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# Loading and evaluation of meloxicam and atorvastatin in carrageenan microspherical aerogels particles

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# ABSTRACT

In this work, the potential of using microspherical aerogel particles based on commercial carrageenan as a drug vehicle was evaluated. Carrageenan hydrogel microparticles were prepared following the emulsion gelation approach. After the successive solvent exchange, supercritical  $CO_2$  drying procedure was employed to obtain aerogel microspherical particles. Meloxicam and atorvastatin (class II drug) were loaded into the aerogel matrix by adsorption from their corresponding supercritical  $CO_2$  solution. All preparations were characterized by their physicochemical properties. *In vitro* drug released was investigated for the drug-aerogel formulation to assist the effect of aerogel technology on the release profile of the targeted drug. Meloxicam and atorvastatin model drugs maintained their crystalline structure. Significant enhancement in the release profile of meloxicam after loading in the carrageenan aerogel can be related to de-aggregation of meloxicam inside the particle, while no enhancement in atorvastatin release was observed. Results were indicative of a failure in the loading of atorvastatin inside the carrageenan particle at the selected experimental processing parameters.

## INTRODUCTION

Carrageenans are naturally renewable polysaccharide originated from red seaweed. The high molecular weight of carrageenans composed of repeating units of 1,3-linked  $\beta$ -d-galactose and 1,4-linked  $\alpha$ -d-galactose with different degree of sulfatation. The type of carrageenans depends mainly on the ester-sulfate group's contents and position (Necas and Bartosikova, 2013). The main common types of carrageenans are  $\kappa$ -carrageenan, i-carrageenan, and  $\lambda$ -carrageenan. The main difference between these main groups is the number of the sulfate group which is one, two, and three for  $\kappa$ -carrageenan, i-carrageenan, and  $\lambda$ -carrageenan, or divalent cations, carrageenan tends to form a gel due to the anionic nature of the half-ester sulfate group (Santo *et al.*, 2009). Carrageenan considered as non-toxic and non-irritating substance,

Mohammad Alnaief, Department of Pharmaceutical and Chemical Engineering, Faculty of Applied Medical Sciences, German Jordanian University, Amman, Jordan. E-mail: mohammad.alnaief @ gju.edu.jo which allow their use in many pharmaceutical applications (Liu *et al.*, 2015; Rowe *et al.*, 2009).

Several studies reported the use of carrageenan for drug delivery applications (Dafe et al., 2017; El-Aassar et al., 2015; Li et al., 2014; Liu et al., 2015). Carrageenan-based preparations can be used in different dosage forms such as suspensions, emulsions, creams, gels, lotions, eye drops, suppositories, capsules, and tablets (Guan et al., 2017; Rowe et al., 2009). Several studies have been shown that due to the Carrageenan adhesion properties, it can be used in oral and buccal formulations for drug delivery preparations (Hanawa et al., 2004; Martins et al., 2015). Carrageenan also used to enhance the bioavailability of poorly soluble drugs (Varghese et al., 2014). Carrageenan also reported in microencapsulation of proteins (Hezaveh and Muhamad, 2012; Patil and Speaker, 2000) and probiotic bacteria (Jonganurakkun et al., 2006). In addition, several researchers reported that the use of carrageenan for anticancer, gene, cell, and peptide drug delivery (Gu et al., 2015; Guan et al., 2017; Karimi et al., 2018; Ling et al., 2016; Santo et al., 2009; Tan and Lee, 2015).

Aerogels are class of nanoporous solid materials with a large porosity and open pore structure. Due to their porosity (up to

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99%), they are an ultralight solid material with a density  $(0.003-0.15 \text{ g}\cdot\text{cm}^{-3})$  and large specific surface area (up to 1,000 m<sup>2</sup>·g<sup>-1</sup>) (Alnaief, 2011; Maleki *et al.*, 2016; Smirnova, 2015). Aerogels can be produced from inorganic, organic, or organic–inorganic precursors, which gave them a flexible surface chemistry and allow them to be used in huge number of applications such as insulation, food technology, catalysis, environmental, and life sciences applications (Gurikov and Smirnova, 2017; Maleki, 2016; Maleki and Hüsing, 2018; Stergar and Maver, 2016; Ulker and Erkey, 2014). Being renewable, abundant, biodegradable, and biocompatible, polysaccharide-based aerogels have attracted increasingly attention in the field of tissue engineering and drug delivery (Barros *et al.*, 2016; García-González *et al.*, 2011; 2015; Martins *et al.*, 2015; Obaidat *et al.*, 2018).

Meloxicam and atorvastatin drugs classified as biopharmaceutical classifications class II corresponding to its high permeability and low solubility. Meloxicam (4-hydroxy-2-methyl-N-5-methyl-2-thiazolyl-H-1, 2-benzothiazine-3-carboxamide 1, 1-dioxide) is an oxicam derivative. It is part of the enolic group of non-steroidal anti-inflammatory drugs. It has an antipyretic and analgesic action (El-Badry, 2011; Luger *et al.*, 1996). Atorvastatin is a synthetic lipid-lowering agent which selectively and competitively inhibits the enzyme 3-hydroxy-3-methylglutarylcoenzyme (de Queiroz Ribeiro *et al.*, 2017; Sonje *et al.*, 2010).

The aim of this work is to evaluate carrageenan microspherical aerogel particles as a potential drug carrier for meloxicam and atorvastatin. Microspherical aerogel particles based on carrageenan were prepared following our previous report (Alnaief *et al.*, 2018). The model drugs were loaded on the aerogel particles by adsorption from their corresponding supercritical carbon dioxide solution. The prepared formulations were characterized for their physicochemical properties and *in vitro* drug released was evaluated.

# EXPERIMENTAL

#### Material

Carrageenan suitable for gel preparation (lot number; SLBK3896V), and span 80 was acquired from Sigma Aldrich. Absolute ethanol was purchased from Solvochem, Holland. Carbon dioxide (CO<sub>2</sub>) was provided by the Jordanian Gas Co., Amman, Jordan. Water [High performance liquid chromatography (HPLC) grade] was provided by LABCHEM, USA. Potassium chloride extra pure [British Pharmacopeia (BP) United States Pharmacopeia (USP)] and potassium dihydrogen phosphate were enquired from AZ chem for chemicals. Potassium phosphate dibasic was purchased from Xilong chemical industry, China. Atorvastatin calcium was supplied by Biocon, Bangalore, India. Meloxicam was kindly donated by the Jordanian Pharmaceutical Manufacturing Company, Na'or, Jordan.

All chemicals were used as supplied without further modification.

## Methodology

#### Preparation of the carrageenan aerogel microparticles

Microspherical carrageenan aerogel particles were prepared following the procedure reported in previous work (Alnaief et al., 2018). Briefly, a suitable amount of carrageenan suitable for gelation was dissolved in water to achieve 2 wt% carrageenan solution. Carrageenan solution was then heated gradually to 90°C and left under stirring for 30 minutes. After that, the heated carrageenan was tipped into a to 200 ml preheated paraffinic oil containing 2 wt% of Span<sup>®</sup> 85 and mixed using an overhead mixer at 3,000 rpm for 15 minutes. The sol droplet formed during the emulsification was then crosslinked using KCl solution. After the addition of the crosslinker, the dispersion kept under mixing at 3,000 rpm for 15 minutes and at 200 rpm for further 30 minutes. The prepared hydrogel was then converted to hydro-alcoholic gel using successive solvent exchange steps. The solvent exchange steps were 20%, 40%, 60%, and 80% ethanol: water and two times 100% ethanol, each step was allowed to mix for 1 hour. Finally, the alcoholic gel microparticles were extracted using supercritical carbon dioxide at 100 bar, 40°C and at a constant flow rate of 100 g/minute for 4 hours (Alnaief et al., 2018).

Carrageenan aerogel microparticles were characterized for their surface area, porosity, and pore volume using nitrogen sorption technique (NOVA 2000). The particle size distribution was obtained using laser particle size analyzer (Microtrac S3500, USA). Scanning electron microscope (SEM) images were taken for the prepared particles at different resolution (Quanta FEG 450, FEI, USA). All used techniques are reported in the previous study.

#### Loading of the prepared aerogels with the model drugs

The drug was added to the aerogel after drying directly, after mixing, the sample was placed in a preheated 70 ml stainless vessel at 40°C.  $CO_2$  was introduced to vessel from the top until the pressure reached 100 bar using double piston high-pressure  $CO_2$  pump. The condition was kept for 2 hours. After that,  $CO_2$  was release slowly to a fume hood.

# Drug content percent determination

To determine drug content percent, 10 mg of each loaded sample was dissolved in 25 ml phosphate buffer pH 7.2, and then further diluted to get suitable concentration. The drug concentration was measured using UV calibration curve at  $\lambda_{max}$ : 361 and 241 nm of meloxicam and atorvastatin, respectively. The drug content percent was calculated by using the following equation:

$$Drug \text{ content } \% = \frac{\text{actual drug content}}{\text{theoritical drug content}} \times 100\%$$
(1)

## Characterizations of the prepared formulation

#### Fourier transform-infrared spectroscopy

The Fourier transform-infrared (FT-IR) spectra of the prepared aerogel microparticles, raw drug, and their physical mixtures (PM) were obtained using IRAffinity-1 Spectrophotometer (Shimadzu, Japan) with KBr as a reference by mixing the particles with potassium bromide powder and grinding it using mortar and pestle until a well-dispersed sample was obtained. A small amount well-dispersed was then analyzed using FT-IR over a frequency range of 4,750–250 cm<sup>-1</sup> and 0.04 cm<sup>-1</sup> resolution.

#### Differential scanning calorimetric analysis

Differential scanning calorimetric (DSC) thermograms of each of the prepared microparticles, raw materials, and PM of raw materials obtained using a Shimadzu DSC-50. Approximately, 5 mg taken from each sample and heated in sealed aluminum pans under nitrogen at a range of 25°C–250°C and a rate of 10°C/minute. An empty sealed aluminum pan used as a reference.

## Thermogravimetric analysis

Thermogravimetric analysis (TGA) thermograms of each of the prepared microparticles, raw materials, and PM of raw materials were obtained using a Shimadzu TGA-50 under nitrogen at a range of  $25^{\circ}$ C- $350^{\circ}$ C and a rate of  $10^{\circ}$ C/minute.

# Powder X-ray diffraction

The X-ray diffraction patterns for the prepared microparticles, raw materials, and PM of raw materials were recorded (Powder X-ray diffractometer, Ultima IV X-ray diffractometer, Rigaku, Japan) using cobalt radiation at a voltage of 40 kV and a current of 30 mA.

#### In vitro drug release study

All dissolution tests were performed following the standard procedures from the United State Food and Drug Administration (Dissolution Methods, 2018).

#### Meloxicam

A sample which contains 15 mg of meloxicam loaded sample was accurately weighed. The dissolution tests were performed using USP apparatus II (rotating paddle) at 75 rpm and 37°C using 900 ml of 0.2 M of potassium phosphate buffer with adjusted pH of 7.5. At predetermined time intervals, 5 ml aliquot was taken at predetermined time intervals, filtered through 0.45-µm membrane filtered and analyzed by UV spectrophotometer at 361 nm. An equal volume of dissolution media was replaced to maintain the sink condition of the dissolution medium.

#### Atorvastatin

A sample which contains 20 mg of atorvastatin-loaded sample was accurately weighted. The dissolution test was performed using USP apparatus II (rotating paddle) at 75 rpm and 37°C using 900 ml 0.05 phosphate buffer solution (pH 6.8). At a predetermined times interval, 5 ml aliquot was taken, filtered using 0.45  $\mu$ m membrane filter and analyzed using UV-VIS spectrophotometer at 271 nm. An equal volume of dissolution media was replaced to maintain the sink condition of the dissolution media.

# **RESULT AND DISCUSSION**

Microspherical carrageenan aerogel particles were prepared with an average surface area of  $100 \pm 5 \text{ m}^2 \cdot \text{g}^{-1}$  (Fig. 1). The pore volume and pore sizes were 0.23 cm<sup>3</sup> · g<sup>-1</sup> and 9.6 nm, respectively. The average particle size of the prepared microparticles was 10  $\mu$ m. The true, bulk, and tapped density were 1.64, 0.14, and 0.21 g·cm<sup>-3</sup>, respectively. The average zeta potential was  $-37.70 \pm 1.57 \text{ mV}$  (Alnaief et al., 2018).

#### **Drug content**

Table 1 shows the average drug content of the prepared formulations. For both preparations, the drug content was exceeding 70%, yet some loss of meloxicam was occurred. While atorvastatin maintained the same initial quantity in the sample, the drug content does not reflect drug loading. Loading efficiency can be evaluated through release profiles.

# Physicochemical characterization

## Fourier transform-infrared

Figure 2 shows the Fourier transform-infrared (FTIR) spectra of sample S1 loaded with meloxicam (M-S1) and atorvastatin (A-S1) compared with the corresponding PM. As it can be seen, no interaction occurred between meloxicam and the carrier and the functional groups of both the drug and the polymer were kept during formulation. While FTIR spectroscopy of sample S1 loaded with 10% atorvastatin (A-S1) with the corresponding PM, shows a slight difference in the FTIR peaks, including an increase in the intensity peaks at 1,219 and 1,074 cm<sup>-1</sup> related to the S=O of sulfate esters and glycosidic linkage of the Carrageenan polymer. This can be attributed to a physical interaction between the drug and the polymer.

## Powder X-ray diffraction

The powder X-ray diffraction (PXRD) pattern of meloxicam and atorvastatin loaded aerogel was compared with



Figure 1. Microspherical carrageenan aerogel.

Table 1. Drug loading results.

Sample	Drug content	SD
Meloxicam (S1)	75%	5.05
Atorvastatin (S1)	100.2%	2.52



Figure 2. FTIR spectrum of (A) sample (A-S1) loaded with 10% Atorvastatin, and (B) sample (M-S1) loaded with 10% meloxicam compared with the corresponding PM.



Figure 3. PXRD pattern of (A) sample (M-S1) loaded with 10% meloxicam and (B) sample (A-S1) loaded with 10% Atorvastatin compared with the corresponding PM.



 $\label{eq:Figure 4.} Figure 4. DSC thermograms of sample (A-S1) loaded with 10\% A torvastatin, and sample (M-S1) loaded with 10\% meloxicam compared with the corresponding PM.$ 



Figure 5. In vitro release profile of (A) sample A-S1 loaded with 10% Atorvastatin, and (B) sample (M-S1) loaded with 10% meloxicam compared with corresponding PM.

the PM as shown in Figure 3, it indicated that the crystalline peaks of the Carrageenan polymer disappeared due its conversion from the crystalline to the amorphous form. However, the crystalline peaks of both drugs were preserved, meaning that the drug keeps its crystallinity.

#### Thermal analysis

The DSC thermogram of pure meloxicam was characterized by a single, sharp, and endothermic peak at 259.3°C which corresponds to the melting point of pure meloxicam and confirming its crystallinity. Another exothermic peak was observed at 265°C which indicates that meloxicam decomposes after melting, as was reported by Saleem and Bala (2010). Other previous studies reported that meloxicam has a melting point of 257.38°C (Kumar and Mishra, 2006). Also, El-Badry (2011) reported a meloxicam melting point at 262°C and Ghareeb (2009) reported a melting point of 257°C (El-Badry, 2011; Ghareeb et al., 2009). The DSC thermogram of sample S1 loaded with meloxicam compared with its corresponding PM is shown in Figure 4, the melting peak of meloxicam is completely disappeared in the prepared formulation. DSC thermogram of ATC (atorvastatin) characterized by a sharp endothermic peak at 157.5°C was attributed to the melting point of atorvastatin; this indicated the crystalline nature of the drug as it has been previously reported (Bathool et al., 2012; Zhang et al., 2009). The DSC result of sample S1 loaded with atorvastatin and the corresponding PM, the endothermic peak of the drug cannot be seen in the PM, this is related to the dilution of the drug powder. These results were indicative that the thermal analysis was not enough to evaluate the drug physical form inside the microspherical carrageenan particle.

#### In vitro release study

Meloxicam showed a very low dissolution rate, and by preparing the PM with the Carrageenan polymer, the release was slightly affected (Fig. 5). Sample S1 loaded with meloxicam showed that the release was significantly enhanced. In contrast, sample PM not significantly enhance the release. This means that the release of meloxicam not affected by the presence of the hydrophilic polymer Carrageenan, and the enhancement related to the properties of the prepared aerogels, where the sticky meloxicam drug dispersed through the small particle size of the prepared microparticles. De-aggregation of meloxicam and physical entrapment of the drug physically in the pores of the particle can be used to explain such results as previously reported by Obaidat *et al.* (2017).

The *in vitro* release was performed for atorvastatin, sample S1 loaded sample compared with the corresponding PM. As it is shown in x1 5, no significant effect observed in the release profile of atorvastatin; the slight enhancement in the release with both of the PM and the sample can be related to the wettability effect of the hydrophilic polymer Carrageenan.

The slight difference between the PM and the loaded formulation can be related to the physical interaction that may occur between the drug and the Carrageenan polymer as indicated by the FTIR spectra (Fig. 2). Yet, lack of significant difference between the PM and the prepared samples may be indicative of a failure of loading of the drug inside the particle.

#### CONCLUSION

Successful loading of meloxicam in prepared Carrageenan microspherical aerogel particles was achieved. Significant enhancement in the release profile of meloxicam after loading in the Carrageenan aerogel can be related to de-aggregation of meloxicam inside the particle. On the other hand, atorvastatin model drug showed no significant changes in the release profile with the presence of possible interaction between the drug and the polymer as shown by FTIR spectra. Results were indicative of a failure in the loading of atorvastatin inside the carrageenan particle in the used experimental processing parameters.

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