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# Development and validation of high-performance liquid chromatography method for simultaneous determination of acyclovir and curcumin in polymeric microparticles

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| ARTICLE INFO                 | ABSTRACT  |
|------------------------------|---|
| Article history:             | This study aimed to develop and validate a HPLC based analytical methodology for simultaneous determination of  |
| Received on: 21/11/2017      | acyclovir and curcumin within microparticles. Chromatographic separation was achieved by employing a Fenomenex  |
| Accepted on: 08/01/2018      | C18 column as stationary phase and a ternary mixture of acetonitrile, 0.1% phosphoric acid, and methanol (50:40:10)   |
| Available online: 28/01/2018 | as the mobile phase. The validated method proved to be linear in the range of 0.5-30 $\mu$ g.mL <sup>-1</sup> and 0.5-20 $\mu$ g.mL <sup>-1</sup>               |
|                              | for acyclovir and curcumin, respectively. Detection and quantification limits for acyclovir were, respectively, 83.62   |
| Vananda                      | ng.mL <sup>-1</sup> and 109.52 ng.mL <sup>-1</sup> , while for curcumin the values were 91.61 ng.mL <sup>-1</sup> and 128.71 ng.mL <sup>-1</sup> , what assures |
| Key words:                   | the methodology sensitivity. The method was also precise (1.2% RSD for acyclovir and 1.38% RSD for curcumin),   |
| HPLC method validation,      | besides showing recovery rates close to 100% for both of two drugs when accuracy was accessed. Minor alterations  |
| acyclovir, curcumin, micro-  | over chromatographic setup have confirmed methodology robustness. The present methodology proved to be capable  |
| particles.                   | of detecting and quantifying acyclovir and curcumin at polymeric microparticles in a single run, showing itself as an   |
|                              | analytical alternative to be employed in the quality control for this dosage form.  |

## INTRODUCTION

Acyclovir (9-[2-Hydroxy-ethoxy-methyl]guanine) (ACV) (Fig. 1) was discovered in 1977 and, at that time, it was seen as the beginning of a new age for infection treatment caused by herpes simplex family viruses (Field and Vere Hodge, 2013). Among the available therapeutic options for palliative treatment of human herpes simplex caused infections. ACV is the drug of first choice, once it has great efficiency and safety against in healing both HSV-1 and 2 caused lesions (Gandhi *et al.*, 2014).

Curcumin (1,7-bis[4-Hydroxy-3-methoxyphenyl]-1, 6-heptadiene-3,5-dione) (CUR) (Fig. 2) is a natural compound extracted from *Curcuma Longa L*. rhizome, which has showed numerous therapeutic properties, among them are antiparkinson, antineoplastic, anti-inflammatory, antioxidant, antibacterial, anti-

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fungal, and antiviral (Joshi, 2010; Zandi et al., 2010; Yallapu et al., 2012; Mandal, 2017).

In view of CUR potential antiviral activity against herpes family virus (Zandi *et al.*, 2010), and the increasing occurrence of viral resistance mechanisms, it may be beneficial to associate different antiviral drugs. As an example of the aforementioned, ACV associated with CUR can potentialize their antiviral activity.

However, these two drugs have limitations in their use. When orally administered, ACV presents several limitations, such as low solubility in water, short half-life, and a high rate of renal excretion. Those features compromise ACV bioavailability, which is around 15-30% (Stulzer *et al.*, 2008; Saxena, 2011). Similarly, CUR has low water solubility, compromising its oral usage (Moorthi, 2013b; Tung, 2017).

In the light of those aforementioned therapeutic hindrances surrounding ACV and CUR use, pharmaceutical technology techniques have been employed in order to solve such problems. Among them, polymeric microparticles are applied

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with great success in obtaining controlled-release systems, improving solubility and stability of different molecules (Shahani and Panyam, 2011; Martins, 2013; Gandhi *et al.*, 2014).



Fig. 1: Acyclovir chemical structure.



Fig. 2: Curcumin chemical structure.

Aiming the active ingredient determination in different pharmaceutical dosage forms, numerous analytical methodologies are proposed. Many of these methods are based on high-efficiency liquid chromatography (HPLC). HPLC-PDA based methodologies are already described for ACV and its impurities determination (Tzanavaras and Themelis, 2007), as well as ACV determination in urine, plasm, amniotic fluid, fetal and placental tissues (Land and Bye, 1981; Brown *et al.*, 2002; Fernandez *et al.*, 2003). Besides that, quantification methods were developed for ACV determination in tablets (Ghosh *et al.*, 2012) and microparticulate drug delivery systems (Stulzer *et al.*, 2008).

Similarly to ACV, CUR also has many determination methods already described in the literature, where some of them aim to simultaneously measure CUR and others curcuminoids employing HPLC based techniques (Jayaprakasha *et al.*, 2002; Wichitnithad *et al.*, 2009). Moorthi and co-workers (Moorthi, 2013b; Moorthi, 2013a) have developed analytical methodologies to simultaneous determination of CUR, quercetin, and piperine, all of them coencapsulated as a nanoparticulate drug delivery system. Additionally, pharmacokinetic evaluation was also conducted by determining CUR orally administered as liposomes to rats (Li *et al.*, 2009).

Although the existence of numerous studies that developed and validated determination methods for those drugs, there is not one that is capable to determine both of them in a single run. Thus, this study main objective was to develop and validate a HPLC-based analytical method to simultaneously determine ACV and CUR in polymeric microparticles, following the official guidelines from *The International Conference on Harmonisation of Technical Requirements for Registration of Pharmaceuticals for Human Use* (ICH, 2005).

## MATERIALS AND METHODS

# Chemicals

ACV (98.32% purity) was obtained from Pharma Nostra (Brasil). CUR (65% purity) was obtained from Sigma (Brasil). Hydroxypropyl methylcellulose E-4000 (HPMC E4000<sup>®</sup>) was obtained from Galena (Brasil). Ammonium methacrylate copolymer (Eudragit RS100<sup>®</sup>) was obtained from Evonik Röhm (Brasil). Manitol was obtained from Gemini (Brazil). Acetonitrile (ACN) and methanol (MeOH) were HPLC grade.

### Equipments and chromatographic conditions

High-efficient liquid chromatograph Proeminence<sup>®</sup> (Shimadzu) was employed for all analysis. This HPLC is equipped with a quaternary pump, automatic sampler, photo-diode array detector (PDA) and the LC software v. 1.22 SP1. Separation was obtained in a C18 reversed-phase column (Phenomenex<sup>®</sup>, 4.6 × 150 mm, 5 µm) by making use of an ACN:H<sub>3</sub>PO<sub>4</sub> 0.1%:MeOH mobile phase (50:40:10 v/v/v proportion) at a flow rate of 0.8 mL.min.<sup>-1</sup>. Injection volume was 20 µL and column temperature was 35°C. Both two drugs were detected at 254 nm.

## ACV/CUR-loaded microparticles preparation

The microparticles (MP) were prepared by Spray Drying technique, utilizing Büchi<sup>®</sup> B-290 Mini Spray Dryer. ACV, CUR and Eudragit RS100<sup>®</sup> were dissolved in 5 mL of ethanol. A previously prepared and stocked solution (4°C, 48 h) containing HPMC E4000<sup>®</sup> (45 mL) was poured over that ethanolic solution. Finally, mannitol was added and the mixture was homogenized under agitation for 10 min, and in an ultrasonic bath for additional 20 min. The resultant mixture was nebulized under the following conditions: 3 mL.mL<sup>-1</sup> flow rate, temperature of 100°C, 40 kgf.m<sup>-2</sup> drawing flow, and 1.2 mm width atomizer needle. The theoretical load of drugs in the obtained microparticles was 32.8 mg/g and 5.4 mg/g of ACV and CUR, respectively. To obtain a placebo, we prepared drug-free MP, which were prepared in the same way as the drug-filled MP and are called MP-Br.

## Standard solutions and samples preparation

ACV stock solution (400  $\mu$ g.mL<sup>-1</sup>) was prepared by dissolving 10 mg of it with a binary mixture of DMSO and ACN (20:80 v/v) in a 25 mL volumetric flask. CUR stock solution (200  $\mu$ g.mL<sup>-1</sup>) was prepared by dissolving 10 mg of it with ACN in a 50 mL volumetric flask. All samples were placed in an ultrasonic bath for 30 min, aiming complete drug dissolution. Before all analysis, they were filtered in a 45  $\mu$ m membrane.

Sample preparation was conducted by dissolving 35 mg of MP (equivalent to 1.148 mg and 0.189 mg of ACV and CUR, respectively) in a binary mixture of DMSO and ACN (20:80 v/v) in a 50 mL volumetric flask. Aiming for complete drug extraction from MPs, the samples were homogenized in an ultrasonic bath for 60 min.

An aliquot of that solution (5 mL) was transferred into a 10 mL volumetric flask, which was diluted with ACN to give a final concentration of 11.48  $\mu$ g.mL<sup>-1</sup> and 1.89  $\mu$ g.mL<sup>-1</sup> for ACV and CUR, respectively. All samples were filtered under a 45  $\mu$ m membrane before all analysis.

## Analytical methodology validation

Analytical methodology validation was conducted according to ICH (*The International Conference on Harmonisation of Technical Requirements for Registration of Pharmaceuticals for Human Use*). The following parameters were evaluated: specificity, linearity, detection limit (LOD), quantification limit (LOQ), precision, accuracy and robustness.

#### Specificity

Methodology specificity was determined by evaluating excipients interference in ACV and CUR determination. In order to achieve that, a comparative analysis between MP-Br (drug free) and MP (drug filled) was conducted. The chromatograms of both two groups were compared to verify if there was excipient interference over drug quantification.

#### Linearity

Linearity was evaluated by constructing of three different calibration curves, with six points each (0.5, 1, 5, 10, 20, and 30  $\mu$ g.mL<sup>-1</sup> for ACV, and 0.5, 1, 5, 10, 15, and 20  $\mu$ g.mL<sup>-1</sup> for CUR). Equation of the line was determined by linear regression. The linearity was evaluated by linear regression analysis, which was calculated by the least square regression method. Three calibrations curves were obtained with six concentrations each for ACV (0.5, 1, 5, 10, 20, and 30  $\mu$ g.mL<sup>-1</sup>) and CUR (0.5, 1, 5, 10, 15, and 20  $\mu$ g.mL<sup>-1</sup>).

## LOD and LOQ determination

Limits were calculated by signal-to-noise ratio by comparing both two measurements in ACV, CUR and a drugfree group. LOD was considered as a 3:1 signal-to-noise ratio, while LOQ was considered as a 10:1 signal-to-noise ratio. All analyses were conducted at least five times. RSD was calculated between all ACV and CUR determinations.

## Precision

Repeatability was determined by analyzing six different MP samples filled with ACV and CUR, all of them in the same day (Day 1, n = 6). Intermediate precision was analyzed repeating the previous procedure in three different days (n = 12, where: Day 1, n = 6; Day 2, n = 3; Day 3, n = 3). Data are expressed as a function of the relative standard deviation (RSD%) of a series of measurements.

#### Accuracy

Accuracy was evaluated by known drug concentrations recovering in a MP-Br sample. Samples of CUR and ACV standard solutions were added to MP-Br in order to obtain 5, 10, and 20  $\mu$ g.mL<sup>-1</sup> of ACV and 5, 10, and 15  $\mu$ g.mL<sup>-1</sup> of CUR. All samples were prepared as triplicates. Recovery percentage was evaluated.

# Robustness

Methodology robustness was evaluated by means of minor and deliberated alterations of chromatographical conditions. The following parameters were altered: mobile phase (ACN:H<sub>3</sub>PO<sub>4</sub> 0.1%:MeOH) proportion (52.5:37.5:10 or 47.5:42.5:10), flow rate (0.7 or 0.9 mL.min<sup>-1</sup>) and column temperature (33 or 37°C). Robustness confirmation was evaluated in terms of the RSD value obtained from determination at each condition when compared to the original setup.

## **RESULTS AND DISCUSSION**

During the development of the analytical method, it has been tested different mobile phases to choose the most suitable chromatographic condition for ACV and CUR simultaneous determination. Initial tests were conducted with a binary mixture of ACN:H<sub>3</sub>PO<sub>4</sub> 0.1% (55:45), following previously related conditions (Moorthi, 2013b). However, those conditions resulted in a short retention time for ACV (1.94 min), being necessary to evaluate other mobile phase components proportion (40:60, 45:55, and 60:40). Nevertheless, the alterations that have been made did not resulted in a greater retention time for ACV neither in a proper resolution between CUR and other curcuminoids (bisdesmethoxycurcumin (CI) and demethoxycurcumin (CII)) (CUR 65% purity).

Posteriorly, new assays were conducted based in another study (Jayaprakasha *et al.*, 2002). In this step, the mobile phase was a ternary mixture of ACN:H<sub>3</sub>PO<sub>4</sub> 0.1%:MeOH in different proportions (40:40:20, 50:30:20, and 50:40:10). Considering retention times for ACV (2.93 min) and CUR (11.57 min), and peaks resolution, it was choose as the most suitable mobile phase the mixture ACN:H<sub>3</sub>PO<sub>4</sub> 0.1%:MeOH (50:40:10). Although these chromatographic conditions have not demonstrated suitable results for all of the parameters (Table 1), the obtained results were very similar to those in a previous study about simultaneous quantification (Simon, 2012; Moorthi, 2013b; Moorthi, 2013a).

 
 Table 1: System suitability endpoints obtained by using the selected chromatographic conditions.

|      | Retention time | Resolution | Tailing | Theoretical plates |
|------|----------------|------------|---------|--------------------|
| ACV  | 2.930          | -          | 1.362   | 1147.40            |
| CI   | 10.014         | 15.814     | 0.965   | 4784.61            |
| C II | 10.796         | 1.004      | 1.032   | 7872.19            |
| CUR  | 11.573         | 1.459      | 1.004   | 7767.58            |

ACV: acyclovir; CUR: curcumin; CI: curcuminoid I; CII: curcuminoid II.

The PDA detectors allow analysis of one or more substances at different wavelengths, as well as verification of the chromatographic peak purity. The purity of interest peaks in this work were 0.9998 and 0.9999 for ACV and CUR, respectively. These results indicate an adequate chromatographic separation between the drugs and most interferents. Figure 3 shows the obtained chromatogram at the selected conditions.

## Specificity

Methodology specificity was evaluated by measuring its capacity of determining the drugs of interest in a mixture with their formulation excipients. Standard solution, MP and MP-Br chromatograms (Figure 4) demonstrated that there was no interferent signal at the same retention time as the peaks of interest. Although there was an interferent at 3.42 min, peak purity evaluation of ACV (0.9998) has confirmed that it was not a hindrance for ACV efficient determination.



Fig. 3: Typical chromatogram obtained by utilizing the selected experimental conditions.



Fig. 4: Chromatogram obtained from a MP-Br sample (A) and from a sample containing ACV and CUR MPs (B).

#### Linearity

The linearity of the methodology was evaluated by plotting calibration curves for both the two drugs. The method showed to be linear in the range of 0.5 to 30  $\mu$ g.mL<sup>-1</sup> for ACV and from 0.5 to 20  $\mu$ g.mL<sup>-1</sup> for CUR. Linearity coefficient was 0.9998 for ACV and 0.9999 for CUR, what asserts that the equipment response is indeed proportional to the drugs concentrations in the samples (ICH, 2005). The validity of the assays was verified by means of ANOVA, which demonstrated significant linear regression and no significant linearity deviation (Table 2).

Table 2: Results concerning methodology linearity and ANOVA analysis.

|                          | ACV  | CUR  |
|--------------------------|--|--|
| Correlation coefficients | 0.9998   | 0.9999   |
| Line equations           | Y = 88644.5x - 21551.8   | Y = 50042.2x - 5508.3                          |
| Linearity range          | $0.5 - 30 \ \mu g.mL^{-1}$   | $0.5 - 20 \ \mu g.mL^{-1}$                     |
| Linear regression*       | $\begin{array}{c} F_{calculated} \!=\! 24700 \! > \! F_{critical} \!=\! \\ 4.96 \end{array}$ | $F_{calculated} = 19700 > F_{critical} = 4.96$ |
| Linearity deviation*     | $F_{calculated} = 0.71 < F_{critical} = 3.33$  | $F_{calculated} = 0.40 < F_{critical} = 3.33$  |
|                          |  |  |

\*Statistical significance  $\alpha = 0.05$ ; ACV: acyclovir; CUR: curcumin.

# Limit of detection (LOD) and quantification (LOQ)

To determine the methodology sensitivity, LOD and LOQ were assessed. LOD values were 83.62 ng.mL<sup>-1</sup>  $\pm$  3.59% for ACV and 91.61 ng.mL<sup>-1</sup>  $\pm$  3.44% for CUR. While LOQ values were 109.52 ng.mL<sup>-1</sup>  $\pm$  1.16% for ACV and 128.71 ng.mL<sup>-1</sup>  $\pm$  1.78%, demonstrating that the method is sensible enough to determine ACV and CUR.

## Precision

Repeatability and intermediate precision results are expressed as percentage of the drugs content, and also as RSD (Table 3). Repeatability assessment was conducted by analyzing six different samples at the same day, and the same experimental conditions. The RSD values were 0.98% for ACV and 1.41% for CUR. Intermediate precision was evaluated by a total amount of twelve analyzes for three consecutive days, where RSD values were 1.20% for ACV and 1.38% for CUR. Recovered content were about 96% and 97% for ACV and CUR, respectively, in all assays. All RSD values were lower than 2%, what is within the established limits, asserting the methodology precision (ICH, 2005).

 Table 3: Content values for ACV and CUR, expressed as % and RSD, representing repeatability and intermediate precision.

|                  | ACV                    | CUR   |
|------------------|------------------------|-------|
|                  | Repeatability          |       |
| Content (%)      | 95.81                  | 97.32 |
| RSD day 1        | 0.98                   | 1.41  |
| Content (%)      | 97.34                  | 97.86 |
| RSD day 2        | 1.35                   | 0.80  |
| Content (%)      | 95.93                  | 96.33 |
| RSD day 3        | 0.44                   | 1.46  |
|                  | Intermediate precision |       |
| Content (%)      | 96.22                  | 97.21 |
| RSD intermediate | 1.20                   | 1.38  |

ACV: acyclovir; CUR: curcumin; RSD: relative standard deviation.

#### Accuracy

Accuracy has assessed recovery percentage after adding known amounts of ACV and CUR at three different concentrations on a MP-Br sample (Table 4). The developed method allowed recovery percentage close to 100% and RSDs lower than 2%, asserting the methodology accuracy, according to the established standards (ICH, 2005).

 Table 4: Percentage (%) content values and RSD for ACV and CUR recovery at the three evaluated concentrations, representing method accuracy.

|                      | ACV (%)*          | CUR (%)*        |
|----------------------|-------------------|-----------------|
| Low concentration    | $104.14\pm1.37$   | $103.30\pm0.31$ |
| Middle concentration | $103.29 \pm 1.84$ | $104.11\pm1.19$ |
| High concentration   | $101.65\pm1.35$   | $101.84\pm1.91$ |

\* Values expressed as mean ± RSD; ACV: acyclovir; CUR: curcumin; RSD: relative standard deviation.

## Robustness

Deliberate and minor changes proposed to determine the methodology robustness revealed that, at the selected chromatographic conditions, there was no hindrance affecting both two drugs determination. The values for determination following each condition and their RSD values are presented in Table 5. It can observed that was no significant alteration regarding retention times and peak areas. Besides that, both two drugs content stood close to 100%, and their RSD values were lower than 2% for all tested conditions. These data suggest that the methodology is robust in terms of mobile phase components ratio, flow variations, and temperature changes.

 Table 5: ACV and CUR content and their respective RSD values following each chromatographic condition variation.

| Condition                       | Retention time (min) |       | Content (%) |        |
|---------------------------------|----------------------|-------|-------------|--------|
|                                 | ACV                  | CUR   | ACV         | CUR    |
| No changes                      | 2.99                 | 12.84 | 102.89      | 99.32  |
| Flow 0.9 mL.min <sup>-1</sup>   | 2.64                 | 11.44 | 100.59      | 100.07 |
| Flow 0.7 mL.min <sup>-1</sup>   | 3.41                 | 14.63 | 103.46      | 101.96 |
| Column temperature 32.5°C       | 2.99                 | 13.15 | 103.73      | 97.98  |
| Column temperature 37.5°C       | 2.98                 | 12.54 | 104.71      | 100.45 |
| Mobile phase ratio 52.5:37.5:10 | 2.97                 | 10.27 | 100.35      | 98.59  |
| Mobile phase ratio 47.5:42.5:10 | 2.95                 | 14.50 | 99.60       | 103.42 |
| Mean                            |                      |       | 102.07      | 100.41 |
| RSD                             |                      |       | 1.91%       | 1.85%  |

ACV: acyclovir; CUR: curcumin; RSD: relative standard deviation.

# CONCLUSIONS

The developed HPLC methodology allowed simultaneous, simple and fast ACV and CUR determination. The results demonstrated that the method is specific for ACV and CUR, besides being linear, precise, accurate, and robust when considering the ICH determined standards, what allows it to be employed for these two drugs determination in complex carrier systems, such as polymeric microparticles.

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