriolus versicolor*), *Trametes gibbosa*, *Trametes hirsuta*, *Trametes lactinea*, and *Trametes robiniophila*, has been reported. In general, this anticancer activity has been attributed to chemical compounds such as polysaccharides (He *et al.*, 2018; Ricciardi *et al.*, 2017; Rosendahl *et al.*, 2012; Scarpari *et al.*, 2017; Wang *et al.*, 2017a, 2017b; Zhao *et al.*, 2015a, 2015b) and tetralin lignans (Puri *et al.*, 2006). Mushroom polysaccharides are significant compounds with anticancer, anti-oxidative, antidiabetic, antimicrobial, anti-inflammatory, and immunomodulatory activity. β -glucan is the main polysaccharide found in mushrooms and it makes up about half the mass of its cell wall (Amirullah *et al.*, 2018).

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T. versicolor essentially contains polysaccharide-K or Krestin (PSK) and polysaccharide peptide (PSP). In PSK, roughly 62% of the molecule is polysaccharide and 38% is protein and PSP is a protein-bound polysaccharide (Fritz *et al.*, 2015). PSK has shown anticancer activity in breast, colorectal, and gastrointestinal cancers (Blagodatski *et al.*, 2018; Kiyama, 2017). *T. robiniophila* has demonstrated an antiproliferative effect on the diversity of tumor cells via inducing apoptosis (Ren *et al.*, 2009; Zhao *et al.*, 2015a). Proteoglycans have been recognized as the principal components answerable for the anticancer activity of *T. robiniophila* (Li *et al.*, 2015; Sun *et al.*, 2013; Zhao *et al.*, 2015b).

In this regard, the aim of this systematic review is to analyze the information from reports which demonstrate the anticancer activity of the bioactive compounds isolated from several species of the genus *Trametes* on human osteosarcoma.

MATERIALS AND METHODS

Search terms

The present systematic review involved research articles from the Science Direct, Pubmed Central and Embase databases from 2000 to May 2019. The search terms were “*T. versicolor*”, “osteosarcoma OR bone cancer OR anticancer”, and “bioactive compounds OR metabolites” and the keywords “*in vivo* OR *in vitro*” were used as a search strategy. The articles were selected first by the title, then by the summary, and finally by reading the full text. Two relevant articles were found through manual searches in the reference lists.

Inclusion and exclusion criteria

Finally, the articles were chosen by taking into account some inclusion and exclusion criteria (see Table 1).

Quality evaluation

The quality of the articles included in this review was systematically evaluated. The quality score was assigned considering the following five items: characterization of extracts or compounds of interest (2 points), anticancer tests *in vitro*, *ex vivo*, and *in vivo* (2 points for each test), and the use of controls in anticancer tests (2 points) for a maximum score of 10 points.

Quality evaluation of the parameters

Characterization of extracts or compounds of interest

- If the extract or the compound of interest is not characterized: 0 points.
- If the extract or the compound of interest is characterized by generic tests (presence of carbohydrates, total phenolic content, etc.): 1 point.

- If the extract or the compound of interest is characterized by specific tests (FTIR (Fourier-transform infrared spectroscopy), NMR (Nuclear Magnetic Resonance), etc.): 2 points.

Anticancer tests *in vitro*

- If *in vitro* anticancer tests are not performed: 0 points.
- If *in vitro* anticancer tests are performed: 2 points.

Anticancer tests *ex vivo*

- If *ex vivo* anticancer tests are not performed: 0 points.
- If *ex vivo* anticancer tests are carried out: 2 points.

Anticancer tests *in vivo*

- If *in vivo* anticancer tests are not performed: 0 points.
- If *in vivo* anticancer tests are performed: 2 points.

Use of controls in anticancer tests

- If controls are not used in anticancer tests: 0 points.
- If at least one control is used in anticancer tests (positive control or negative control): 1 point.
- If two controls are used in anticancer tests (positive control and negative control): 2 points.

Quality ranges

The articles with 8–10, 4–7, and 0–3 points were recognized as high, moderate, and low quality, respectively.

Data extraction

The information extracted from each study included author name, publication year, country, main objective, and main findings of each research. In order to guarantee the success of the revision process, the data analysis and assessment were carried out by three independent reviewers, who assessed the reproducibility and the probability of bias in each stage of the review.

RESULTS

Selection of studies

The initial search through databases identified 343 articles. After removing duplicates, the remaining 165 articles were reviewed based on the title and the abstract by reviewers. A total of 21 articles were reviewed based on full-text availability. Finally, the 15 studies included in our systematic review met the inclusion criteria. Figure 1 shows the flow diagram of the search results.

Table 1. Inclusion and exclusion criteria.

Parameter	Inclusion criteria	Exclusion criteria
Language	English	Any other language
Type of publication	Research articles	Review articles, editorial material, meeting summaries, letters, publications, and book chapters
Characterization	Characterization of extracts or compound of interest	Uncharacterized extracts
Type of study	<i>In vitro</i> and/or <i>in vivo</i>	Any other type of study
Genus of mushroom	Any species of the <i>Trametes</i> genus	Genus other than <i>Trametes</i>

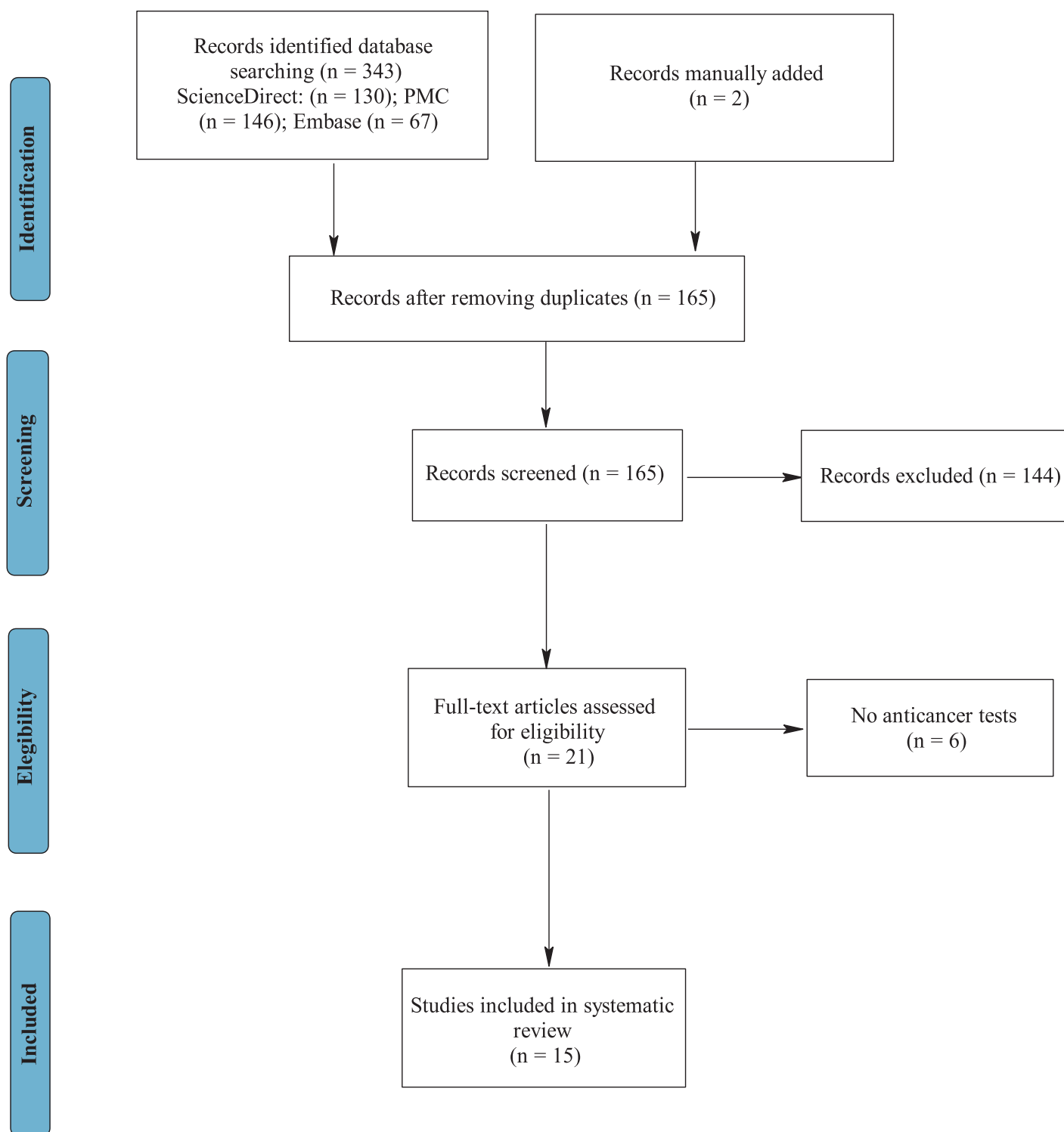


Figure 1. Flow diagram of study selection process.

Characteristics of the studies

Among the 15 research articles included, 2 studies evaluated the anticancer activity of ethanol extracts of the fruiting body (Janjušević *et al.*, 2018) and basidiocarp and mycelium (Knežević *et al.*, 2018); 4 studies evaluated the activity of a polysaccharide-rich aqueous extract of the fruiting

body (Roca-Lema *et al.*, 2019), an aqueous extract of the fruiting body (Ko *et al.*, 2017; Luo *et al.*, 2014), and mycelial biomass (Shnyreva *et al.*, 2018). Moreover, 9 studies evaluated the activity of compounds such as polysaccharides (He *et al.*, 2018; Zhao *et al.*, 2015a, 2015b), PSK (Rosendahl *et al.*, 2012), intracellular protein-polysaccharide (Wang *et al.*, 2017a),

extracellular polysaccharide (Wang *et al.*, 2017b), Trimesan (Ricciardi *et al.*, 2017; Scarpari *et al.*, 2017), and tetralin lignans (Puri *et al.*, 2006). Table 2 describes some features of each study, involving the year of publication, country, objective, extract or compound of interest, and the species of the mushrooms used.

Results of individual studies

All studies evaluate the cytotoxic effects of extracts or derivate compounds from different species of the genus *Trametes*

in cell lines of various types of cancer. In some of these research articles, the mechanism underlying these effects was identified. Table 3 shows the anticancer assays and the principal findings of the individual reports.

Evaluation of the quality of the studies

Table 4 shows the quality assessment for each study based on the inclusion and exclusion criteria. The total average score was 4.8 ± 1.0 . Hence, for articles where extracts were evaluated,

Table 2. Main characteristics of the included studies.

Reference	Year	Country	Objective	Extracts or compounds of interest	Species
Roca-Lema <i>et al.</i> , 2019	2019	Spain	To appraise the anticancer activity of mushroom polysaccharide extracts on human colon cancer cells	Polysaccharide-rich aqueous extract of the fruiting body	<i>T. versicolor</i> and <i>Grifola frondosa</i>
He <i>et al.</i> , 2018	2018	China	To isolate, purify, characterize, and evaluate antioxidant and antitumor activities of the polysaccharide fractions from <i>T. lactinea</i> (Berk.) Pat	Polysaccharide	<i>T. lactinea</i> (Berk.) Pat
Janjušević <i>et al.</i> , 2018	2018	Serbia	To investigate the biological activities of ethanol extracts from <i>T. versicolor</i> to develop food supplements	Ethanol extract of fruiting body	<i>T. versicolor</i>
Knežević <i>et al.</i> , 2018	2018	Serbia	To explain the biological activities of the ethanol extracts of some <i>Trametes</i> species	Ethanol extracts of basidiocarp and mycelium	<i>T. gibbosa</i> , <i>T. hirsuta</i> , and <i>T. versicolor</i>
Shnyreva <i>et al.</i> , 2018	2018	Russia and others	To examine the cytotoxicity and antiproliferative activity of aqueous extracts of mushrooms for their possible use in biomedicine	Aqueous extracts from mycelial biomass	<i>T. versicolor</i> , <i>Fomes fomentarius</i> , <i>Fomitopsis pinicola</i> , <i>Trichaptum bifforme</i> , <i>Inonotus obliquus</i> , and <i>Coniophora puteana</i>
Koet <i>et al.</i> , 2017	2017	Hong Kong	To evaluate aqueous extract of <i>T. versicolor</i> –metronomic zoledronic acid (mZOL) interaction in preventing cancer propagation, metastasis, and bone destruction	Aqueous extract of fruiting body polysaccharides and triterpenoid	<i>T. versicolor</i>
Ricciardi <i>et al.</i> , 2017	2017	Italy	To evaluate the antiproliferative effects of Trimesan on leukemia cells	Trimesan	<i>T. versicolor</i>
Scarpari <i>et al.</i> , 2017	2017	Italy	To identify and partially characterize a biologically active fraction (Trimesan) of the <i>T. versicolor</i> filtrate	Trimesan	<i>T. versicolor</i>
Wang <i>et al.</i> , 2017a	2017	China	To investigate the effect of tyrosol on cell growth of <i>T. versicolor</i> and intracellular protein-polysaccharides production	Intracellular protein-polysaccharide	<i>T. versicolor</i>
Wang <i>et al.</i> , 2017b	2017	China	To investigate the effect of farnesol on intracellular polysaccharide biosynthesis and mycelial morphology of <i>T. versicolor</i> and how they affect the extracellular polysaccharide production	Extracellular polysaccharide	<i>T. versicolor</i>
Zhao <i>et al.</i> , 2015a	2015	China	To evaluate the cytotoxic effects of the purified polysaccharide from <i>T. robiniophila</i> on human osteosarcoma U-2 OS cell and to identify its mechanism of action	Polysaccharide	<i>T. robiniophila</i>
Zhao <i>et al.</i> , 2015b	2015	China	To investigate the effects of one polysaccharide from <i>T. robiniophila</i> on U-2 OS xenografts tumor growth <i>in vivo</i> and to identify the possible mechanism	Polysaccharide	<i>T. robiniophila</i>
Luo <i>et al.</i> , 2014	2014	Hong Kong	To explore the antimigration and anti-invasion capabilities of <i>C. versicolor</i> extract in 4T1 cells <i>in vitro</i> and to evaluate <i>in vivo</i> some biological activities of <i>C. versicolor</i> extract in a mouse 4T1-tumor bearing model	Aqueous extract of fruiting body the major components are polysaccharides	<i>C. versicolor</i>
Rosendahl <i>et al.</i> , 2012	2012	Sweden	To establish the direct effects of PSK on epithelial tumor cells and to explore the mechanisms of action	PSK	<i>T. versicolor</i>
Puri <i>et al.</i> , 2006	2006	India	To isolate, identify, and characterize the aryl tetralin lignans produced by the fungal endophyte <i>T. hirsuta</i>	Tetralin lignans: podophyllotoxin and its glycoside	<i>T. hirsuta</i>

Table 3. Anticancer tests and main findings of the individual studies.

Reference	Anticancer tests		Main findings
	Methods	Controls	
Roca-Lema <i>et al.</i> , 2019	<i>In vitro</i> : 3-(4,5-dimethylthiazol-yl)-2,5-diphenyltetrazolium bromide (MTT) assay ^a	Negative control The combination of polysaccharide-rich extracts with 5-fluorouracil (5-Fu) Positive control: 5-Fu	Polysaccharide-rich extracts from <i>T. versicolor</i> and <i>G. frondosa</i> showed cytotoxic effects in LoVo and HT-29 human colon cancer cells. Moreover, these extracts inhibited oncogenic potential, cell migration, and invasion in colon cancer cells. The combination of polysaccharide-rich extracts with 5-Fu increased cell cytotoxicity
He <i>et al.</i> , 2018	<i>In vitro</i> : MTT assay ^a and lactic dehydrogenase (LDH) assay ^b	Negative control Positive control: 5-Fu	The <i>T. lactinea</i> polysaccharide fraction with the average molecular weight of 443.19 KDa (TLP-1) showed anticancer activity in HepG-2 cells, which was associated with a decrease in cell proliferation and an increase in LDH leakage and apoptotic cell population. Additionally, TLP-1 presented antioxidant activity
Janjušević <i>et al.</i> , 2018	<i>In vitro</i> : MTT assay ^a	Negative control	The ethanol extracts of fruiting bodies from <i>T. versicolor</i> exhibited cytotoxicity in MCF-7 and HepG2 tumor cell lines. This cytotoxicity may be due to the presence of gentisic, syringic, and protocatechuic acids
Knežević <i>et al.</i> , 2018	<i>In vitro</i> : MTT assay ^a	Negative control Positive control: <i>cis</i> -diamminedichloroplatinum (<i>cis</i> -DDP) and doxorubicin	The mycelium extracts from <i>T. gibbosa</i> , <i>T. hirsuta</i> , and <i>T. versicolor</i> showed stronger cytotoxic effects than the basidiocarp extracts in cell lines of human cervical adenocarcinoma (HeLa), human colon carcinoma (LS174), and human lung adenocarcinoma (A549). These results can be related to a synergistic action of triterpenes, sugars, and polyphenols. Furthermore, the basidiocarps and mycelia extracts of these <i>Trametes</i> species inhibited the activity of acetylcholinesterase and tyrosinase
Shnyreva <i>et al.</i> , 2018	<i>In vitro</i> : MTT assay ^a	Unspecified control	The methanol–chloroform (1:1) extract of mycelial biomass from <i>T. versicolor</i> (strain It-1) inhibited the growth of lung, breast, cervix, and colon solid tumors. Also, the hot water extracts of mycelial biomass from <i>T. versicolor</i> , <i>Coniophora puteana</i> , and <i>Fomes fomentarius</i> showed antiproliferative effect on leukemia cell lines (Jukart, K562, and THP-1)
Ko <i>et al.</i> , 2017	<i>In vivo</i> : the bioluminescence measurements according to the average radiance	Negative control Positive control: mZOL	The combination of <i>C. versicolor</i> aqueous extract and mZOL inhibited cell proliferation and osteogenesis on breast cancer cells MDA-MB-231-TXSA. This combination decreased tumor growth and preserved bone integrity in an intratibial breast tumor model
Ricciardi <i>et al.</i> , 2017	<i>In vitro</i> : trypan blue dye exclusion assay ^a	Negative control	Tramesan inhibited the growth of human myeloid (OCI-AML3) and lymphoid (Jurkat) cell lines. Besides, the antiproliferative effect of Tramesan on AML cell lines was determined to be related to the induction of apoptosis
Scarpari <i>et al.</i> , 2017	<i>In vitro</i> : counting the number of viable cells with light microscopy	Negative control	Tramesan showed acytotoxic effect on murine cell lines of melanoma (B16-F10). Moreover, this compound can act as a proantioxidant molecule in different organisms
Wang <i>et al.</i> , 2017a	<i>In vitro</i> : MTT assay ^a	Negative control	The production of intracellular protein-polysaccharide (IPS) from <i>T. versicolor</i> was stimulated and improved in the presence of tyrosol. Besides, an increase in the total carbohydrate, protein, and glucose contents of IPS was observed, which was related to its strong antitumor activity. The antitumor activity of IPS was identified to occur through cell cycle arrest and an increase in apoptosis
Wang <i>et al.</i> , 2017b	<i>In vitro</i> : MTT assay ^a	Negative control	The production of extracellular polysaccharide (EPS) from <i>T. versicolor</i> was stimulated in the presence of farnesol. Farnesol altered the physicochemical properties of EPS. Furthermore, under farnesol stimulation, it was observed that EPS had more carbohydrate and uronic acid contents, and it also exhibited enhanced antioxidant and antitumor activities
Zhao <i>et al.</i> , 2015a	<i>In vitro</i> : MTT assay ^a	Negative control	<i>T. robiniophila</i> polysaccharide inhibited the proliferation of human osteosarcoma cell lines (OS U-2) through a mitochondria-dependent apoptotic pathway. This mechanism was related to an increase in the Bax/Bcl-2 ratio, loss of mitochondrial membrane potential ($\Delta\psi_m$), release of cytochrome c, activation of caspase-9 and caspase-3, cleavage of PARP, and inhibition of MTDH expression
Zhao <i>et al.</i> , 2015b	<i>In vivo</i> : measurement of tumor weight and tumor volume at the end of the experiment	Negative control	<i>T. robiniophila</i> polysaccharide was orally administered to nude mice with xenografted U-2 OS osteosarcoma tumors. The mechanism of suppression of tumor growth in mice occurred via a mitochondria-dependent apoptotic pathway, which was related to increased Bax/Bcl-2 ratio, activation of caspase-9 and caspase-3, repression of MTDH, and the cleavage of PARP
Luo <i>et al.</i> , 2014	<i>In vitro</i> : MTT assay ^a <i>In vivo</i> : measurement of tumor weight at the end of the experiment	Negative control Positive control: doxorubicin (DOX)	The aqueous extract of <i>C. versicolor</i> showed an antitumor and antimetastatic effect, and a bone protective effect against osteolysis induced by breast cancer. These results were supported by <i>in vitro</i> 4T1 cell migration and invasion inhibition and <i>in vivo</i> tumor weight and reducing lung metastasis in mice with 4T1 orthotopic tumors

Continued

Reference	Anticancer tests		Main findings
	Methods	Controls	
Rosendahl <i>et al.</i> , 2012	<i>In vitro</i> : MTT assay ^a	Negative control	PSK inhibited the growth of human pancreatic cancer cell lines BxPC-3, PANC-1, MIAPaCa-2, and AsPC-1. Furthermore, the antiproliferative mechanism of PSK was determined to be related to cell cycle arrest and apoptosis induction, as evidenced by the increased cell cycle regulation p21 ^{WAF/Cip1} and pro-apoptotic protein Bax levels. An additive effect on growth inhibition was also observed when PSK and gemcitabine were administered as combined treatment
Puri <i>et al.</i> , 2006	<i>In vitro</i> : propidium iodide (PI) exclusion and Hoechst-33342 (H-33342) uptake ^a	Unspecified control	The tetralin lignans (podophylotoxin and its glycoside) produced by <i>T. hirsuta</i> showed anticancer activity in human malignant glioma cells (U87). Also, they presented antioxidant and radioprotective activity

MTT = ([3-(4,5-dimethylthiazol-yl)-2,5-diphenyltetrazolium bromide]) assay; LDH = (lactic dehydrogenase) assay; negative control = test without the extract or compound of interest. ^aCell viability; ^bCytotoxic effects.

Table 4. Quality assessment of studies.

Author	Characterization of extracts or compounds of interest	Anticancer tests			Use of controls	Total
		<i>In vitro</i>	<i>Ex vivo</i>	<i>In vivo</i>		
Roca-Lema <i>et al.</i> , 2019	1	2	0	0	1	4
He <i>et al.</i> , 2018	2	2	0	0	2	6
Janjušević <i>et al.</i> , 2018	1	2	0	0	1	4
Knežević <i>et al.</i> , 2018	2	2	0	0	2	6
Shnyreva <i>et al.</i> , 2018	1	2	0	0	1	4
Ko <i>et al.</i> , 2017	1	0	0	2	2	5
Ricciardi <i>et al.</i> , 2017	0	2	0	0	1	3
Scarpari <i>et al.</i> , 2017	2	2	0	0	1	5
Wang <i>et al.</i> , 2017a	2	2	0	0	1	5
Wang <i>et al.</i> , 2017b	2	2	0	0	1	5
Zhao <i>et al.</i> , 2015a	2	2	0	0	1	5
Zhao <i>et al.</i> , 2015b	2	0	0	2	1	5
Luo <i>et al.</i> , 2014	1	2	0	2	2	7
Rosendahl <i>et al.</i> , 2012	0	2	0	0	1	3
Puri <i>et al.</i> , 2006	2	2	0	0	1	5

Mean: 4.8 ± 1.0.

an average score of 5.0 ± 1.2 was presented and for studies that evaluated specific compounds, such as polysaccharides, Tramesan, and tetralin lignans, an average quality score of 4.7 ± 1.0 was found. Although a high level of quality was not observed concerning the parameters defined by us, these results showed a satisfactory level of quality to validate the results and the conclusions.

DISCUSSION

Summary of results

This research intended to carry out a systematic review of the evidence on the anticancer activity of chemical compounds isolated from *Trametes* in human osteosarcoma. It should be noted that only two articles evaluated the *in vitro* (Zhao *et al.*, 2015a) and *in vivo* (Zhao *et al.*, 2015b) activity of polysaccharides isolated from *T. robiniophila* in human osteosarcoma. In these studies, the results suggested that polysaccharide-induced apoptosis occurs through a mitochondria-mediated intrinsic apoptotic pathway. However, in all the articles, the potential of the bioactive compounds present in mushrooms like *Trametes* to treat different types of cancer is confirmed; this potential could be attributed to

the compounds like polysaccharides that presented a wide variety of mechanisms of anticancer activity. Among these mechanisms are the depolarization of the mitochondrial membrane, the cell cycle arrest, the nitric oxide pathway, and the immunomodulation (Khan *et al.*, 2019).

The proteins implicated in proliferative pathways may induce or stop the apoptosis process in cells, thus allowing manipulation of the cell cycle. Apoptosis or programmed cell death occurs mostly through the caspase cascade (Pucci *et al.*, 2003). On the other hand, depolarization of the mitochondrial membrane produces the release of cytochrome c into the cytoplasm. This release leads to the formation of an apoptosome complex, which produces the activation of caspases (caspase-9 and caspase-3), a group of cysteine proteases, which initiate apoptosis (Tian *et al.*, 2016). Furthermore, an increase in the ratio of Bax/Bal2 (apoptosis inducer/apoptosis suppressor) is related to apoptosis induction (Khan *et al.*, 2019).

Several polysaccharides boost macrophages to produce NO (Nitric oxide) by positively regulating the inducible NO synthase activity. NO can induce cytotoxicity by inhibiting essential enzymes, depleting antioxidant stores, inducing lipid

peroxidation, and causing DNA damage. Also, most of these polysaccharides function independently to give anticancer activity, generating the release of cytokines and improving the expression of lymphocyte. It has also been indicated that the intensification in NO production generates the death of tumor cells via the caspase pathway. Furthermore, the polysaccharides have immunostimulant activity (Bao *et al.*, 2013; Jiang *et al.*, 2014; Khan *et al.*, 2019)

Explanation of the results

Complete research articles incorporated in this systematic review indicated that extracts, as well as isolated compounds from different species of *Trametes*, displayed cytotoxic potential in various types of cancer. The ethanol extract obtained from fruiting bodies from *T. versicolor* blocked the proliferation *in vitro* of human breast adenocarcinoma (MCF-7) and human hepatocellular carcinoma (HepG2) cell lines (Janjušević *et al.*, 2018). Similarly, the ethanol extracts of basidiocarp and mycelium from *T. gibbosa*, *T. hirsuta*, and *T. versicolor* revealed *in vitro* cytotoxic activity against human cervix adenocarcinoma (HeLa), human colon carcinoma (LS174), and human lung adenocarcinoma (A549) cell lines (Knežević *et al.*, 2018). Results observed in ethanol extracts could happen via the cell cycle arrest as previously stated (Harhaji *et al.*, 2008; Hsieh *et al.*, 2002).

Likewise, the aqueous extracts of the fruiting bodies from *C. versicolor* suppress *in vitro* 4T1 cell migration and invasion; moreover, these extracts decreased *in vivo* tumor weight and lung metastasis in BALB/c mice bearing orthotopic 4T1 tumors (Luo *et al.*, 2014). The aqueous extracts of mycelial biomass from *T. versicolor* and other mushrooms exhibited *in vitro* cytotoxic effects against human solid tumor cell lines such as A-549 and SW1573 (lung), HBL-100 and T-47D (breast), HeLa (cervix), and WiDr (colon) (Shnyreva *et al.*, 2018). The grouping of aqueous extracts and chemotherapeutic agents (Roca-Lema *et al.*, 2019) or metronome zoledronic acid (mZOL) (Ko *et al.*, 2017) has also been described to increase the biological activity thereof. For example, the mixture of polysaccharide-rich aqueous extracts from *T. versicolor* and *G. frondosa* with 5-fluorouracil improved the *in vitro* cytotoxic effects in LoVo and HT-29 human colon cancer cells (Roca-Lema *et al.*, 2019); the mixing of the aqueous extract from *T. versicolor* with mZOL avoided *in vivo* breast cancer propagation, metastasis, and bone destruction (Ko *et al.*, 2017).

Furthermore, a fraction of polysaccharide isolated from the liquid culture of *T. versicolor* (Tramesan) exhibited *in vitro* antiproliferative effects in cell lines of murine melanoma B16-F10 (Scarpari *et al.*, 2017), human myeloid (OCI-AML3), and lymphoid (Jurkat) (Ricciardi *et al.*, 2017). This antiproliferative effect of Tramesan is associated with cell cycle arrest and apoptosis induction, although it has also been described that the effect of numerous fungal polysaccharides is associated with oxidative stress (Queiroz *et al.*, 2015). In addition, cell cycle arrest has been assumed to occur by the inhibition of cyclin-dependent kinases and activation of cell cycle checkpoints, which lead to cell death (Khan *et al.*, 2019). Also, *in vitro* antitumor activity of an intracellular protein-polysaccharide (Wang *et al.*, 2017a) and extracellular polysaccharide (Wang *et al.*, 2017b) obtained from *T. versicolor* against HeLa cells was estimated. The results showed that the growth inhibitory effect on HeLa cells occurs via cell cycle arrest with cell accumulation in S phase and an increase in

apoptotic cells (Wang *et al.*, 2017a). On the other hand, it was shown that tetralin lignans isolated from *T. hirsuta* displayed *in vitro* cytotoxic effects in human malignant glioma cells (U87) (Puri *et al.*, 2006).

Moreover, the polysaccharides isolated from *T. lactinea* (Berk.) Pat exhibited *in vitro* antitumor activity on HepG-2 and normal hepatocyte L-02 cells, which was evidenced with the decreased cell proliferation and the increased leakage of cytoplasmic lactate dehydrogenase and the number of apoptotic cells (He *et al.*, 2018). Also, it was shown that the PSK isolated from *T. versicolor* inhibited cell proliferation by cell cycle arrest and induction of apoptosis in the human pancreatic cancer cells BxPC-3, PANC-1, MIAPaCa-2, and AsPC-1 (Rosendahl *et al.*, 2012).

Furthermore, the polysaccharides obtained from the fruiting bodies of *T. robiniophila* showed the ability to reduce *in vitro* cell proliferation in human osteosarcoma U-2 OS cells (Zhao *et al.*, 2015a) and human osteosarcoma xenograft tumor growth *in vivo* (Zhao *et al.*, 2015b). These polysaccharides induced apoptosis in tumor tissues and U-2 OS cells through a mitochondria-dependent pathway, as demonstrated by the increase in Bax/Bcl-2 ratio, activation of caspase-9 and caspase-3, and cleavage of poly(ADP-ribose)polymerase (PARP). The results indicate that the polysaccharides from *T. robiniophila* could be used as a possible chemotherapeutic agent against human osteosarcoma (Zhao *et al.*, 2015a, 2015b). These two studies have shown enough evidence of the anticancer potential in isolated compounds from mushrooms of the genus *Trametes* to treat human osteosarcoma. Finally, the analysis of this systematic review showed an invaluable potential of extracts and isolated compounds from the genus *Trametes* as anticancer agents.

Lastly, mushroom β -glucans contain linear β -(1 \rightarrow 3)-linked backbones with β -(1 \rightarrow 6)-linked side chains of varying length and distribution. Some structural variations include 1 \rightarrow 4 linkages, α -glucan moieties, protein complexes, and sugar type. Mushroom β -glucans present a great variety of biological activities, highlighting their anticancer and immunomodulatory activity. These properties could be associated with their ability to induce biological responses by binding to membrane receptors. β -glucans can induce the immune system since they are not synthesized by humans and therefore they are recognized as strange agents (Phan *et al.*, 2018).

CONCLUSION

The present systematic review has examined the current evidence on the anticancer activity of chemical compounds from mushrooms of the genus *Trametes* in human osteosarcoma. Finally, 15 studies were included, in which 6 of them assessed extracts, 8 studies evaluated polysaccharides, and 1 study estimated tetralin lignans of different species of the genus *Trametes*. The results and analysis of the articles involved in this review have provided enough indication of the anticancer potential of isolated compounds from different species of the genus *Trametes*. However, studies relating to the anticancer potential of bioactive mushrooms compounds in human osteosarcoma are incipient yet. These findings leave an open gap to continue with studies that help to address this health problem as well as understand the mechanisms by which these natural products have beneficial effects on the treatment of different types of cancer.

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CONFLICT OF INTEREST

The authors declare that they have no conflicts of interest.

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