

# Evaluation of total phenolic content and antioxidant activity of different solvent extracts of leaf material of *Spathodea campanulata* P. Beauv. and investigation of their proliferation inhibition potential against EAC cell line

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## ABSTRACT

In the present study, antioxidant and anticancer activities of different solvent extracts of an Indian medicinal plant, *Spathodea campanulata* P. Beauv. (leaf) were investigated. Among the different extracts studied, 70% ethanolic extract of *S. campanulata* leaf registered high antioxidant activity in terms of phosphomolybdate reducing power (955 FAEA), radical scavenging activity against DPPH (84.67%), superoxide (72.69%), hydrogen peroxide (83.20%) and hydroxyl radicals (70%), when compared to ethyl acetate and chloroform extracts. Further, the ethanolic extract illustrated remarkable anticancer activity against EAC cell line (85%) when compared to ethyl acetate and chloroform extracts. Ethanol extract showed higher level of total phenolic concentration (9.21 mg FAE/L), which is correlated with the maximum antioxidant activity exhibited by this extract. Due to remarkable antioxidant and anticancer properties, the ethanolic extract of *S. campanulata* leaf could be considered as a natural source of plant based drug to prevent / treat oxidative stress induced diseases such as cancer.

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## INTRODUCTION

*Spathodea campanulata* P. Beauv. is commonly known as flame of the forest. This tree is native to the tropical dry forests of Africa but is growing extensively as an ornamental tree throughout the tropics and is much appreciated for its very showy reddish-orange or crimson coloured flowers. The Siddha / Tamil name of this species is Patadi and in folk it is popularly called as Ruugatuuraa. It is very commonly found and planted in the gardens, South Tamilnadu. It is a large tree that can reach 50 ft in height. The pinnate leaves grow to 40 cm long and they are bronze in colour when young, turning deep glossy-green at maturity. The plant has also been used traditionally to treat convulsion and epilepsy (Ilodigwe *et al.*, 2010).

In Laos, Cambodia and Vietnam, the flowers of this plant are used to heal ulcer (Rojas *et al.*, 2006). In India, the stem bark preparations are employed against swollen cheeks, enemas, fungus skin diseases, herpes, stomach-ache and diarrhoea (Adriana *et al.*, 2007). Traditionally the seeds, bark and leaves of this plant are used for cleaning of new born babies in many Indian villages. Anti-malarial, antioxidant, mulluscicidal, hepatoprotective, and nephroprotective activities of different parts of *S. campanulata* were proved scientifically (Shanmukha *et al.*, 2010; Akharaiyi *et al.*, 2012; Heim *et al.*, 2012; Dadzeasah and Ansah, 2013). Stem bark has displayed hypoglycemic, anti-malarial, laxative, antiseptic and anti-HIV activities (Choudhury *et al.*, 2011). Leaves have been reported to possess anti-plasmodial, analgesic, antimicrobial and anti-inflammatory properties (Kowti *et al.*, 2010; Kowti *et al.*, 2011; Sonibare and Osiyemi, 2012). Anti-leishmanial and mosquitocidal activities of *S. campanulata* leaf extract were investigated (Aarthi and Murugan, 2010; Karthika Devi *et al.*, 2013; Dadzeasah and Ansah, 2013).

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Study of acute and sub chronic toxicity of *S. campanulata* leaf extract revealed its safety (Coolborn *et al.*, 2012). The chemical and botanical characteristics of *S. campanulata* bark have been studied (Sonibare and Osiyemi, 2012; Brindha *et al.*, 2012; Pulipati *et al.*, 2013). Even though some reports are available on the medicinal properties of *S. campanulata*, there is no detailed investigation about its antioxidant and anticancer effects. Hence, the present study was carried out with a view to evaluate the antioxidant and anticancer potentials of different solvent extracts of *Spathodea campanulata* leaf.

## MATERIALS AND METHODS

### Extract preparation

The leaf material of *Spathodea campanulata* (500 g) was collected from SASTRA University campus, Thanjavur, Tamilnadu. All leaf materials were shade dried and powdered into 1 mm particle size using a lab mill. For extraction of phytochemical compounds from plant materials, different solvents such as chloroform (100%), ethyl acetate (100%) and ethanol (70%) were used. Powdered leaf material (100 g) was taken in 1000 ml beaker and 500 ml of each solvent was added separately and kept at room temperature for 48 h. Then the contents were filtered and the filtrate volume was noted. The filtrate was then allowed to evaporate at room temperature and the remaining residue weight was recorded. The dried extract was re-constituted with respective solvent at 1 mg/ml ratio and used for further experiments. Throughout the experimental period, the extracts were maintained at refrigerated condition and they brought to room temperature before 2 h of each experiment.

### Antioxidant activity

#### Phosphomolybdate assay

The antioxidant activity of extracts was evaluated according to the method of Prieto *et al.* (1999). An aliquot of 100  $\mu$ l of extract was combined with 1 ml of reagent solution (0.6 M sulphuric acid, 28 mM sodium phosphate, and 4 mM ammonium molybdate) in a screw-capped vial. The vials were closed and incubated in a water bath at 95°C for 90 min. After the samples had cooled to room temperature, the absorbance of the mixture was measured at 695 nm against a blank. The results expressed as ascorbic acid equivalent antioxidant activity.

#### Ferric reducing power

The reducing power of extract was determined according to the method of Oyaizu (1986). Samples (2.5 ml) in phosphate buffer (2.5 ml, 0.2 M, pH 6.6) were added to potassium ferricyanide (2.5 ml, 1.0%) and the mixture was incubated at 50°C for 20 min. Trichloroacetic acid (2.5 ml, 10%) was added, and the mixture was centrifuged at 650 x g (rpm) for 10 min. The supernatant (5.0 ml) was mixed with ferric chloride (5.0 ml, 0.1%), and then the absorbance was read spectrophotometrically at 700 nm. Based on the absorbency value, the ferric reducing power of extract was expressed.

### DPPH radical scavenging activity

The DPPH radical scavenging activity was analyzed for each by following Sanchez-Moreno *et al.* (1998) method. The extract (100  $\mu$ l) was added to 3.9 ml of DPPH solution (0.025 g/L) and the reactants were incubated at 25°C for 30 min. Different concentrations of ferulic acid was used as a positive control and ethanol was used instead of extract in blank. The decrease in absorbance was measured at 515 nm with a spectrophotometer. The radical scavenging activity of tested samples was calculated and expressed on percentage basis.

### Superoxide radical scavenging activity

The capacity of extracts to scavenge the superoxide anion radical was measured according to the method described by Zhishen *et al.* (1999). The reaction mixture was prepared using 3 x 10<sup>-6</sup> M riboflavin, 1 x 10<sup>-2</sup> M methionine, 1 x 10<sup>-4</sup> M nitroblue tetrazolium chloride and 0.1 mM EDTA in phosphate buffered saline (pH 7.4).

For the analysis, 3.0 ml of the reaction mixture was taken with 100  $\mu$ l of extract in closed tubes and illuminated for 40 min under fluorescent lamp (18 W). The absorbance was then read at 560 nm against the un-illuminated reaction mixture. Results are expressed as superoxide radical scavenging activity on percentage basis.

### Hydrogen peroxide scavenging activity

The effect of extract on hydrogen peroxide was analyzed according to the method proposed by Ruch *et al.* (1989). The extract (100 microliter) was mixed with 5 ml of 45 mM hydrogen peroxide solution in 0.1 M phosphate buffer (pH 7.4). The reaction mixture was vortexed and incubated for 30 min at room temperature and then the absorbency was measured at 230 nm. The extract with phosphate buffer is used as a blank and the level of hydrogen peroxide remaining in the solution was calculated using a calibration curve. The hydrogen peroxide inhibition effect of extract was calculated and expressed on percentage basis.

### Hydroxyl radical scavenging activity

The hydroxyl radical quenching activity of extracts was evaluated according to the method of Hagerman *et al.* (1998). The reaction mixture consists of 10 mM phosphate buffer (pH 7.4), 2.8 mM Deoxyribose, 2.8 mM H<sub>2</sub>O<sub>2</sub>, 0.025 mM FeCl<sub>3</sub>, 0.1 mM EDTA and 0.1 mM ascorbic acid in a total volume of 3 ml. With the reaction mixture, 100 microliter of extract was added and incubated at 37°C for 15 min.

Then the reaction was terminated by the addition of 1 ml of 2.5% ice-cold TCA and 1% TBA. The reactants were mixed well and heated at 90 C for 15 min in a water bath and cooled to room temperature. The chromogen was extracted with 1-butanol and absorbency was measured at 530 nm. Based on absorbency value, the hydroxyl radical scavenging activity of extracts was calculated and expressed on percentage basis.

### Anticancer activity

The Ehrlich Ascites Carcinoma (EAC) cells were obtained from Swiss mice after 15 days of induction in the Central Animal Facility, SAstra University, Thanjavur. The peritoneal fluid containing EAC cells was collected aseptically using a 5 ml syringe and cultured in Dulbecco's modified Eagle's medium (DMEM) containing 10% fetal bovine serum (FBS) with penicillin (100 µg/ml) and streptomycin (100 µg/ml) at 37°C. The cells were dispersed in a 96 well plate with a cell count of 9000 cells per well. Then the extracts of *S. campanulata* leaf were added at different concentrations (1000, 500, 250, 100, 50, 25 and 10 µg/ml) and then again incubated for 24 h in CO<sub>2</sub> incubator with 5% CO<sub>2</sub>. The cells grown in medium without plant extract were considered as control. At the end, the medium was discarded, cells are washed with PBS and then 20 µl of MTT reagent (3,4,5-dimethyl thiazol-2-yl 2,5 di phenyl tetrazolium bromide) was added in each well and incubated for 6 h at 37°C in a water bath according to the method of Scudiero *et al.* (1988). Then 150 µl of acidic isopropanol was added and shaken for 30 min on a plate shaker under dark. The absorbance was measured at 540 nm in a micro-plate reader and the percentage growth inhibition was calculated using the following formula: (Absorbance of control - Absorbance of treated / Absorbance of control) x 100.

### Quantification of phytochemicals

The total phenolic content of different extracts of *S. campanulata* leaf was analyzed using Folin-Ciocalteu reagent method with some modifications (Singleton *et al.*, 1999). Total alkaloid content was estimated according to the method described in Indian Pharmacopoeia (2014). Total flavonoid content was determined using aluminium chloride according to the method of Zhishen *et al.* (1999) using quercetin as a standard. The extract was investigated for tannins content according to the method of Rajpal (2011).

## RESULTS AND DISCUSSION

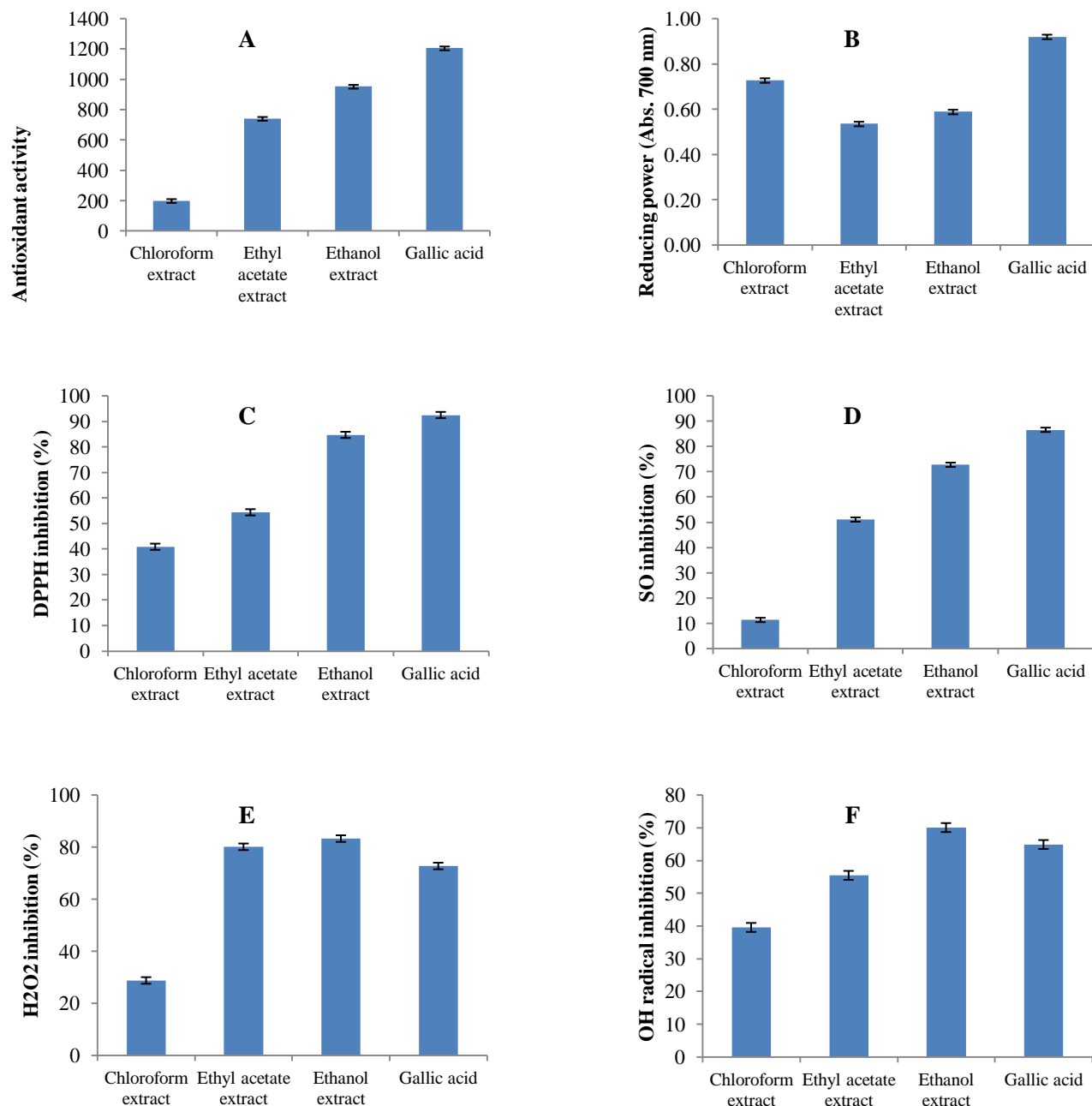
### Antioxidant activity

Reactive oxygen species (ROS) are produced in the body as a result of incomplete reduction of oxygen during oxidative phosphorylation (Nathan, 2003). Free radicals could attack DNA and results in mutation and cancer (Perse, 2013). It also can react with proteins, carbohydrates and lipids and plays a significant role in the pathogenesis of numerous disorders and patho-physiological processes including cardiovascular diseases, diabetes, and cancer (Federico *et al.*, 2007). Oxidative stress occurs, when the system loses its ability to neutralise the excessively produced reactive species. The redox homeostasis, i.e. the balance between the free radicals and antioxidants is necessary for maintaining good health. This balance is maintained by a number of antioxidants (vitamin E and ascorbic acid) and enzymes like catalase, glutathione peroxidase, glutathione-S-transferase, superoxide dismutase etc. Under severe conditions, above-mentioned antioxidant system is not sufficient to prevent the oxidative stress. Hence, intake of

external anti-oxidants is necessary for maintaining homeostasis in the body. When we are looking for natural source of antioxidants, the medicinal plants from Bignoniaceae family received attention, because some of their members are well known for medicinal effects (Rahmatullah *et al.*, 2014). In this connection, in the present work, *S. campanulata* leaf is investigated for its antioxidant activity and the results are shown in Figure 1.

The reducing capacity of a compound may serve as a significant indicator of its potential antioxidant. Figure 1-A reveals the phosphomolybdate reducing power of different solvent extracts of *S. campanulata*. Among the investigated extracts, the ethanol extract of registered higher level of reducing power (952 FAEA), which is followed by ethyl acetate (740 FAEA) and chloroform extracts (198 FAEA). In ferric reducing assay, Fe (III) is reduced to Fe (II) by the antioxidant compound through electron transfer. The reduced Fe (II) forms the Pearl's blue complex, which can be measured at 700 nm. In contrast to other assays, it can be seen that the chloroform extract of *S. campanulata* leaf (0.73 Abs units) have high antioxidant power on examining ferric reducing power (Figure 1-B). This might be due to the fact that some phytochemical component of *S. campanulata* leaf soluble in chloroform has strong ferric reducing power. On performing the DPPH radical scavenging assay for the different extracts, higher level of antioxidant activity was noted in ethanol extract of *S. campanulata* leaf (84.67%) (Figure 1-C). The evaluation of the antioxidant power by DPPH radical scavenging activity has been widely in use for different plant extracts. The decrease in absorbency at 515 nm may be due to the reaction between phytochemicals and DPPH, which indicates the antioxidant power. The superoxide radical scavenging activity of samples was investigated by generating superoxide through photo-induced reduction of riboflavin, which can generate superoxide radical in the presence of methionine. The superoxide scavenging activity of various extracts of *S. campanulata* was shown in the Figure 1-D, which revealed that the ethanolic extract had very high radical scavenging power (72.69%), which is followed by ethyl acetate (51.03%) and chloroform extracts (11.28%).

The effect of different solvent extracts on the hydrogen peroxide inhibition was illustrated in the Figure 1-E. The results revealed that the ethanolic (83.20%) and ethyl acetate (80.05%) extracts of *S. campanulata* leaf have higher level of hydrogen peroxide inhibition activity when compared to chloroform extract (28.73%). Hydrogen peroxide itself is not very reactive, but it can sometimes be toxic to cell because it may give rise to hydroxyl radical in the cells. Thus, removing hydrogen peroxide is very important for protection of cellular system. Hydroxyl radical inhibition assay performed for different solvent extracts of *S. campanulata* indicates that the ethanolic extract was more effective in scavenging the hydroxyl radicals in *S. campanulata* (70.16%) when compared to ethyl acetate (55.41%) and chloroform extracts (39.51%) (Figure 1-F). OH radicals may attack various biomolecules including proteins, lipids, and DNA and cause oxidative damage to the cellular components and hence it is considered to be biologically dangerous free radical.



**Fig. 1:** Antioxidant activity of different solvent extracts of *S. campanulata* leaf. (A) Phosphomolybdate reducing power; (B) Ferric reducing power; (C) DPPH radical scavenging activity; (D) Superoxide scavenging activity; (E) H<sub>2</sub>O<sub>2</sub> inhibition capacity (F) Hydroxyl radical inhibition activity

### Anticancer activity

Cancer is often associated with increased risk of death and the toxic side effects caused by the modern medicine, many cancer patients seek alternative and complementary methods of treatment such as usage of phytomedicine (Kim and Park, 2002). At present chemotherapy is considered as the most efficient approach for cancer treatment. Even though it significantly improves symptoms and the quality of life of cancer patients, only modest increase in survival rate can be achieved. As a palliative care, many cancer patients use herbal therapies. Medicinal plants are well known for their free radical scavenging and antioxidant

activities (Agarwal *et al.*, 2001). Free radical attack results in the oxidative damage of various biomolecules including lipids, proteins and DNA. The Damage caused in DNA leads to mutation or cancer, which is the most dangerous effect in human beings. Plants contain phytochemicals with strong antioxidant activities which may prevent and control cancer and other diseases by protecting the cells from the deleterious effects of the free radicals. Now-a-days researchers are focusing their research towards the development of an eco-friendly anticancer drug from plant sources, which resulted in newer chemotherapeutic agents such as paclitaxel, vincristine, podophyllotoxin and camptothecin.

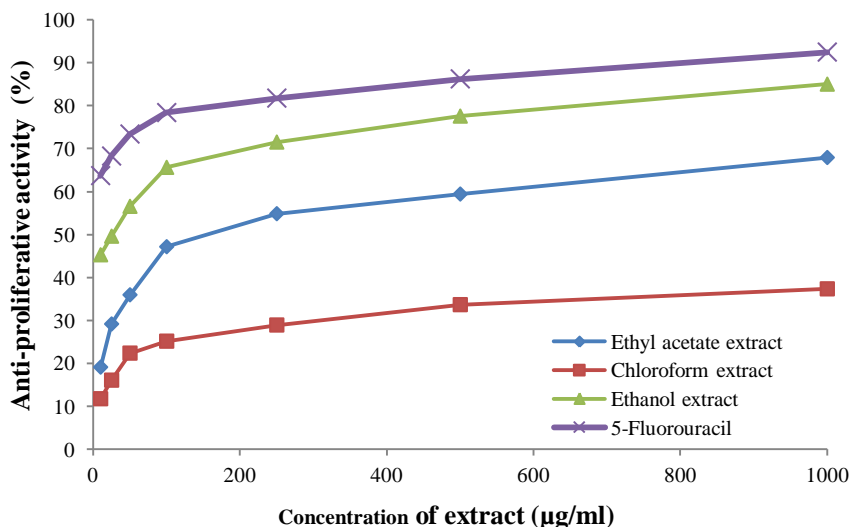


Fig. 2: Proliferation inhibition potential of different extracts of *Spathodea campanulata* against EAC cell line.

In the present study, different solvent extracts of *S. campanulata* were screened for anticancer potential against Ehrlich Ascites Carcinoma cell lines employing MTT assay with a view to develop a natural and safe anticancer drug. Among the solvent extracts used, 70% ethanolic extract of revealed remarkable level of anticancer effect (84.97% at a 1000 µg/ml) (Figure 2). Cytotoxicity was found to be maximum even at a very low concentration (56% at 50 µg/ml). The death of the cells caused by the test drug might be due to the loss of mitochondria which is one of the hallmarks of the apoptosis pathway (Christopher, 1992). From the MTT assay, it is evident that the cytotoxicity of the extracts against EAC cell line was dose dependent. Based on the results obtained from the present study, the ethanolic extract of *S. campanulata* was found to be more effective in controlling the growth of EAC cell lines when compared to other extracts. Hence, ethanolic extract of *S. campanulata* leaf could be considered as a source of potential anticancer drug and further *in vivo* models must be used to establish its anticancer efficacy.

### Phytochemical compounds

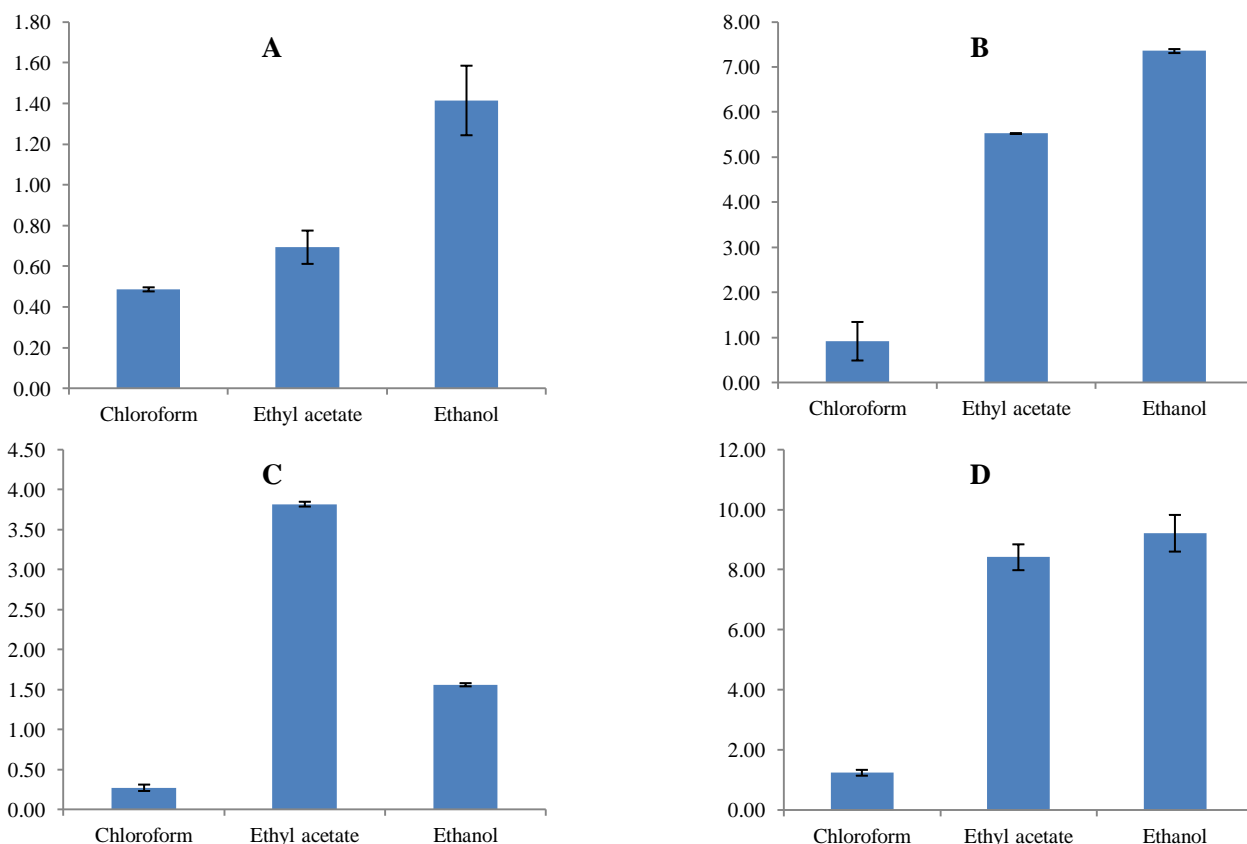
Various phytochemical compounds such as alkaloids, flavonoids, tannins and total phenols were found to present in appreciable quantity in *S. campanulata* extracts (Figure 3). Among the different extracts, ethanolic extract contained higher levels of alkaloids (1.42 mg/L), flavonoids (7.36 mg QE/L) and total phenols (9.21 mg GAE/L), while ethyl acetate extract revealed higher content of tannins (1.56 mg/L). Since, the polyphenols are proven to be responsible for the antioxidant effect of plant drugs, the total phenolic content of *S. campanulata* was quantified by Folin-Ciocalteu reagent method. The analysis of total phenolic concentration in the presently investigated samples revealed higher level of total phenolics in ethanolic extract of *S. campanulata* leaf (9.21 mg FAE/L), which is followed by ethyl acetate (8.42 mg FAE/L) and chloroform extracts (1.24 mg FAE/L) (Figure 3). These results indicate the polyphenols present in *S. campanulata*

might be of high polar in nature and hence, ethanol could be the suitable solvent to recover them effectively. Further, higher concentration of total phenols in ethanolic extract might be responsible for the maximum level of antioxidant and anticancer activities exhibited by the ethanolic extract of *S. campanulata* leaf when compared to other extracts.

Previous studies performed with different parts of *S. campanulata*, including stem barks, leaves, flowers and fruits revealed the presence of various phenolic compounds (Ngouela *et al.*, 1990).

The leaves have furnished spathodol, caffeic acid and flavonoids (Ngouela *et al.*, 1991; El-Hela, 2001; Gouda, 2009a). Banerjee and Bratati (2001) showed the presence of anthocyanins in flowers of *S. campanulata*. Presence of phenolic ester (methyl p-hydroxy benzoate), phenolic acids (phydroxy benzoic, caffeic, ferulic, gallic, protocatechuic, chlorogenic and p-coumaric), flavonoids (kaempferol 3-O-glucoside, quercetin 3-methyl ether, 8-methoxy kaempferol 3-O-glucoside, apigenin, luteolin, diosmetin, dihydrokaempferol-7-O-(2''-O-formyl)-β-D-glucopyranoside, quercetin, quercetin-3-O-glucoside and quercetin-7-O-glucoside) (Gormann *et al.*, 2006; Subramanian *et al.*, 1973) and iridoids in the roots and leaves were reported (Poser *et al.*, 2000; Gouda, 2009b). Extraction process was optimized for the phytochemical investigation in *S. campanulata* flowers (Zaheer *et al.*, 2011).

HPLC fingerprinting of ethanolic extract of this plant revealed the presence of gallic acid, catechol, coumarin and quercetin (Boniface *et al.*, 2014). Hence, the previous literature data on phytochemical composition of *S. campanulata* also supported the presence of various polyphenolic compounds in the leaf sample, which is in good agreement with the total phenolic content reported in the present study. Thus, the polyphenolic compounds present in *S. campanulata* leaf might be responsible for the observed antioxidant and anticancer activities as the positive relationship was shown by ethanolic extract.



**Fig. 3:** Phytochemical constituents in different solvent extracts of *S. campanulata* leaf.

(A) Alkaloid concentration (mg/L), (B) Flavonoid concentration (mg QE/L), (C) Tannin concentration (mg/L) and Total phenolic concentration (mg GAE/L)

## CONCLUSION

The results of the present investigation revealed the presence of remarkable antioxidant and anticancer properties in the ethanolic extract of *S. campanulata* leaf. Ethanol (70%) could be the suitable solvent to recover the polyphenolic compounds with high antioxidant and anticancer potentials from *S. campanulata* leaf. Since the ethanolic extract of this medicinal plant having good antioxidant and anticancer properties, they might prevent the oxidative stress induced diseases like cancer, which should be investigated using suitable animal models in future. Exploring the medicinal value of such indigenous plants to combat the chronic diseases will be beneficial for the human society.

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**Conflict of Interests:** There are no conflicts of interest.

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