



# A natural approach to control induced fumonisin B1-histopathological nephrotoxic and hepatotoxic changes in rats

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## ARTICLE INFO

Received on: 30/11/2017

Accepted on: 09/02/2018

Available online: 07/03/2019

### Key words:

Histopathology, lipid profile, hepatotoxicity, nephrotoxicity, fumonisins, LAB, detoxification.

## ABSTRACT

Among liver and kidney diseases, mycotoxin contamination of feed has become a major concern in animal feed science. A case control study was conducted to evaluate the recovery efficiency of lactic acid bacteria on serum lipid profile parameters and histopathological changes of nephrotoxic and hepatotoxic mycotoxin fumonisin B1 (FB1)-induced toxicity in kidney and liver of rats. Eighteen rats were randomly assigned to 12 experimental groups fed various doses of FB1 and/or co-administrated *Lactobacillus delbrueckii* subsp. *lactis* DSM 20076 (LL-DSM) and *Pediococcus acidilactici* NNRL B-5627 (PA-NNRL) for a period of 28 days. After 2 weeks, no significant signs of toxicity in rats fed FB1 alone or co-administrated with LAB were observed. Treatments of LL-DSM and/or PA-NNRL had no effect on organs weight, lipid profile, and histopathological examination of kidney and liver tissues along the experimental period. After 4 weeks, low-density lipoprotein-cholesterol, very low-density lipoprotein-cholesterol, triglycerides and total cholesterol were significantly increased, however the HDL-C, kidney and liver weights were significantly decreased in animals fed FB1 at doses tested. In the same line, the histopathological examination of livers and kidneys showed a series of morphological alterations in animals fed FB1, especially at the high dose (T200). Administration of LAB resulted in a significant improvement in all treatments tested as well as the histopathological patterns of liver and kidney tissues. Thus, using either LL-DSM or PA-NNRL strains could potentially expand another choice for safeguard application against immunotoxicities induced by fumonisins in many farm animal species that face inattentive exposition to this class of mycotoxins in their feedstuff.

## INTRODUCTION

With respect to elimination and extraction of both endogenous and exogenous toxin substances, liver is the prime target organ and liver impairment is reflected a critical health issue (Yang *et al.*, 2008). A remarkable feature of the chronic kidney disease (CKD) characterizes both abnormal structure and/or function of kidney (Eknoyan *et al.*, 2013). It had been reported

that kidney traumas are initially bounded to the proximal tubules of the outer medulla (also specified as the corticomedullary junction) (Hard *et al.*, 2001) which recognized by disengagement and striping of the apoptotic epithelial cells (little, circle, with pyknotic nuclei) into the lumen (Voss *et al.*, 2007).

On the other hand, for several biological functions, in particular growth and division of both normal and malignant cells, lipids are essential as a main cell membrane component. Lipids are physically related homogeneous group of component and circulatory cholesterol levels modification have been implicated as an etiological agent of colorectal and breast cancer (Forones *et al.*, 1997). Furthermore, the most obvious secondary alterations in lipoprotein metabolism and the extent of changes was found to be correlated to the severity degree of nephrotic syndrome diseases (Mouline *et al.*, 1992).

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This article was presented at the 5th Euro-Mediterranean Conference and Expoon Life Sciences, Pharma and Biomedicine (BioNat-V), Limassol, Cyprus.

In the recent decades, mycotoxin feed contamination along with their results of severe or chronic mycotoxicosis in animals and its relation to liver and kidney diseases has turned into a main subject in animal feed science (Long *et al.*, 2015) which has been reported in grains mainly in maize and its products in animal feeds all over the world (Placinta *et al.*, 1999). Due to their consequence in bringing down animal husbandry efficiency, mycotoxins animal feed contamination have a serious health risk to animals (Williams *et al.*, 2004; Wu and Munkvold, 2008; Zhang and Caupert, 2012). However, in human beings as well as in animals, toxic responses can be induced through a natural mycotoxins exposure route causing mycotoxicoses (Bennett, 1987; Zhang *et al.*, 2015). It had been reported that the primary mycotoxins of concern in the Mediterranean basin and its affected crop are aflatoxins (B1, B2, G1, and G2) in nuts and dried fruits, trichothecenes, and fumonisins in cereals and ochratoxin A in grapes and raisins (Tsitsigiannis *et al.*, 2012).

The fumonisins are known as the strongest structural similar group of mycotoxins with sphinganine, which is the major precursor of sphingolipids. Fumonisin B1 (FB1) is recognized as the most toxic secondary metabolites and chemically named as 1,2,3-propanetricarboxylic acid, 1,10-[1-(12-amino-4,9,11-trihydroxy-2-methyltridecyl)-2-(1-methylpentyl)-1,2-ethanediyl] ester (Marin *et al.*, 2013). In addition to its negative economic impact, fumonisins were identified as potential human carcinogens by the International Agency for Research on Cancer (Sartori *et al.*, 2013). Relevant studies indicated that hepatic and renal toxicity induced by FB1 were predominantly observed in various species (broilers, ducks, turkeys, and rats) and has been statistically correlated with a high incidence of esophageal cancer in human (Ramesh, 2012) as well as its association with nephrotoxicity and liver cancer in rats (Abdel-Wahhab *et al.*, 2002; 2004). The most commonly obtainable information of the main mechanisms of fumonisins toxic action have elucidated an alteration of the cellular lipid metabolism such as increases lipid peroxidation in rat liver and primary rat hepatocytes (Riley *et al.*, 2001). Carry-over studies showed that FB1 target organs and toxicity were found to be species- and sex-specific, such as pulmonary edema in pigs, leukoencephalomalacia in horses and in laboratory rodents are hepatotoxic and nephrotoxic. Moreover, FB1 toxicity is targeting the kidney in rats and the liver in mice. While, FB1 renal carcinogenicity is most declared in male rats, whereas in female mice it is liver carcinogenicity (Domijan *et al.*, 2007).

In respect of its human and animal detrimental health effects, serious efforts have been made for either preventing or eliminating mycotoxin all over the world (Aliabadi *et al.*, 2013; Ben Salah-Abbès *et al.*, 2016). Although a number of strategies are available to eradicate mycotoxin contamination, they have many disadvantages due to limited efficacy, practical obstacles, high cost, and possible losses of nutritive value in detoxification process (Shetty and Jespersen, 2006; Sezer *et al.*, 2013).

Many researchers are of the opinion that the most reasonable solution for mycotoxin decontamination should be biological detoxification, giving a possibility for removal of mycotoxins *via* two main procedures, sorption and enzymatic degradation (Halász *et al.*, 2009; Sezer *et al.*, 2013; Yin *et al.*, 2008). A number of studies have demonstrated that some live or dead microorganisms, especially lactic acid bacteria (LAB),

have the ability to either binding the mycotoxin to their cell wall constituents or by active internalization and accumulation. Some relevant studies based on such phenomenon have been utilized in the invention of fluid decontaminated biofilters or probiotics to attach and eliminate mycotoxin from the intestine (Magan and Olsen, 2004). Many studies, both *in vivo* (animal and human trials) and *in vitro* (liquid media and cell culture), on the function of probiotic bacteria versus mycotoxins or their deleterious effects, have demonstrated prohibition or renovation of the chronic damage caused by mycotoxins (Vinderola and Ritieni, 2014).

In recent years, many investigators have caught lots of attention of interactions between fungal strains on fumonisin producing *Fusarium* spp. and antagonists potency of bacteria such as, *Azotobacter armeniacus*, *Burkholderia cepacia*, *Clonostachys rosea*, *L. plantarum*, *L. sanfrancisco*, *L. lactis* subsp. *lactis*, *B. subtilis*, *Bacillus* spp., *B. mojavensis*, *P. fluorescens*, and *Trichoderma* spp. (Reddy *et al.*, 2010). Stiles and Bullerman (2002) reported the growth prohibition effect and prevention of mycotoxin production of *L. rhamnosus* on different *Fusarium* species, including *F. graminearum*, *F. proliferatum*, and *F. verticillioides* which could inhibit the production of FB1 up to 63.2%, FB2 up to 43.4%, and zearalenone and deoxynivalenol up to 87.5% and 92%, respectively. Niderkorn *et al.* (2006) analyzed deoxynivalenol and fumonisin *in vitro* removal by both lactic and propionic acid bacteria and they pointed out that it was strain specific, with LAB being more efficient than propionic acid bacteria. Up to 55% of deoxynivalenol was removed by *L. rhamnosus*, while *L. lactis* removed 100% of FB2, and *Leuconostoc mesenteroides* removed about 82% of FB1. A study using *Microbacterium oleovorans* and *B. amyloliquefaciens* as seed coatings efficiently reduced both *F. verticillioides* propagules and fumonisin content in maize kernels at harvest (Pereira *et al.*, 2007). Another study demonstrated the fumonisin B1 removal capacity by two strains of *L. acidophilus* and *Saccharomyces cerevisiae*. FB1 removal has also been shown to be rapid and reversible, cell viability was not substantial but cell wall structural integrity was required, no chemical alteration of FB1 molecules was involved, and the degree of FB1 elimination was both microorganism and toxin concentration dependent (Pizzolitto *et al.*, 2013).

Based on a previous *in vitro* study, *Lactobacillus delbrueckii* subsp. *lactis* DSM 20076 (LL) and *Pediococcus acidilactici* NNRL B-5627 (PA) propagated in acidified De Man, Rogosa, Sharpe broth media demonstrated a significant inhibition of *Fusarium proliferatum* and *Fusarium moniliforme* extent and reduction in FB1 levels (Khalil *et al.*, 2013). In the present study, the removal of FB1 by LAB and potential beneficial properties were investigated as well as evaluating the histopathological and lipid profile changes in male rats as a part of an ongoing process to establish risk assessment parameters of fumonisins for humans and animals.

## MATERIALS AND METHODS

### Chemicals, reagents, and kits

Standard fumonisin B1 was obtained from Cayman Chemicals Company (Ann Arbor, MI) and a stock solution was

prepared in acetonitrile/water (1:1 (v/v)) and kept at  $-20^{\circ}\text{C}$  until used. Kits for measuring total-cholesterol (TC), low-density lipoprotein-cholesterol (LDL-C), high-density lipoprotein-cholesterol (HDL-C), triglyceride (TG), and phospholipids (PL) were purchased from Biodiagnostic (Egypt). All chemicals and solvents used were of analytical grade.

### Sources of bacterial and fungal species

The two bacterial strain used in the current study, *Lb. delbrueckii* subsp. *lactis* DSM 20076 (LL-DSM) and *P. acidilactici* NNRL B-5627 (PA-NNRL) were obtained from German Collection of Microorganisms and Cell Cultures, Braunschweig, Germany and Northern Regional Research Laboratory (NRRL, Peoria, IL), respectively. The fungal strain (GB accession number: KJ546424) used was *F. moniliforme* (EMF1), a toxigenic strain previously isolated from a maize with confirmed ability of FB1 toxin production (Khalil *et al.*, 2013).

### Experimental animals

Adult male Sprague-Dawley rats with body weight of  $100 \pm 20$  g were received from Faculty of Veterinary, Cairo University, Egypt. Animals were housed in a conditioned atmosphere at temperature of  $24 \pm 1^{\circ}\text{C}$  and  $55 \pm 5\%$  relative humidity with regular 12 hours light/12 hours dark cycles and free access to standard laboratory food and water at the animal house of Faculty of Medicine, Alexandria University, Egypt. All experiments have been conducted Under the Regulations and the ethical guidelines for laboratory animals approved by the Ethical Committee of Faculty of Medicine, Alexandria University, Egypt.

### Experimental design and diet

The experiment was conducted using a total of 80 rats divided into 12 groups with 6:7 rats in each. First group (NC) fed on the basal diet and considered as a normal control rats; the second, third and fourth groups (T50, T100, and T200) received the diets contaminated with 50, 100, or 200 mg FB1/kg diet, respectively and considered positive controls; the fifth and sixth groups (LL-DSM and PA-NNRL) administrated orally with *Lb. delbrueckii* subsp. *lactis* DSM 20076 or *P. acidilactici* NNRL B-5627 (1010 CFU/mL), respectively and considered negative controls; the seventh and eighth groups (T50-LL and T50-PA) received diets contaminated with 50 mg FB1/kg diet and co-administrated with LL-DSM or PA-NNRL, respectively; the 9th and 10th groups (T100-LL and T100-PA) received diets contaminated with 100 mg FB1/kg diet and co-administrated with LL-DSM or PA-NNRL, respectively; and finally, the 11th and 12th groups (T200-LL and T200-PA) received diets contaminated with 200 mg FB1/kg diet and co-administrated with LL-DSM or PA-NNRL, respectively. Although the duration of the experiment was up to 28-day (4 weeks) post-feeding, organs weight, serum biochemical changes, and histopathological evaluation were studied. Sera were separated using centrifugation under cooling which were then stored at  $-20^{\circ}\text{C}$  for the determination of total protein, PL, cholesterol, TGs, HDL-C, LDL-C, and very low density lipoprotein- cholesterol (VLDL-C) according to the kits instructions using Unico UV-2102PC UV/VIS Scanning spectrophotometer (Houston, TX).

### Organs weight

At the end of experimental period (28 days), all rats were anesthetized by sodium pentobarbital (4%, 40 mg/kg) and sacrificed. From all groups of animals, the liver, kidney, spleen, brain, and testes were removed and weighed.

### Blood biochemical parameters

Blood samples (2 ml) were weekly obtained from retro-orbital venous plexus and transferred into dry corked test tubes. Tubes were first held stable at room temperature for 10 minutes, and then centrifuged at 3,000 rpm for 5 minutes. Serum lipid profile was assayed for total cholesterol (TC), TGs, PL, HDL, LDL, and VLDL.

### Determination of triglycerides

Serum samples were analyzed for TGs using the specific assay kit according to the method described by Bucolo and David (1973). The test is based on a series of enzymatic reactions. The method was initiated hydrolysis of TGs through sample incubation glycerol with lipoprotein lipase enzyme. The resulting free glycerol is converted to glycerol-3-phosphate (G3P) and adenosine-5-diphosphate (ADP) by glycerol kinase and ATP. G3P is oxidized by glycerol phosphate dehydrogenase to dihydroxyacetone phosphate and hydrogen peroxide ( $\text{H}_2\text{O}_2$ ). In the last reaction, peroxidase (POD) catalyzes the redox coupled reaction of  $\text{H}_2\text{O}_2$  reacts with 4-aminophenazone (4-AP) and p-chlorophenol to produce red colored dye which was measured spectrophotometrically at 550 nm.

### Determination of phospholipids

PL was estimated as described by Connerty *et al.* (1961). Nearly, 1 mL of digestion mixture (50 ml distilled  $\text{H}_2\text{O}$ , 25 ml concentrated sulfuric acid, and 25 ml per-chloric acid, 70%) was added to 200  $\mu\text{l}$  lipid extract. The mixture was heated in a boiling water bath for about 45 minutes then allowed to cool. Nearly, 1 ml of 50% sodium acetate was added and completed up to 10 ml with distilled water. The reaction was finalized by adding and 1 ml ammonium molybdate (2.5%) followed by 1 ml Elon reagent, then mixed thoroughly together. All tubes were allowed to stand for 15 minutes at room temperature, then absorbance of both test samples solution and standard solution ( $4 \mu\text{g ml}^{-1}$ ) were measured at 700 nm against blank.

### Determination of total cholesterol

Assays of TC in serum were determined by the enzymatic kit method of Richmond (1973) and Allain *et al.* (1974). The TC colorimetric assay involves three enzymes, cholesterol esterase hydrolyze cholesterol esters to cholesterol and free fatty acids, cholesterol oxidase oxidize free cholesterol to cholest-4-ene-3-one and hydrogen peroxide and in presence of POD, the former mixture of 4-aminoantipyrene (4-AA) and ADPS (N-Ethyl-N-(3-sulfopropyl)-m-anisidine) are condensed by hydrogen peroxide to form a quinoneimine dye proportional to the concentration of cholesterol in the sample which is quantified by measuring absorbance at 500 nm.

### Determination of HDL-cholesterol

Serum HDL-C levels were determined by autozyme method using diagnostic kit method described by [Burstein and Samaille \(1960\)](#) which based on the selective separation of HDL-C from other lipoprotein forms by precipitation of apolipoprotein B-containing lipoproteins (primarily VLDL-C and LDL-C) by using phosphotungstic acid/MgCl<sub>2</sub>, followed by centrifugation to sediment the precipitant, and subsequent enzymatic analysis of HDL as residual cholesterol remaining in the clear supernatant and color developed was read at 500 nm.

### Estimation of LDL- Cholesterol and VLDL-Cholesterol

LDL-C and VLDL-C levels were calculated *via* the Friedewald equations ([Friedewald et al., 1972](#)).

$$\text{LDL-Cholesterol (mg/dl)} = \text{TC} - [(\text{HDL-C}) - 1/5 \text{ TGs}]. \quad (1)$$

$$\text{VLDL-C} = \text{TGs}/5 \quad (2)$$

### Liver and kidney histopathological examination

For the histopathology analyses, liver and kidney tissues from each rat from all the experimental groups were obtained, immediately washed with saline and fixed in a 10% buffered neutral formalin solution. The fixed tissues samples were dehydrated, embedded in paraffin wax, then, the tissues were sectioned (5-micron thickness) and stained with hematoxylin and eosin (H and E) as described by [Lillie et al. \(1968\)](#). Finally, multiple tissue sections from all groups were examined under a high power microscope at 100×, 200×, and 400× magnifications and photographs using photomicrographic system were obtained.

### Statistical analysis

The data collected were subjected to one-way analysis of variance (ANOVA) to compare organ's weight and blood biochemistry followed by Duncan's multiple range test using a statistical package for the Social Sciences (SPSS) software package version 20. Interaction between times with animal groups using to consider lipid profile. Values of  $p \leq 0.05$  were considered as significant.

## RESULTS

### Weight changes in selected rat organs

The chronic effects of FB1-contaminated diets (50, 100, and 200mg FB1/kg diet) supplemented or not with LAB for 28 days (4 weeks) on selected organs weight were summarized in [Table 1](#). Generally, significant differences were detected in all organs weights among groups after 4 weeks. The data revealed that no significant effects on stomach weight were seen after chronic exposure to different treatments. However, significant differences appeared as of day + 28 where the selected organs weight slightly but significantly decreased regardless of the toxin dose observed. Fumonisin B1 at a level of 200 mg/kg diet was therefore responsible for a statistically significant decrease in the weight of brain, spleen and testes after the ending of exposure. When compared with the control group, the absolute weight of the liver and kidney were lower in FB1 treatments, but not different from the weight reported in treatments with FB1 + LL and FB1 + PA. This result suggests that the specification of FB1 in the liver and kidney toxicity. The absolute weight of the kidney fed LL (1.790 g) and PA (1.906 g) was higher ( $p \leq 0.05$ ) than in the control group (1.565 g). In contrast, no significant changes in the weight of liver, lung, brain, spleen, and testes treated with LL and PA were observed. Feeding FB1 (100, 200 mg/kg diet) decreased ( $p \leq 0.05$ ), the absolute weight of the lung by 2.510 and 2.160 g, respectively, compared with 2.983g in FB1 treatment (50 mg/kg). The groups that administered by FB1 + LL and FB1 + PA showed intermediate lung weight (2.945 g). No changes in selected organs weight were observed in animals treated with FB1 + LL and FB1 + PA. These results indicate that the ameliorated effect of *Lb. delbrueckii* subsp. *lactis* DSM 20076 (LL) and *P. acidilactici* NNRL B-5627 (PA) on Fumonisin B1-toxicosis.

### Effect of dietary treatments on serum lipid profile

Biochemical results of the animal groups revealed that diets containing 50, 100, and 200 mg FB1/kg increased the serum TG, PL, TC, LDL-C, and VLDL-C ([Figs. 1, 2, and 3](#)), compared

**Table 1.** Changes over time in TGs and PL in serum of treated rats.

Groups	TG (mg/dl)			PL (mg/dl)		
	Baseline	Day + 14	Day + 28	Baseline	Day + 14	Day + 28
NC	92.7 ± 6.42 <sup>A,a</sup>	95.3 ± 10.06 <sup>a</sup>	98.0 ± 4.00 <sup>a</sup>	99.83 ± 15.06 <sup>A,a</sup>	130.00 ± 13.76 <sup>B,a</sup>	171.25 ± 23.54 <sup>E,b</sup>
T50	92.0 ± 8.71 <sup>A,a</sup>	96.7 ± 11.54 <sup>a,b</sup>	115.3 ± 4.16 <sup>b</sup>	103.60 ± 14.46 <sup>A,a</sup>	137.25 ± 9.21 <sup>B,a</sup>	155.66 ± 5.50 <sup>D,b</sup>
T100	92.7 ± 4.16 <sup>A,a</sup>	108.7 ± 2.30 <sup>b</sup>	140.7 ± 1.15 <sup>c</sup>	113.50 ± 14.48 <sup>A,a</sup>	134.40 ± 5.77 <sup>B,a</sup>	118.75 ± 6.29 <sup>C,a</sup>
T200	95.3 ± 9.018 <sup>A,a</sup>	134.0 ± 2.00 <sup>c</sup>	164.7 ± 5.03 <sup>d</sup>	108.42 ± 11.57 <sup>A,a</sup>	121.83 ± 4.79 <sup>B,b</sup>	96.00 ± 7.21 <sup>D,a</sup>
LL-DSM	93.3 ± 9.01 <sup>A,a</sup>	96.7 ± 6.42 <sup>a,b</sup>	94.0 ± 6.00 <sup>a</sup>	113.80 ± 10.20 <sup>A,a</sup>	143.00 ± 9.30 <sup>C,a</sup>	194.66 ± 25.14 <sup>E,c</sup>
PA-NNRL	92.7 ± 6.42 <sup>A,a</sup>	95.3 ± 6.11 <sup>a</sup>	99.3 ± 12.05 <sup>a</sup>	101.80 ± 14.30 <sup>A,a</sup>	143.25 ± 13.12 <sup>C,a</sup>	196.00 ± 13.52 <sup>E,c</sup>
T50-LL	93.3 ± 6.42 <sup>A,a</sup>	96.0 ± 5.29 <sup>a,b</sup>	98.0 ± 2.00 <sup>a</sup>	103.00 ± 14.76 <sup>A,a</sup>	136.40 ± 9.86 <sup>C,a</sup>	162.50 ± 12.04 <sup>E,b</sup>
T50-PA	95.3 ± 6.42 <sup>A,a</sup>	97.3 ± 3.05 <sup>a,b</sup>	100.0 ± 4.0 <sup>a</sup>	107.60 ± 14.22 <sup>A,a</sup>	136.00 ± 9.76 <sup>C,a</sup>	167.00 ± 13.11 <sup>E,b</sup>
T100-LL	92.7 ± 9.86 <sup>A,a</sup>	96.7 ± 8.32 <sup>a,b</sup>	98.0 ± 7.21 <sup>a</sup>	105.50 ± 12.11 <sup>A,a</sup>	136.60 ± 14.92 <sup>C,a</sup>	160.00 ± 8.12 <sup>E,b</sup>
T100-PA	94.0 ± 7.21 <sup>A,a</sup>	96.7 ± 5.03 <sup>a,b</sup>	98.7 ± 3.05 <sup>a</sup>	107.16 ± 15.79 <sup>A,a</sup>	141.00 ± 9.43 <sup>C,a</sup>	168.50 ± 22.92 <sup>E,b</sup>
T200-LL	93.3 ± 7.57 <sup>A,a</sup>	96.0 ± 5.29 <sup>a,b</sup>	114.66 ± 8.71 <sup>b</sup>	100.71 ± 15.39 <sup>A,a</sup>	138.16 ± 9.82 <sup>C,a</sup>	161.20 ± 17.66 <sup>E,b</sup>
T200-PA	92.7 ± 13.31 <sup>A</sup>	95.3 ± 7.57 <sup>a</sup>	112.66 ± 4.16 <sup>b</sup>	106.28 ± 15.40 <sup>A,a</sup>	136.50 ± 12.48 <sup>C,a</sup>	160.60 ± 15.53 <sup>E,b</sup>

Each value is mean ± SD for six rats in each group. Statistical analysis is carried out using one-way ANOVA by SPSS program, V 20.

Means with different letters are significantly different ( $p \leq 0.05$ ).

**Table 2.** Changes over time in TC and HDL-cholesterol in serum of treated rats.

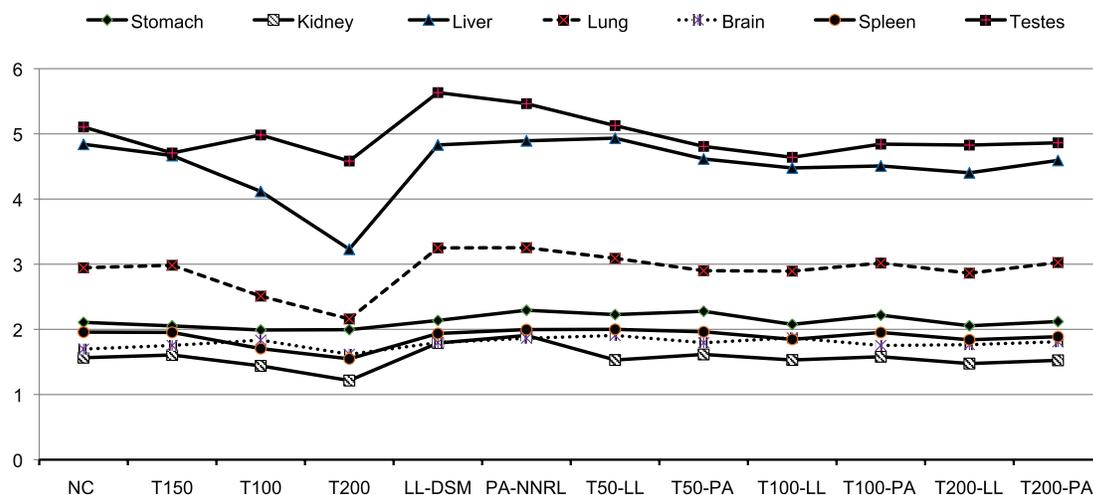
Groups	Total-Cholesterol (mg/dl)			HDL-Cholesterol (mg/dl)		
	Baseline	Day + 14	Day + 28	Baseline	Day + 14	Day + 28
NC	78.0 ± 7.21 <sup>A,a</sup>	80.0 ± 8.00 <sup>a</sup>	80.0 ± 8.00 <sup>a</sup>	28.32 ± 4.23 <sup>A,a</sup>	27.59 ± 2.49 <sup>a</sup>	29.98 ± 3.17 <sup>a</sup>
T50	78.7 ± 0.11 <sup>A,a</sup>	82.7 ± 4.61 <sup>a</sup>	90.7 ± 6.11 <sup>b</sup>	27.22 ± 2.89 <sup>A,a</sup>	26.58 ± 2.97 <sup>a</sup>	23.83 ± 4.92 <sup>b</sup>
T100	78.7 ± 6.11 <sup>A,a</sup>	84.0 ± 4.00 <sup>a</sup>	105.3 ± 5.03 <sup>c</sup>	27.96 ± 6.49 <sup>A,a</sup>	23.47 ± 6.50 <sup>a</sup>	19.89 ± 4.20 <sup>c</sup>
T200	78.0 ± 4.00 <sup>A,a</sup>	101.3 ± 4.16 <sup>b</sup>	130.0 ± 10.0 <sup>d</sup>	28.96 ± 8.79 <sup>A,a</sup>	21.35 ± 4.50 <sup>a</sup>	15.49 ± 1.58 <sup>d</sup>
LL-DSM	72.7 ± 6.11 <sup>A,a</sup>	76.0 ± 4.00 <sup>a</sup>	75.3 ± 5.77 <sup>a</sup>	26.40 ± 3.99 <sup>A,a</sup>	26.95 ± 3.44 <sup>a</sup>	26.95 ± 0.55 <sup>a</sup>
PA-NNRL	74.7 ± 5.03 <sup>A,a</sup>	76.7 ± 6.42 <sup>a</sup>	76.7 ± 4.61 <sup>a</sup>	27.32 ± 5.63 <sup>A,a</sup>	26.95 ± 3.44 <sup>a</sup>	29.15 ± 5.87 <sup>a</sup>
T50-LL	74.7 ± 10.26 <sup>A,a</sup>	76.7 ± 8.32 <sup>a</sup>	78.7 ± 8.08 <sup>a</sup>	28.42 ± 6.37 <sup>A,a</sup>	26.86 ± 3.09 <sup>a</sup>	28.78 ± 3.69 <sup>a</sup>
T50-PA	76.0 ± 11.13 <sup>A,a</sup>	79.3 ± 9.01 <sup>a</sup>	80.7 ± 8.08 <sup>a</sup>	28.05 ± 7.21 <sup>A,a</sup>	29.24 ± 7.06 <sup>a</sup>	27.13 ± 3.31 <sup>a</sup>
T100-LL	75.3 ± 8.32 <sup>A,a</sup>	78.0 ± 7.21 <sup>a</sup>	79.3 ± 8.08 <sup>a</sup>	26.13 ± 4.77 <sup>A,a</sup>	28.78 ± 6.33 <sup>a</sup>	28.97 ± 6.18 <sup>a</sup>
T100-PA	78.0 ± 11.13 <sup>A,a</sup>	79.3 ± 9.01 <sup>a</sup>	80.7 ± 8.08 <sup>a</sup>	28.23 ± 9.39 <sup>A,a</sup>	28.05 ± 7.21 <sup>a</sup>	27.96 ± 4.71 <sup>a</sup>
T200-LL	77.3 ± 7.02 <sup>A,a</sup>	78.7 ± 4.16 <sup>a</sup>	88.6 ± 5.03 <sup>b</sup>	27.76 ± 4.62 <sup>A,a</sup>	29.06 ± 5.92 <sup>a</sup>	24.75 ± 4.35 <sup>b</sup>
T200-PA	77.3 ± 6.42 <sup>A,a</sup>	78.0 ± 5.29 <sup>a</sup>	90.6 ± 9.01 <sup>b</sup>	27.68 ± 7.32 <sup>A,a</sup>	29.98 ± 10.10 <sup>a</sup>	24.47 ± 6.33 <sup>b</sup>

Each value is mean ± SD for six rats in each group. Statistical analysis is carried out using one-way ANOVA by SPSS program, V 20. Means with different letters are significantly different ( $p \leq 0.05$ ).

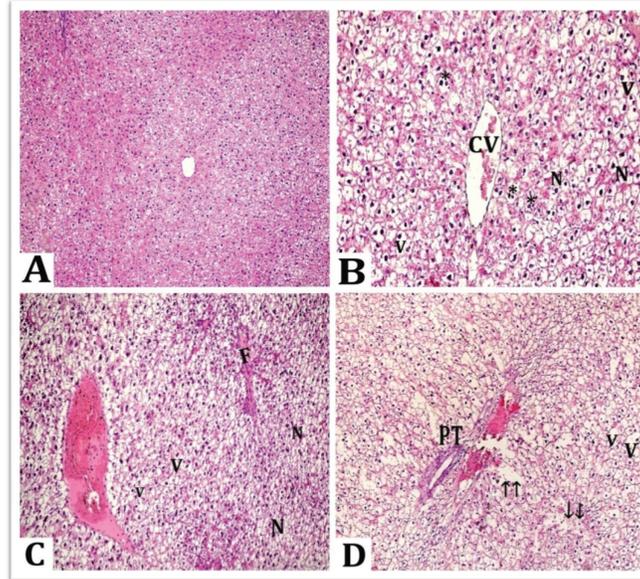
**Table 3.** Changes over time in the LDL-cholesterol and VLDL-cholesterol in serum of treated rats.

Groups	LDL-Cholesterol (mg/dl)			VLDL-Cholesterol (mg/dl)		
	Baseline	Day + 14	Day + 28	Baseline	Day + 14	Day + 28
NC	31.14 ± 9.16 <sup>A,a</sup>	33.34 ± 4.96 <sup>a</sup>	30.43 ± 7.39 <sup>a</sup>	18.53 ± 1.28 <sup>A,a</sup>	19.07 ± 2.01 <sup>a</sup>	19.60 ± 0.80 <sup>a</sup>
T50	32.11 ± 12.38 <sup>A,a</sup>	36.38 ± 8.89 <sup>a</sup>	37.53 ± 10.44 <sup>b</sup>	18.40 ± 1.74 <sup>A,a</sup>	19.33 ± 2.30 <sup>a,b</sup>	23.07 ± 0.83 <sup>b</sup>
T100	32.18 ± 4.18 <sup>A,a</sup>	31.28 ± 7.25 <sup>a</sup>	37.78 ± 1.43 <sup>b</sup>	18.53 ± 0.83 <sup>A,a</sup>	21.73 ± 0.46 <sup>b</sup>	28.13 ± 0.23 <sup>c</sup>
T200	29.97 ± 10.95 <sup>A,a</sup>	42.63 ± 6.57 <sup>a</sup>	62.65 ± 2.71 <sup>c</sup>	19.07 ± 1.80 <sup>A,a</sup>	26.80 ± 0.40 <sup>c</sup>	32.93 ± 1.00 <sup>d</sup>
LL-DSM	27.60 ± 3.06 <sup>A,a</sup>	29.72 ± 4.71 <sup>a</sup>	29.58 ± 6.03 <sup>a</sup>	18.67 ± 1.80 <sup>A,a</sup>	19.33 ± 1.28 <sup>a,b</sup>	18.80 ± 1.20 <sup>a</sup>
PA-NNRL	28.82 ± 5.70 <sup>A,a</sup>	30.65 ± 3.73 <sup>a</sup>	27.65 ± 6.18 <sup>a</sup>	18.53 ± 1.28 <sup>A,a</sup>	19.07 ± 1.22 <sup>a</sup>	19.87 ± 2.41 <sup>a</sup>
T50-LL	27.58 ± 15.25 <sup>A,a</sup>	30.61 ± 9.28 <sup>a</sup>	30.28 ± 9.78 <sup>a</sup>	18.67 ± 1.28 <sup>A,a</sup>	19.20 ± 1.05 <sup>a,b</sup>	19.60 ± 0.40 <sup>a</sup>
T50-PA	28.88 ± 17.37 <sup>A,a</sup>	30.63 ± 14.73 <sup>a</sup>	33.53 ± 10.56 <sup>a</sup>	19.07 ± 1.28 <sup>A,a</sup>	19.47 ± 0.61 <sup>a,b</sup>	20.00 ± 0.80 <sup>a</sup>
T100-LL	30.68 ± 5.52 <sup>A,a</sup>	29.88 ± 7.01 <sup>a</sup>	30.77 ± 10.50 <sup>a</sup>	18.53 ± 1.97 <sup>A,a</sup>	19.33 ± 1.66 <sup>a,b</sup>	19.60 ± 1.44 <sup>a</sup>
T100-PA	30.97 ± 14.79 <sup>A,a</sup>	31.95 ± 12.33 <sup>a</sup>	32.98 ± 9.78 <sup>a</sup>	18.80 ± 1.44 <sup>A,a</sup>	19.33 ± 1.00 <sup>a,b</sup>	19.73 ± 0.61 <sup>a</sup>
T200-LL	30.89 ± 8.16 <sup>A,a</sup>	30.41 ± 7.57 <sup>a</sup>	40.98 ± 9.63 <sup>d</sup>	18.67 ± 1.51 <sup>A,a</sup>	19.20 ± 1.05 <sup>a,b</sup>	22.93 ± 1.74 <sup>b</sup>
T200-PA	31.12 ± 1.83 <sup>A,a</sup>	28.96 ± 7.74 <sup>a</sup>	43.65 ± 5.93 <sup>C,d</sup>	18.53 ± 2.66 <sup>A,a</sup>	19.07 ± 1.51 <sup>a</sup>	22.53 ± 0.83 <sup>b</sup>

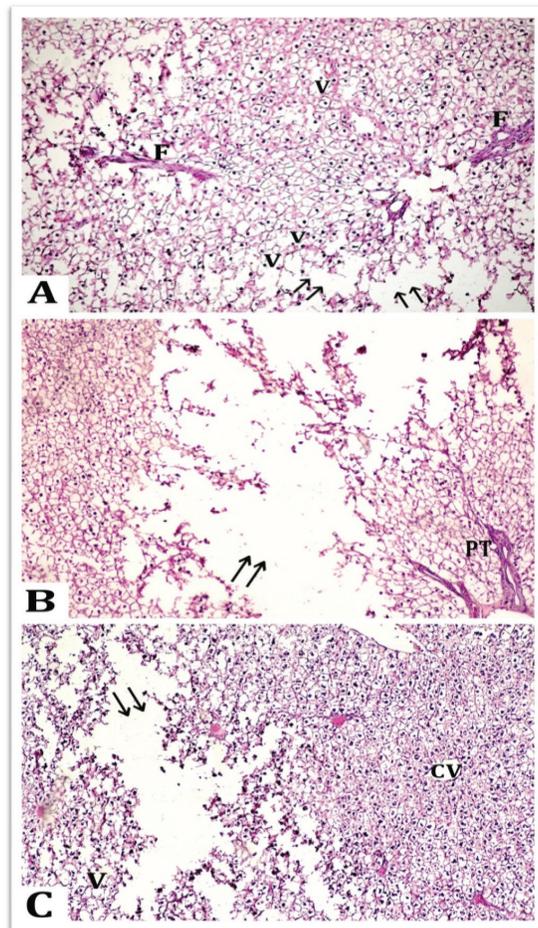
Each value is mean ± SD for six rats in each group. Statistical analysis is carried out using one-way ANOVA by SPSS program, V 20. Means with different letters are significantly different ( $p \leq 0.05$ ).



**Figure 1.** Values of various organ weights (g) of treated male rats over a period of 28 days.



**Figure 2.** Light photomicrographs of liver sections from: (A) control groups, (B) group treated with low dose of FB1 (T50), and (C and D) Group treated with medium dose of FB1 (T100). (H&E stain Mic. Magnifications: 100× & 200×). V = cytoplasmic vacuolation, \* = dilated blood sinusoids, N = pyknosis, ↑↑ = esinophilic masses, CV = central vein, F = fibrosis, and PT = portal tract.



**Figure 3.** (A, B, and C) Light photomicrographs of liver sections from rats treated with high dose of FB1 (group T200) depicting multiple areas of complete cellular destructions of hepatocytes (↑↑). Congested blood vessels, scattered areas of fibrosis in between portal tract (PT) vacuolated hepatocytes (v) are also seen. (H&E stain Mic. Magnifications: 200×). V = cytoplasmic vacuolation, \* = dilated blood sinusoids, ↑↑ = esinophilic masses, CV = central vein, F = fibrosis, and PT = portal tract.

with those fed the control diet while HDL-C (Fig. 3), decreased during the experimental period. The changes in serum lipid profile of growing rats fed dietary FB1 50 mg/kg diet (T50-group) are presented, but no significant changes were reported at the end of the feeding trial. The mean serum cholesterol, LDL-C, and VLDL-C concentrations of the T100-group for day + 14 were significantly ( $p \leq 0.05$ ) lower than the mean serum cholesterol, LDL-C, and VLDL-C of those fed 100 mg FB1/kg diet for day + 28, which was significantly ( $p \leq 0.05$ ) lower than the serum cholesterol, LDL-C, and VLDL-C of those fed on 200 mg FB1/kg diet (T200-group) at the end of the feeding trial. The mean serum HDL-C ratio of T100-group and T200-group were significantly ( $p \leq 0.05$ ) lower than the mean serum HDL-C of T50-group and the control diet at about 28 day into the feeding trial. The changes in the serum lipid profile shown in Figures 1, 2, and 3 exhibited time- and dose-dependent of the growing rats. The T200-group significantly increased the mean serum level of TC, LDL-C, VLDL-C, and TG by 62.5%, 105.88%, 68.01%, and 68.06%, respectively, compared with control group, while the results showed no great elevation on the serum PL was reported by the end of the experiment. While, the results demonstrated a significant decrease in the mean serum level of HDL-C by 48.33%, compared with control group.

Along the experimental period, administration of LL or PA only had no effect on the serum TC, HDL-C, LDL-C, VLDL-C, and TG significantly when compared with the control group. In addition, treatments of LL and PA along with FB1 (T50, T100, and T200) induced significant improvements in lipid profile and succeeded to normalize levels of TG, PL, TC, LDL-C, VLDL-C, and HDL-C. Serum TC in T200-LL group and T200-PA group recorded significant reductions of 31.84% and 30.30%, respectively, while LDL-C significantly reduced by 34.58% and 30.32%, respectively. VLDL-C significantly reduced by 30.36% and 31.58%, respectively, and serum TG significantly reduced by 30.38% and 31.59%, respectively, compared with T200-group. On the other hand, serum level of HDL-C in T200-LL group and T200-PA group recorded a significant elevation by 59.78% and 57.97%, respectively, compared with T200 group. It was found that the rats treated with *Lb. delbrueckii* subsp. *lactis* DSM 20076 (LL) and *P. acidilactici* NNRL B-5627 (PA) ( $10^{10}$  CFU/ml) for 28 days significantly minimized the alterations in the levels of these biochemical parameters.

### Histopathological examination of liver tissues

Microscopic observation of histopathological architecture features of controls liver tissues and the groups treated with LL-DSM or PA-NNRL alone showed normal nucleus of hepatocytes, normal structure of the central vein, radially arranged hepatocytes around the central vein (Fig. 2A). In contrast to the normal histological examination of the liver tissue of the controls, a series of morphological alterations, marked degenerative changes of hepatocytes, congestion, and marked diffuse necrosis of hepatic tissue were observed in liver of FB1-treated rats.

Regarding the liver tissues of T50-group, the data presented dilated central vein (CV) lined by flat endothelial cells. The presences of blood cells in its lumen were noticed. The hepatocytes exhibiting vacuolated cytoplasm (V) with central dense nuclei (N) and some cells are binucleated (\*) (Fig. 2B).

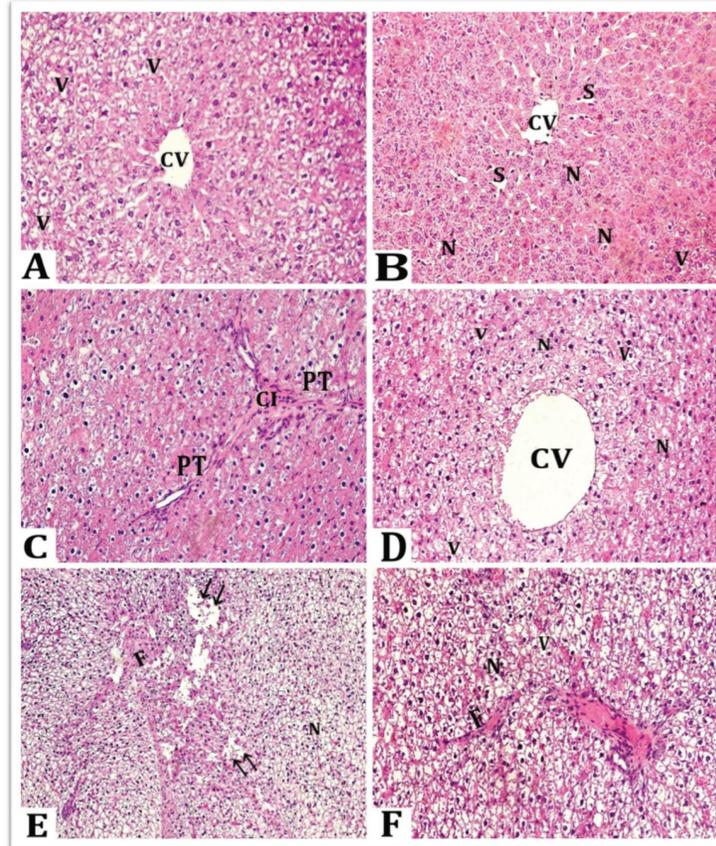
These changes were also detected in the liver tissues of T100-group in addition to vacuolar degeneration and gross hepatocellular damage. Congested blood vessels scattered the areas of fibrosis in between portal tract (PT) and in between vacuolated hepatocytes (v) were observed in treated tissues, as well. In addition to that, some hepatocytes around portal tract exhibited dense small (pyknotic) nuclei (N), while other cells are completely destructed (↑↑) as shown in Figure 2C and D. The light photomicrographs of liver sections from T200-group revealed that the liver lost its hepatic architecture and depicted multiple areas of complete cellular destructions of hepatocytes (↑↑). Congested blood vessels scattered the areas of fibrosis in between portal tract (PT) and in between vacuolated hepatocytes (v) were also seen in the same group (Fig. 3A–C).

Further, probiotic bacteria plus FB1 caused a significant decrease in the mean diameter of hepatocytes and central hepatic vein in all treated groups in comparison with FB1 group administration (Fig. 4). The liver of rats treated with FB1 plus LL-DSM (T50-LL) showed acidophilic hepatocytes radiating from normal looking central vein (CV) while other cells appears with vacuolated cytoplasm (V) (Fig. 4A). In addition, light photomicrographs of liver sections from rat group (T50-PA) showed normal looking hepatocytes radiating from central vein (CV) with acidophilic granular cytoplasm and vesicular nuclei (N). The increased phagocytic activity of Kupffer cells (^) surrounding sinusoids (S) also, noticed in Figure 4B. While, slight degenerative changes or depletion of cells were observed in the rat groups T100-LL and T100-PA. The liver sections in the rat group (T100-LL) showed depicting deposition of collagen fibers around portal tract (PT) and the presence of cellular infiltration (CI). The hepatocytes appeared with vacuolated cytoplasm alternated with areas of granular cytoplasm (Fig. 4C). The rat group T100-PA revealed dilated thin wall central vein (CV) lined by single layer of endothelium. In the same group, the hepatocytes exhibit multiple vacuolated cytoplasm (V) and the nuclei (N) appear dense and centrally located (Fig. 4D). On the other hand, the rat group T200-LL showed vacuolated hepatocytes with small dense nuclei (N). Some areas in the same group exhibited fibrosis (F) and focal destruction (↑↑) of liver tissue (Fig. 4E). The rat group T200-PA depicted areas of fibrosis (F) in between vacuolated hepatocytes with small dense nuclei (N), as well (Fig. 4F).

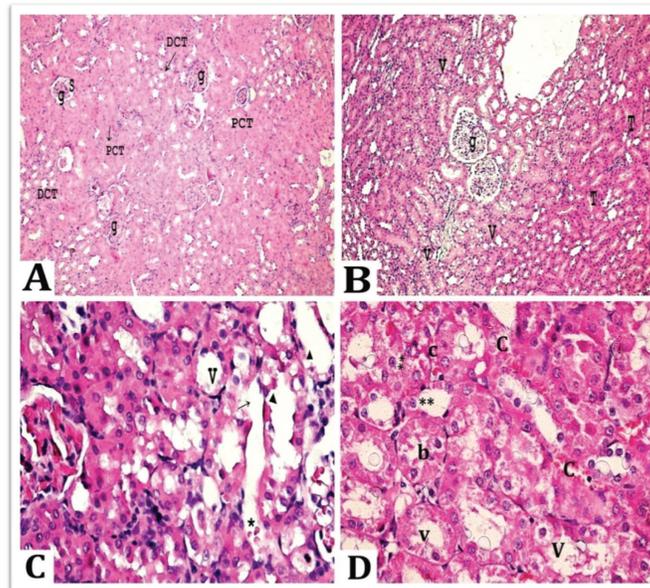
### Histological examination of kidney tissues

The histopathological examination of the kidney tissue of the control rats or those treated with probiotic bacteria alone did not reveal any pathological changes, where the renal cortex figured multiple rounded renal glomeruli (g), Bowman's space (S), and proximal convoluted tubules (PCT) appeared with acidophilic cytoplasm, vesicular nuclei (↑) and brush border (\*), and the distal convoluted tubules (DCT) with wide lumen (Fig. 5A).

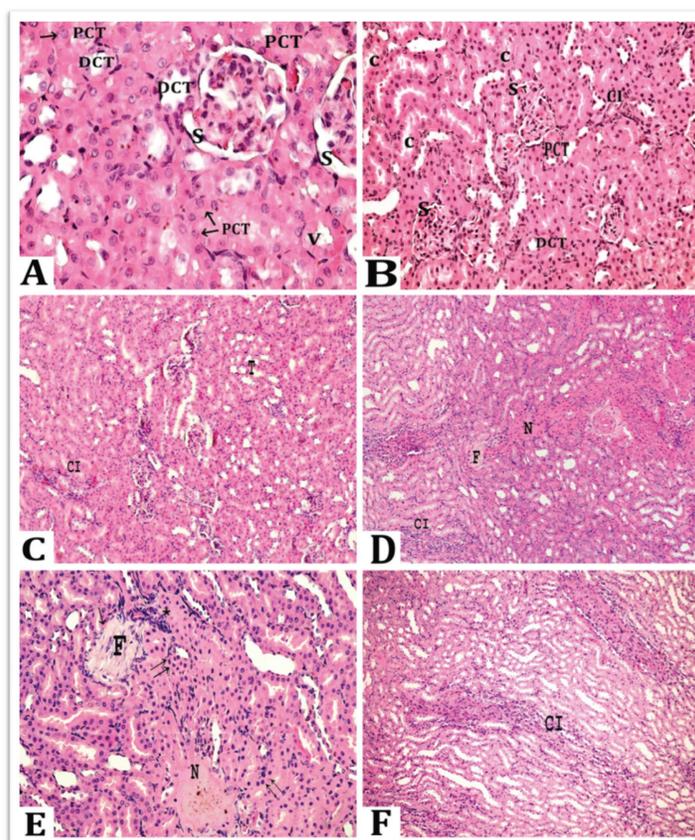
Concerning the FB1 toxicity, the changes in kidney were noticed in rats treated with FB1 (T50-group) after 4 weeks, where the renal glomeruli (g) and renal tubules with focal areas of tubules exhibited vacuolated (V) cytoplasm, while others appeared normal (T) (Fig. 5B). Moreover, rats treated with FB1 (T100-group) exhibited vacuolation of renal tubules cells (V); some tubules have incomplete basal lumen (↑) with complete destruction of some cells (▲). In addition, the presence of extra vested blood cells



**Figure 4.** Light photomicrographs of liver sections from: (A) rat group treated with 50 mg FB1/kg diet plus LL (T50-LL); (B) rat group treated with 50 mg FB1/kg diet plus PA (T50-PA); (C) rat group treated with 100mg FB1/kg diet plus LL (T100-LL); (D) rat group treated with 100 mg FB1/kg diet plus PA (T100-PA); (E) rat group treated with 200 mg FB1/kg diet plus LL (T200-LL); and (F) rat group treated with 200 mg FB1/kg diet plus PA (T200-PA) (H&E stain Mic. Magnifications: 200× & 400×). V = cytoplasmic vacuolation, N = pyknosis, ↑↑ = eosinophilic masses, CV = central vein, F = fibrosis, PT = portal tract, CI = cellular infiltrate, and S = Bowman's space.



**Figure 5.** Light photomicrographs of kidney sections from: (A) control groups; (B) rats treated with low dose of FB1 (T50); (C) rats treated with medium dose of FB1 (T100); and (D) rats treated with high dose of FB1 (group T200) (H&E stain Mic. Magnifications: 100× & 400×). V = cytoplasmic vacuolation, ↑ = vesicular nuclei, C = congestion, b = brush border, S = Bowman's space, g = Renal glomeruli, PCT = proximal convoluted tubules, DCT = distal convoluted tubule, \* = dilated blood sinusoids.



**Figure 6.** Light photomicrographs of kidney sections from: (A) rat group treated with 50 mg FB1/kg diet plus LL (T50-LL); (B) rat group treated with 50 mg FB1/kg diet plus PA (T50-PA); (C) rat group treated with 100 mg FB1/kg diet plus LL (T100-LL); (D) rat group treated with 100 mg FB1/kg diet plus PA (T100-PA); (E) rat group treated with 200 mg FB1/kg diet plus LL (T200-LL); and (F) rat group treated with 200 mg FB1/kg diet plus PA (T200-PA) (H&E stain Mic. Magnifications: 200× and 400×). V = cytoplasmic vacuolation, ↑ = vesicular nuclei, C = congestion, S = Bowman's space, g = renal glomeruli, PCT = proximal convoluted tubules, DCT = distal convoluted tubule, \* = dilated blood sinusoids, F = fibrosis, CI = cellular infiltrate, N = necrosis, ↑↑ = eosinophilic masses.

in the lumen of some tubules (\*) were also noticed in the same group (Fig. 5C). Histopathology of kidney tissues revealed several changes in rats treated with the high dose of FB1 (T200-group); which observed marked vacuolation (V) of tubular cell lining and some cells appears swollen with central nuclei (\*\*), with indistinct boundaries. The DCT appeared with diminished brush border (b) and vacuolated cytoplasm. The congestion (C) of blood vessels in between the tubules was seen in this group, as well (Fig. 5D).

On the other hand, the histopathological examinations of the rats showed modifications by the dietary FB1 and LAB supplementation. Where, the kidney of rats treated with FB1 at the low dose plus LL-DSM (T50-LL) showed minor changes in renal glomeruli (g), Bowman's space (S), PCT with acidophilic cytoplasm with minimal vacuolation (V) and rounded vesicular nuclei (↑), DCT as seen in Figure 6A. The results showed nearly normal structures in the T50-PA group where, the Bowman's space (S) of renal corpuscle decreased, the blood vessels (C) congested, and the structure of PCT and DCT preserved. The minimal cellular infiltrate (CI) also have been noticed (Fig. 6B).

The renal cortex of the rats (T50-LL group) treated with FB1 at the medium level plus LL-DSM showed depiction marked cellular infiltrate (CI), narrow Bowman's space (S), and unaffected renal tubules (T) (Fig. 6C), whereas rats (T50-PA

group) supplemented with PA-NNRL observed depicting cellular infiltration (CI) in between tubules of the renal cortex and focal area of cortical necrosis (N) of renal tubules (Fig. 6D).

Light photomicrograph of rat renal cortex in T200-LL group, which treated with high dose of FB1 plus LL-DSM revealed areas of necrosis (N), fibrosis (F), and dark nuclei (↑↑). Cellular infiltrations (CI) are also seen (Fig. 6E) while, T200-PA group supplemented with PA-NNRL showed marked cellular infiltration (CI) in between renal modularly tubules (Fig. 6F). Both livers and kidneys of rats treated with either LL-DSM or PA-NNRL appeared normal and were comparable to those of the control group.

## DISCUSSION

Consumption of fumonisin B1 contaminated foods lead to the induction of nephrotoxicity, hepatotoxicity, carcinogenicity, immunosuppressive, as well as developmental and reproductive toxicity effect in humans and/or animals (Gelderblom *et al.*, 2001; Marasas *et al.*, 2004; Müller *et al.*, 2012; NTP, 2001; Riley *et al.*, 1994; Voss *et al.*, 1995).

To control FB1-induced damages, different strategies have been developed to detoxify fumonisin B1 contaminated foods and animal feeds. The targets of these strategies are including detoxification of the already present mycotoxins, banning of

FB1 gastrointestinal tract absorption, damage reduction when absorption occurs. Recently, increasing interest has been raised on the hypothesis that some dairy strains of LAB and bifidobacteria can effectively inhibit mycotoxin absorption in consumed food which later on proofed by numerous investigators (El-Nezami *et al.*, 1998; Kankaanpää *et al.*, 2000; Oatley *et al.*, 2000). The ability of *Lb. delbrueckii* subsp. *lactis* DSM 20076 and *P. acidilactici* NNRL B-5627 to inhibit *Fusarium* sp. isolates growth and/or bind fumonisin were studied *in vitro* by Khalil *et al.* (2013); in which we reported removal of high amounts (76.67 %) of FB1 by *Lb. delbrueckii* subsp. *lactis* DSM 20076. However, *P. acidilactici* NNRL B-5627 showed the greatest inhibitory effect against *Fusarium* isolates suggesting that these strains would be useful for dietary detoxification. Furthermore, Khalil *et al.* (2015) reported a good protective effect as antigenotoxicity and pre-cancerous lesions of both *Lb. delbrueckii* subsp. *lactis* (LL) and *P. acidilactici* (PA) strains.

In the current research, an *in vivo* study was conducted to evaluate the ameliorating efficiency of LL and PA strains against FB1-induced toxicity in rats. Serum lipid profile parameters (TG, PL, TC, LDL-C, VLDL-C, and HDL-C) were determined along with the nephrotoxic and hepatotoxic changes. Rats fed FB1-contaminated diets tended to have a decrease in organs weights with pronounced reductions in absolute weight of livers and kidneys; in a similar trend to previous findings reported by other researchers (Howard *et al.*, 2001; Sharma *et al.*, 1997; Tsunoda *et al.*, 1998). In contrast, no significant changes observed in absolute weights of livers, lungs, brains, spleens, and testes in LL- and PA-treated rates. These results confirmed former literature data, where the toxic effects were counteracted by LAB (Gratz *et al.*, 2006; Nada *et al.*, 2010).

In addition, administration of LL and PA to rats fed FB1 (groups T50, T100, and T200) induced significant improvements in lipid profile and succeeded to normalize values of TG, PL, TC, LDL-C, VLDL-C, and HDL-C. However, the significant increment of LDL + VLDL cholesterol, TG, and TC in animals fed FB1 at various doses tested may refer to ceramide synthase inhibition caused by FB1 which leads to a wide spectrum of changes in lipid metabolism and associated lipid-dependent signaling pathways (Merrill *et al.*, 2001). Studies have suggested that the lipid metabolism impairment of liver tissues by mycotoxin as the major cause to the changes in the serum cholesterol and TGs (Juma *et al.*, 2015). In agreement with other former studies, we detected mild to moderate apoptotic, mitotic, and other effects consistent with fumonisin exposure in all rats fed FB1 with differences in severity in relation to FB1 dose.

Histopathological structure abnormalities of both kidney and liver tissues were similar to those seen in other reports (Bondy *et al.*, 1996; 1998; Bulder *et al.*, 2012; El-Nekeety *et al.*, 2007; Gelderblom *et al.*, 1994; 1996; Voss *et al.*, 2001). The histological results reported in the current study confirmed the biochemical results previously obtained (Khalil *et al.*, 2015), in which the experimental animal fed FB1-contaminated corn affected both liver and kidney functions markers as differentiated by increased serum levels of AST, ALT, ALP, urea, and creatinine. However, co-administration of *Lb. delbrueckii* subsp. *lactis* (LL) and *P. acidilactici* (PA) significantly reduced serum hepatic biomarkers and serum parameters of kidney functions to the normal levels.

Because of the similarity between fumonisins and the sphingoid bases sphinganine (Sa) and sphingosine (So), a close correlation was observed between disruption of sphingolipid metabolism caused by FB1 exposure and tissue lesions detectable by light microscopy consisted of at least one of the following structures: fibrosis, bile duct proliferation, single cell necrosis, pyknosis, hepatocellular cytoplasmic vacuolation, variation in staining properties and nuclear size, mild to noticed hepatocellular hyperplasia and more severely affected livers showed mitotic figures, and foci of cellular alteration (Abdel-Wahhab *et al.*, 2004; El-Nekeety *et al.*, 2007; Karabela *et al.*, 2011). Sphingolipids are a highly diverse class of lipids with diverse biological in signaling pathways responsible for cell growth, differentiation and death (Merrill *et al.*, 1997). Furthermore, altered proliferation and altered morphology along with abnormal behavior of fumonisin-treated cells is correlated to depletion of more complex sphingolipids (Merrill *et al.*, 2001; Riley *et al.*, 2001; WHO, 2000; 2002), and this has been set as proposed mechanism for nephrotoxicity induced in male rats exposed FB1 through the disruption of cell-cell interactions (Hard *et al.*, 2001). LL and PA strains were able to mitigate, counteract, and/or reverse the effects of FB1, regardless the dose and timing. The protective effects of LL and PA could be explained by the ability of these bacteria to bind FB1 *in vitro* or in the gastrointestinal tract and, thereby, reduce its bioavailability (Khalil *et al.*, 2013; 2015). The first hypothesis for explaining mechanisms revealed that Gram-positive strains mainly LAB and bifidobacteria were more efficient than Gram-negative strains to bind mycotoxin suggesting that the two most important elements responsible for the binding and the absorption of mutagens and carcinogens in small intestine are the cell wall peptidoglycans and polysaccharides (El-Nezami *et al.*, 2000; Haskard *et al.*, 2000). Past and recent researches considered that binding is a main mechanism of detoxification by LAB (Gratz, 2007; Niderkorn *et al.*, 2009; Zoghi *et al.*, 2014). However, for a better understanding of the precise *in vivo* binding mechanisms, further systematic studies are still required. *In vivo* study in rats using *L. rhamnosus* GG and *L. casei* Shirota showed ameliorated hepatic damage induced by FB1 through activity enhancement of antioxidant enzymes (Kumar *et al.*, 2012). Another study suggested that lipid peroxidation reduction in liver and kidney by *L. casei* and *L. reuteri* led to modulation of the oxidative stress in rats fed aflatoxin-contaminated diet (Hathout *et al.*, 2011).

Another detoxification proposed mechanism has been postulated that LAB exerts its effects through their capability to metabolize FB1 (Fodor *et al.*, 2007) which based on some other former studies. The eviction path of FB1 is through bile and the secreted toxin is still biologically active (Enongene *et al.*, 2000). Traces quantities of fully hydrolyzed FB1 (aminopentol) were detected in feces (Shephard *et al.*, 1994). However, no hydrolyzed product has been detected either in the urine or bile. Therefore, it is presumed that the hydrolysis happens in the gut and most likely performed by microorganisms (Fodor *et al.*, 2006; Shephard *et al.*, 1995). In a recent study by Dang *et al.* (2017), hydrolyzed FB1 was found after 24 hours incubation and the concentration was doubled after 48 hours incubation in the presence of *Lactobacillus* sp., *Bacteroides*, and *Prevotella* and the number of studied bacteria did not negatively affected. These results pointed out that the FB1 can be metabolized by gut microbiota.

## CONCLUSION

*Lactobacillus delbrueckii* subsp. *lactis* DSM 20076 (LL-DSM) and *P. acidilactici* NNRL B-5627 (PA-NNRL), a selected LAB with pronounced FB1-binding ability *in vitro*, normalizing serum levels of AST, ALT, ALP, urea, and creatinine and reduction of the DNA damage in FB1-intoxicated rats. In the current study, those strains could also induce a significant improvement in lipid profile and succeeded to normalize TG, PL, TC, LDL-C, VLDL-C, and HDL-C with significant minimization of the alterations in the levels of these biochemical parameters. Furthermore, the histopathological examinations of both liver and kidney of rats fed FB1 and co-administrated with either LL-DSM or PA-NNRL appeared normal and was comparable to those of the control group. Thus, use of either LL-DSM or PA-NNRL strains could potentially expand another choice for safeguard application against immunotoxicities induced by fumonisins in many farm animal species that face inattentive exposition to this class of mycotoxins in their feedstuff.

## ACKNOWLEDGMENTS

The authors appreciate the technical support by the laboratory staff at the Department of Histology and Cell Biology, Faculty of Medicine, Alexandria University, Alexandria, Egypt.

## ROLE OF FUNDING SOURCE

This work was supported by City of Scientific Research and Technological Application.

## CONFLICT OF INTEREST

There are no conflicts of interest.

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**How to cite this article:**

Khalil AA, Gabal AA, Abdellatef AA, Zahran NM, Deraz SF. A natural approach to control induced fumonisin B1-histopathological nephrotoxic and hepatotoxic changes in rats. *J Appl Pharm Sci*, 2019; 9(S1):017–029.